

ONLY THE
BEST
PATTERNS



Knit *Now*

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Nordic Knits Special

30 Winter
patterns
you'll love!

✓ Flattering waterfall cardi

✓ Exclusive cosy cable hat

✓ Patterns you can trust

Knit this
in sizes
8-32

Make this tonight



Scandi chic!

Cosies to knit or crochet



Easy knits
for baby



10 brand-new
stylish designs

**MUST
READ!**

EASY STEP-BY-STEP
GUIDE TO FAIR ISLE
WITH DEBBIE TOMKIES

REAL KNITTERS
REVIEW DOUBLE
POINTED NEEDLES

TOP DESIGNERS'
SIMPLE TRICKS
TO BETTER KNITS

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Hello!



Welcome to our special 'Nordic Knits' issue of *Knit Now*!

We've gone nutty for all things Nordic this month – clothes and homeware inspired by Nordic designs are in all of the shops this year, so I really couldn't resist. It's such a rich well of inspiration and our designers have completely outdone themselves. From Debra Kobasa's simple headband to Karie Westermann's cosy vest, I really hope that

there's enough here that everyone will find something they love in this issue. Even I couldn't resist joining in, designing our cover garment this month – a chunky jumper with a simple colourwork yoke.

For those of you who enjoy these patterns and want to know a little more about the history behind them, I asked Karie (who is from Denmark) to give us a brief introduction to Nordic knitting. You'll find her article on page 32, followed by our interview with Scandinavian super-knitters Arne & Carlos who tell us all about the inspiration behind their new book of knits inspired by Arne's Norwegian heritage.

I'm aware that all of this means that this issue includes a whole lot of stranded colourwork, and not everyone is completely confident with this technique – but never fear, Debbie Tomkies has come to the rescue with a super-simple guide to stranded knitting (page 68). If you're feeling adventurous, you could even try some crochet colourwork with Kat Goldin's hot-water bottle cosies – she's designed one knitted and one crocheted but, with clever use of stitches, they look almost identical, so you can use whichever method you prefer.

All of this Nordic loveliness has left me, like John Cleese's parrot in the famous Monty Python sketch, pining for the fjords. Perhaps I should start arranging a holiday? What better excuse to knit myself one of the patterns in this issue!

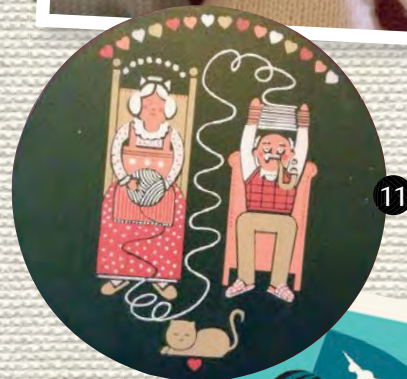
Kate_x

Kate Heppell

kate.heppell@practicalpublishing.co.uk



This month
we *love*...



We asked our designers...

Do you have any New Year's resolutions lined up for 2015?

DEBRA KOBASA

In 2015 I'll make the same resolution as in previous years, like so many other fellow knitters – to make a considerable dent in my unfeasibly large yarn stash before I even think of buying more. Of course, as in previous years, I know that this resolution is doomed to fail sometime around mid-February.



ELANOR KING

My knitting resolution is for my Ravelry designer page to have two screens – so I need at least 51 patterns in my catalogue by the end of 2015 (that's 18 patterns to release)! My personal resolution is to connect (call, visit, write) with my favourite people more often. As long as everyone lets me bring my knitting, the two goals shouldn't be mutually exclusive!



AMANDA BERRY

I am pretty useless at keeping New Year's resolutions – it is impossible for me to give up chocolate, so I like to set myself achievable challenges instead. Previous challenges have included 'learn to knit', 'learn how to play chess' (I failed that one!) and 'watch all Hitchcock films', and in 2015 I am going to take swimming lessons.



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ON THE COVER...

Bronte for Boss Models wears Kate Heppell's Caramia Jumper, featured on page 22.

Photography by Dan Walmsley

Hair & make-up by Nina Rochford



THE EDITOR'S GUARANTEE

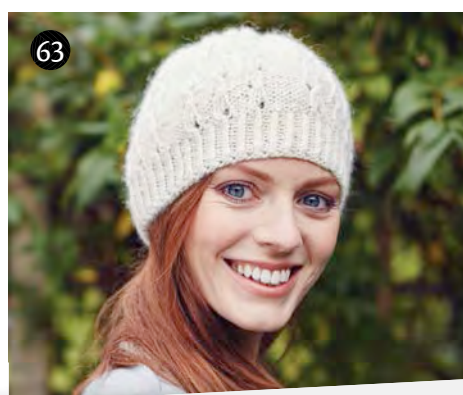
Kate promises...

- ✓ Perfect patterns. All the patterns go through five stages of expert checks before publication to make sure that they are as clear and correct as possible.
- ✓ Here to help. If you need advice with a pattern, more photos or knitting tips, you can email expert@knitnowmagazine.co.uk and I'll help you out.
- ✓ Style and quality. Every issue I'll bring you at least 30 beautiful and useful patterns. If I wouldn't want to knit it myself, I won't publish it.
- ✓ Supporting the Campaign for Wool. I love wool and natural fibres so every pattern I commission will use a yarn that contains at least 50% natural fibres.
- ✓ Respecting designers. My designers are the most important members of the *Knit Now* team, so I promise to treat them fairly and to support them in whatever way I can.
- ✓ British knits. I care deeply about supporting the British yarn industry so I will promote British yarns all year round and dedicate one whole issue every year to British yarns.

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The Grapevine

The knitting world moves fast, so we've been keeping our ears to the ground to make sure you're kept in the loop. If it's new in knitting, you'll find it here

Gorgeous gifts

Just in time for (admittedly last-minute) gift knitters, brand-new British yarn company Yarn Stories has released its next wave of designs, based around quick presents. From accessories to toys and homeware, you'll find it all. We've got our Scandi heads on for this issue, so we're particularly taken with this green Nordic-design hat. It really shows off the vibrancy of this fabulous new yarn, which is expertly spun in the UK. Head to www.yarnstories.com for everything you need to cast on.



Italian style

We've always been thankful to Yeoman Yarns for bringing the super soft, extra-fine Lana Gatto Merino wool over from Italy for us to enjoy in the UK, but it doesn't stop there. The team at Yeoman is translating a selection of chic, stylish designs to offer patterns to knitters to get to their needles into. Keep an eye on www.yeoman-yarns.co.uk for more to come.

Rainbowlicious!

Bold, bright and colourful, these hand-dyed yarns can't help but put a smile on your face. Created by Laura from Rainbowlicious, we're in awe of the gradient dye pre-knitted blanks, which can be worked from both ends to make perfectly matching socks. As well as the blanks, you'll find some vibrant, exciting colour combinations over on the website www.rainbowliciousyarns.co.uk – if we've not bought up all the stock by the time you read this, that is!



Colour crush

West Yorkshire Spinners Bluefaced Leicester DK range has expanded with the addition of some delicious new colourways. Honey, Pomegranate and Mocha could well be a fancy new coffee order, but backed up with vibrant teal and coral and a mellow Olive, we're in love with these new shades. It's also treated us to two new colourways for the signature 4-ply range – with self-striping Mallard added to the Country Birds collection and Juniper as another shade in the Spice Rack. Both draw from the same tones so that they can be used in tandem for special projects. If you're feeling inspired by this collection of colour, take a trip to www.wyspinners.com to stock up your yarn stash.



Knitted with love

When you're a talented knitting designer with your own yarn shop, it only makes sense to create your own book to publish and sell. That's just what Jane Ellison, designer and owner of Purl and Jane in Skipton, Yorkshire, has done with *Knitted with Love*. For under £20, you can get your hands on her book of baby projects, including 16 garments, three hats, four blankets and one pair of socks designed for newborns to children of 10 years old. Just to warn you, they're all dangerously cute! If you've got a lot of babies to knit for on the horizon, visit the shop or the website www.purlandjane.co.uk to pick up a copy.



IN BRIEF

- As obsessed as we are with Scandinavian knitters this issue, we can't get enough of Arne & Carlos. This new kit design for Gomitoli's is a very pretty stranded hat from the design duo, which we think would be much loved by anyone you knit it for. Shop for the kit at www.gomitolis.it
- The Yarn Barn in Milnrow, Lancashire, has now officially opened its new premises, which was launched with a grand reopening party on the 29th November. Head to Albert Mill to find it now, and check out the website www.yarnbarn.co.uk for workshop details.

THE DIARY

What's on in January

8th

Knit Now issue 43 on sale now – don't miss it!

11th

Colourwork Shawls by
Melanie Berg

Book onto this Loop knitting course before it sells out!

www.loopknitting.com

13th

Knit 123

The Ministry of Craft holds a beginners course at the delightful Fig and Sparrow cafe in Manchester
www.ministryofcraft.co.uk

17th

Learn to Knit

Pick up in the basics in Stirling, Scotland, at McAree Brothers knitting shop

www.mcadirect.com

24th

Knit for Peace does India

Debbie Bliss leads this knitting holiday, which also raises money for charity

www.knitforpeace.org.uk

26th – 29th

Woolfish Knitting Retreat

Escape after the stress of Christmas knitting to this knitting weekend in St Abbs

www.woolfish.co.uk

31st

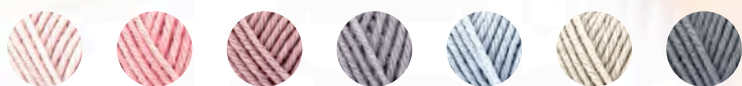
Purl Alpaca Workshop Day

The folks at Purl Alpaca know how to do a workshop – try on, pick your knit, and get help starting at gorgeous Burwash Manor

www.purlalpacadesigns.com



RICO BABY CLASSIC DK – *Adorable!*



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The Bookshelf

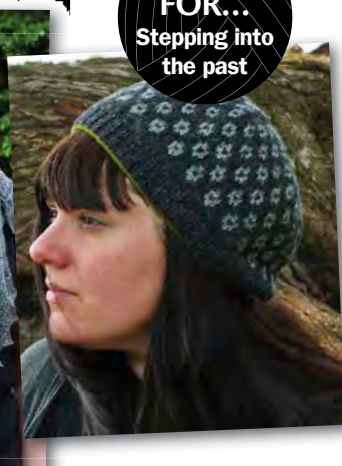
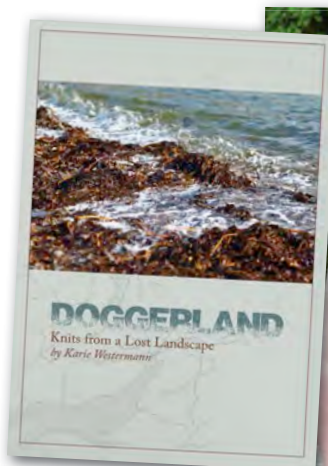
We knitters need an endless well of inspiration – so it's lucky that we have a constant stream of books to enjoy! Here are this month's best releases

DOGGERLAND: KNITS FROM A LOST LANDSCAPE

By **Karie Westermann**

In this issue, we're celebrating Nordic knits, so it seems fitting to tell you about *Doggerland* – a book of knitting patterns inspired by the ancient land mass of the same name, which connected Britain and Scandinavia until just over 8,000 years ago. The eight stylish accessory designs featured in this book are carefully considered, using simple shapes to create wearable and interesting pieces. While the patterns are accessible and easy to follow, what's really inspiring about this collection is the stories behind each piece. We consider it one of this year's must-buy books.

£15 from www.ravelry.com



GREAT FOR...
Stepping into the past



GREAT FOR...
Scandi style



WINTER KNITTING

By **MillaMia**

Until recently, MillaMia's Naturally Soft Merino was available only in a sport weight, so with its first widely distributed book published by Pavilion Craft, consistency is key. The patterns in *Winter Knitting* are created using the same yarn in the same weight, largely on the same-size needles, so if you love MillaMia's gorgeous wool, this is the perfect book to help you realise even more designs using it. If you've yet to try it, this mix of stripped back, Scandi-chic mini projects will convince you to pop some in your shopping basket. Oh, and with recipes too, this truly is a wonderful winter treat of a book!

£20 from www.pavillionbooks.com

ANYONE CAN KNIT

By **Libby Summers**

It's back to basics for knitting designer Libby Summers as she aims to show that *Anyone Can Knit*. With clear and eloquent instructions and matching step by steps which are really easy to follow, we think she proves the point. This is a great gift for anyone who's spent a lifetime in envy of your knitting talents, giving them a final nudge to join the team. Packed with some simple yet lovely patterns, they'll be cranking out finished items before you know it – which means lots more knitted gifts for you when next Christmas rolls around!

£7.99 from www.libbysummers.co.uk



GREAT FOR...
Buying for beginners

Your News Over to you...

Knitting is nothing without sharing your passion, so it's over to you. If you'd like something from your woolly world to be featured on these pages next issue, we'd love to hear from you!

Contact



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@KnitNowMagazine



Knit-Now



kate.heppell@practicalpublishing.co.uk



A yarn story

Every yarn has a story as individual as the knitter that chooses it – that's the philosophy of Carmen Schmidt, someone whose own story has just started a big new chapter. She's the owner of Bath's newest yarn shop, which opened at the beginning of November at The Shed on Box Street.

Her focus is on yarns with soul – high-quality, hand-dyed fibres, including wool, alpaca, silk, cashmere, yak, cotton and linen. The products stocked range from the worldly Malabrigo, SweetGeorgia, Skein and Shibui, to brands that are closer to home, such as Kettle Yarn Co, The Uncommon Thread and Hedgehog Fibres, among others.

Her top priority, however, is building a hub for the local knitting community. Carmen

says: "Knitting is a very personal activity, but it's also very social. As makers, we're proud to show off the results of our creative efforts, or new skills learned. With social media sites such as Ravelry and Instagram, it's easier than ever for us to share our stories and projects. The amazing thing about knitting is that nothing really compares to the feeling of community that you get from being with other knitters in person. It's very powerful." And with knit-alongs, knit nights and classes, as well as special events, there's more reasons than ever to head down and meet up with your knitting companions.

You can shop online at Yarn Stories too, as well as take a look at upcoming events, over on the website a-yarn-story.myshopify.com

Nudiknits

Sarah Simi loves to create, whether that be writing or knitting, but combining the two is her biggest project yet. She teamed up with animator Ed Hartwell to create Nudiknits, an online video animation of knitted characters – who are, well, a little bit nude! Don't worry though, their modesty is always kept intact thanks to a whole world of knitted props – it's a touch of cheeky British humour, inspired by Sarah's childhood loves.

"My mother taught me to knit when I was eight and from then on I was forever knitting jumpers and cuddly Clangers, even knitting an outfit for my guinea pig that it sensibly refused to wear. I also grew up immersed in the era of Oliver Postgate, Thunderbirds and Trumpton, so I wanted the whimsy and gentleness of those classics with a very British 'Carry On'-style humour."

It's taken Sarah and Ed about two years to make everything and film the whole episode – stop-frame animation and hand knitting not being the



quickest processes in the world. Sarah designed and knitted the puppets and scenery and designer and professional-knitter Caroline Bletsis made all the props and animals, and designed them from scratch.

To watch the episode 'Tickled Pink', head over to www.nudinits.com and tune in.



Get your knit on

As part of its Winter Festival, London's Southbank Centre is holding Get Your Knit On! again this year, teaming up with Age UK Lambeth to create a dedicated knitting space, where beginners and experienced knitters alike can come together to make squares for blankets. For non-knitters wanting to get involved, there's a series of relaxed workshops at various times throughout December and January (check the website for details), but you will need to take your own yarn and needles!

Get Your Knit On! is open daily until 11th January 2015. Visit www.southbankcentre.co.uk for all the details.



Editor Kate was sent an early Christmas present in the form of an amazing magnetic Namaste case from our friends at Purlescence – so we wanted to see what organisation looks like for our readers.



@ribbingyarns My quilted notions purse! There's a how to on www.ribbingyarns.com



@knittynadia When my grandma's eyes went, she gave me all her knitting tools, including this pretty old box for circs.



@knitstixandstring I upcycled a vintage cigarette case, love it to bits and use it every day.

Want to tell us about your woolly shenanigans? Just send us an email with a high-resolution image and we'd love to print it. A hi-res image is one that is 300dpi, so set your camera to its highest quality setting



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Established in 1798, J. C. Rennie & Co. Ltd. is proud of its manufacturing heritage which can be traced back to before the heady days of the Industrial Revolution.

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- Supersoft Cashmere 2/11.3Nm (Lambswool/Cashmere = 4 ply)
- Chunky Lambswool 2/4Nm (Aran weight)
- Unique Shetland 2/9Nm (4ply)
- Castle Collection 2/9.5Nm (4ply)

To see for yourself, why not request one of our knitted swatch shadecards or order some yarn.

Our yarns are sold on the cone for machine knitters and weavers and available in 50g balls for hand knitters.

Trade customers please visit - www.jcrennie.com, email - info@jcrennie.com or call +44 (0)1771 622422.

For consumer enquiries you can order our yarn and shadecards at www.knitrennie.com

For the adventurous why not come and visit our mill, as we have significantly more yarn than is featured on our website.





The Collection Nordic Knits

*This issue, we're taking our
inspiration from our Nordic
neighbours, starting with
**Karie Westermann's
Koselig Vest***

Essentials

Yarn used

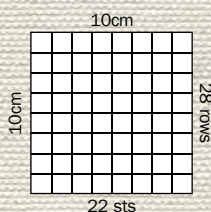
Blacker Yarns Classic DK
4 (5, 5, 6, 6, 7, 8) balls in Fawn (MC)
1 (1, 1, 1, 1, 1, 1) ball in Olive (CC1)
1 (1, 2, 2, 2, 3, 3) balls in navy (CC2)
1 (1, 1, 1, 2, 2, 2) balls in Oxblood (CC3)
£4 from www.blackeryarns.co.uk

About the yarn

DK; 110m per 50g ball; 100% British wool

Tension

measured over blocked colourwork on 4mm needles



Needles used

3.25mm circular (60cm & 80cm) & straight
4mm circular (60cm & 80cm) & straight

Other supplies

stitch markers
waste yarn or stitch holders

Sizing

XS (S, M, L, 1X, 2X, 3X)
Designed to fit with 5cm positive ease

Designed by

Kavie Westermann

I wear a lot of vintage clothes and this fits right into my wardrobe. *Koselig* means 'cosy and warm' in Norwegian. I wanted to design a koselig tank top that celebrated North Atlantic knitting traditions. So, you find a bit of Norway here, a bit of the Faroe Islands there, and a hint of Shetland in the colourwork!



Start knitting...

Body

With MC and smaller needles, cast on 176 (192, 224, 240, 256, 272, 304) sts. Join to work in the rnd, being careful not to twist. Pm to mark beg of rnd. Work 1x1 rib for 20 rnds. Change to larger needles.
Next Rnd: K88 (96, 112, 120, 128, 136, 152), pm, k to end.

Work chart A in full.

Work chart B until work measures 27 (27, 28, 28, 28, 29, 29) cm from cast-on edge, finishing on either Rnd 1 or Rnd 3. Knit 1 rnd even with MC.

Armhole break: With MC, cast off 6 (6, 8, 8, 10, 10, 12) sts, k to 6 (6, 8, 8, 10, 10, 12) sts before m and place on hold. Cast off 12 (12, 16, 16, 20, 20, 24) sts, k to 6 (6, 8, 8, 10, 10, 12) sts before end of round, cast off rem sts. 152 (168, 192, 208, 216, 232, 256) sts

Cut yarn.

The back and front are now worked separately, back and forth in rows. 76 (84, 96, 104, 108, 116, 128) sts on hold

Back

Turn work, rejoin yarn with WS facing to sts on the needles. Work chart C across back 76 (84, 96, 104, 108, 116, 128) sts, keeping pattern correct while shaping the armhole. Cast off 3 (3, 3, 3, 3, 3, 5) sts at the beg of the next 2 rows, cast off 0 (0, 0, 0, 0, 0, 3) sts at the beg of the next 2 rows, then cast off 2 sts at the beg of the next 2 rows 2 (2, 2, 3, 4, 5, 5) times, then dec 1 st at the beg of the next 2 (4, 6, 6, 6, 8) rows. 60 (66, 76, 81, 80, 84, 84) sts When chart C has been completed, change to MC only and work in St st until armhole measures 16.5 (18, 21, 21.5, 24, 27, 28) cm, ending on a WS row.

Next RS Row: K16 (16, 18, 20, 20, 20) sts, place on hold for right shoulder. Cast off the next 28 (34, 40, 40, 40, 44, 44) sts, k 16 (16, 18, 20, 20, 20, 20) sts. 16 (16, 18, 20, 20, 20, 20) sts. Turn work.

[*]**Next Row:** Cast off 6 (6, 6, 7, 7, 7, 7) sts, work to end.

Next Row: Work to end.

Next Row: Cast off 5 (5, 6, 7, 7, 7, 7) sts, work to end.

Next Row: Work to end.

Next Row: Cast off rem 5 (5, 6, 6, 6, 6, 6) sts.

Rejoin yarn with WS facing to held sts, work 1 WS row even, then work from [*] to complete shoulder shaping.

Front

Place held 76 (84, 96, 104, 108, 116) sts on the needles and place a marker after 38 (42, 48, 52, 59, 60, 67) sts to mark the middle. Rejoin yarn with RS facing.

Work chart C, keeping pattern correct while shaping the armhole and neckline.

Please read entire section before proceeding.

Cast off 3 (3, 3, 3, 3, 3, 5) sts at the beg of the next 2 rows, then cast off 0 (0, 0, 0, 0, 0, 3) sts at the beg of the next 2 rows, then cast off 2 sts at the beg of the next 2 rows 2 (2, 2, 3, 4, 5, 5) times, then dec 1 st at the beg of the next 2 (4, 6, 6, 6, 6, 8) rows.

At the same time, work neckline shaping as follows.

On Row 15 of chart C, work to 8 (8, 9, 11, 11, 12, 12) sts before central marker and place sts on hold for left front. Cast off the next 16 (16, 18, 22, 22, 24, 24) sts in established patt and work to end.

Right front

[**]Cont in patt and shaping armholes as established, dec 1 st at neck edge every 2nd (4th, 4th, 4th, 4th, 4th, 6th) row 2 (7, 9, 7, 3, 2, 6) times and then every 4th (6th, 6th, 6th, 6th, 6th, 8th) row 4 (2, 2, 2, 6, 8, 4) times. Continue to work as for back until front length matches back. 16 (16, 18, 20, 20, 20, 20) sts

Next Row: Cast off 6 (6, 6, 7, 7, 7, 7) sts, work to end.

Next Row: Work to end.

Next Row: Cast off 5 (5, 6, 7, 7, 7, 7) sts, work to end.

Next Row: Work to end.

Next Row: Cast off rem 5 (5, 6, 6, 6, 6, 6) sts.

Rejoin yarn to left front held sts with WS facing, and work from [**].

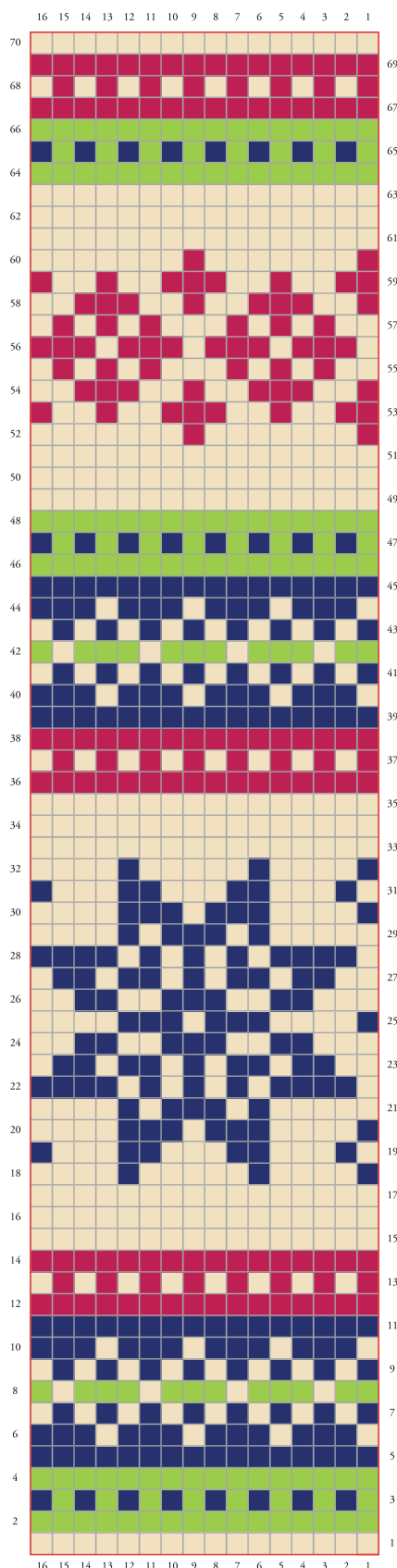
Finishing: Sew shoulders together.

Armhole edgings: With smaller needles and MC, beg at underarm, evenly pu and k 104 (112, 124, 130, 142, 152, 166) sts. Join to work in the round. Work 1x1 rib until band measures 2.5cm. Cast off loosely in pattern.

Neckline edging: With smaller needles and MC, beg at back neck, evenly pu and k 144 (146, 156, 160, 166, 176, 176) sts. Join to work in the round. Work 1x1 rib until band measures 2.5cm. Cast off loosely in pattern.

Weave in ends and block to even sts. ●

CHART C



★ ★ ★
ADVANCED

250-700g DK

KNIT IN...
weeks

Hints and tips

- When you are changing colours, do not use knots to fasten the new colour. Instead, I thread a tapestry needle with the new colour and thread it through the outermost loop of the row below. This helps to keep the tension even and avoids knots that may unravel!
- If you would like to replace the colours, choose colours with quite a high contrast to give the tank top that Nordic feel

SCHEMATIC

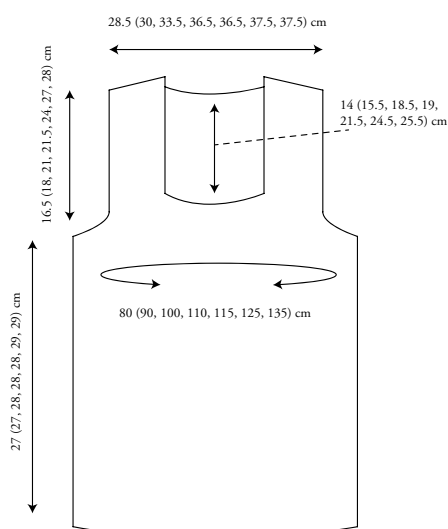


CHART B

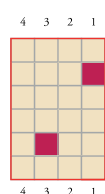
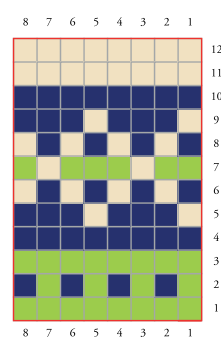


CHART A



Essentials

Yarn used

Woollyknit Aran

1 ball each in ecru (MC) & turquoise (CC)

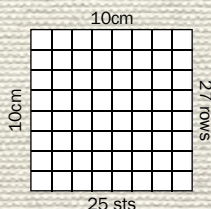
£3.60 from www.woolyknit.com

About the yarn

Aran; 77m per 50g ball; 100% pure British wool

Tension

measured over patt



Needles used

3.5mm DPNs

Other supplies

4 stitch markers
small amount waste yarn or
stitch holder

Designed by

Lauren Howden

I love designing and knitting wristwarmers as they are something I wear every day throughout winter. The inspiration for this design came from a quilt. I was impressed by the optical illusion of the squares, which appeared three dimensional. The pattern repeat at first seems complicated but, broken down, row by row, it is very simple! I adore working with British wool, and this yarn will create a pair of bold and cosy wristwarmers



Hip to be Square

The cosy **Tumbling Squares** wristwarmers by **Lauren Howden** feature a fab geometric pattern that's fun to knit

Start knitting...

With CC, cast on 42 sts. Join to work in the rnd, being careful not to twist. Pm to mark beg of rnd.

Cuff

Work 6 rnds in 1x1 rib.

Inc Rnd: [Kfb, k3, kfb, k4] 4 times, kfb, k3, kfb, k1. 52 sts

Join MC.

Next Rnd: K2 CC, work hand chart 3 times, pm, k2 CC, work hand chart 3 times.

Keeping hand chart correct, work 5 more rows in patt.

Finishing: Fold ribbing at top of wristwarmer inside so that one or two rnds of rib show on the outside. Stitch the cast-off edge of the ribbing to the inside of the wristwarmer using whipstitch lightly. This creates a thick, durable double layer at the edge of the wristwarmer. Weave in all loose ends and close any small gaps that may appear around the edge of the thumb. Block to size given.

Make a second wristwarmer in the same way. ●

Shaping the thumb gusset

Rnd 1: K1 CC, pm for thumb, work thumb gusset chart, pm for thumb, k1 CC, work to end in patt. 53 sts

Rnd 2: K1 CC, sm, work thumb gusset chart, sm, k1 CC, work to end in patt. Cont in patt as set until Rnd 21 of thumb gusset chart has been completed. 73 sts

Top of hand

Next Rnd: K1 CC, place 21 gusset sts on hold, removing gusset markers, k1 CC (pulling yarn tightly across gap left by gusset), work to end of rnd in patt as set. 52 sts

Cont working in patt until the next Rnd 11 of hand chart has been completed. Break MC.

Dec Rnd: [K2tog, k6, k2tog, k5] 3 times, k2tog, k3, k2tog. 44 sts
Work 5 rnds in 1x1 rib.
Cast off in rib.

Top of thumb

Place 21 held sts on the needles and, with RS facing and CC, pick up 2 sts across gap on top of thumb to close gap. 23 sts

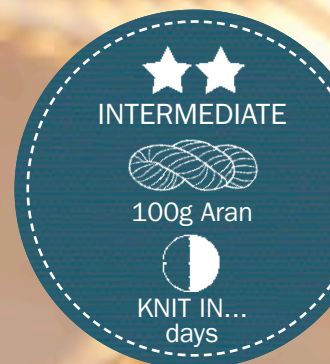
Work thumb chart in full.
Break MC.

Dec Rnd: [K6, k2tog] twice, k5, k2tog. 20 sts

Work 2 rnds in 1x1 rib.
Cast off in rib.

Hints and tips

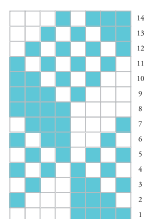
- If five or more sts are worked consecutively in one colour, twist the two yarns together at the back to avoid long floats
- Because of the relatively small number of sts this wristwarmer begins with, you may like to cast the stitches on to three needles. As the thumb gusset grows in size, you may find it easier to transfer the gusset sts and one CC st from either side onto a fourth needle, then revert back to three needles when the gusset sts are removed
- Working from two charts at the same time may seem daunting, but the gusset chart is only worked once, and it is easy to see which hand chart rnd you are on, so don't panic!
- If you prefer a wristwarmer that covers a bit more finger length, you can choose to omit sewing down the top ribbing



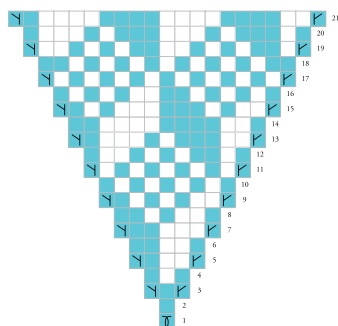
This geometric pattern has a modern Nordic feel



HAND CHART



THUMB GUSSETT CHART

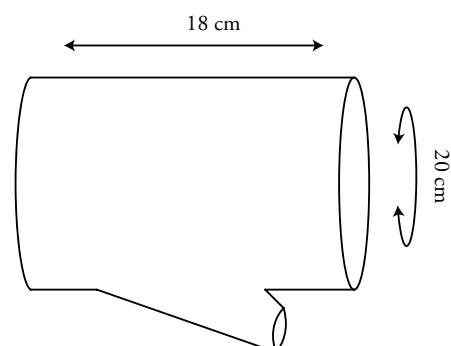


THUMB CHART



- MC
- CC
- No Stitch
- Backwards Loop Cast On
- m1 right leaning
- m1 left leaning

SCHEMATIC



Essentials

Yarn used

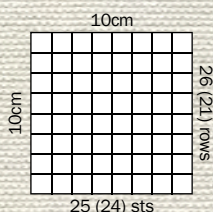
Rowan Felted Tweed
3 (3) 4 balls in 145 Treacle (MC)
1 (2) 2 balls in 171 Paisley (CC)
£5.85 from
www.blacksheepwools.com

About the yarn

DK; 175m per 50g ball; 50%
Merino wool, 25% alpaca,
25% viscose

Tension

Measured over colourwork
(lice) pattern



Needles used

3.5mm DPNs
2 circular needles, 40cm long
pair of long, straight needles for
the back (optional)

Other supplies

tapestry needle
stitch marker

Sizing

S/M (L/XL, 2X/3X)
Shown in size L/XL on Bronte, with
plenty of positive ease

Designed by

Ellen T
Andresen

The Oslo Shrug has its roots in the traditional Lusekofte sweater and the classic knitting patterns collected by Annichen Sibbern Bøhn in *Norwegian Knitting Designs*. The Lusekofte, with the single stitches (lice) of a contrasting colour, has held a special position in Norwegian knitting traditions for a long time. It has recently seen a revival with the use of lighter yarns, and I wanted to create an updated version with long, cosy sleeves to better suit our modern lives



Snuggly Shrug

Ellen T Andresen's contribution to this collection is the cosy Oslo Shrug, inspired by Norwegian designs

The shrug is knit in two pieces (sleeves) in the round, divided and knitted flat for the back, joined by grafting, and finished by picking up stitches and knitting a 2x2 ribbing around the back/neck.

Start knitting...

Right sleeve

With MC, cast on 40 (44, 48) sts. Join to work in the rnd, being careful not to twist, and pm for beg of rnd.

With MC, work 8 rnds in 2x2 rib.

Next Rnd: Knit MC.

Change to CC and knit 2 rnds.

Next Rnd: With MC, *k10 (11, 12), m1l;

rep from * to end. 44 (48, 52) sts

Work Chart 1 in full, repeating sts around.

Next Rnd: With MC, *k11 (12, 13), m1l;

rep from * to end. 48 (52, 56) sts

Next Rnd: Knit CC.

SIZE S/M ONLY

Next Rnd: Knit CC.

SIZES L/XL AND 2X/3X

Next Rnd: With CC, *k26 (13), m1l; rep from * to end. 54 (60) sts

ALL SIZES

Next Rnd: With MC, K8 (9, 10), m1l; rep from * to end. 54 (60, 66) sts

Work chart 2 in full, repeating sts around.

Next Rnd: Knit MC.

Next Rnd: With MC, *k15 (11, 5), m1l;

rep from * to end. 60 (66, 72) sts

Work Chart 3 in full, repeating sts around.

Next Rnd: Knit MC.

Next Rnd: With MC, *k15 (11, 9), m1l;

rep from * to end. 64 (72, 80) sts

Work Chart 4 in full, repeating sts around.

Next Rnd: Knit MC.

Next Rnd: With MC, *k32 (12, 8), m1l;

rep from * to end. 66 (78, 90) sts

Work Chart 2 in full, repeating sts around.

Next Rnd: Knit MC.

Next Rnd: With MC, *k11 (13, 15), m1l;

rep from * to end. 72 (84, 96) sts

Work Chart 5 in full, repeating sts around.

Next Rnd: Knit MC.

SIZE S/M ONLY

Next Rnd: Knit MC.

SIZES L/XL AND 2X/3X ONLY

Next Rnd: With MC, *k21 (12), m1l; rep from * to end. 88 (104) sts

ALL SIZES

Work chart 4 in full, repeating sts around.

Knit 2 rnds in MC.

Knit 2 rnds in CC.

Next Rnd: Knit MC.

Work chart 1 in full, repeating sts around.

Next Rnd: Knit MC.

Knit 2 rnds in CC.

Knit 2 rnds in MC. **

Right sleeve/back (lice section)

SIZE S/M ONLY

Work rnds 6-10 of chart 6, repeating sts around.

Next Rnd: Work Rnd 1 of chart 6.

SIZES L/XL AND 2X/3X ONLY

Work chart 6 in full, repeating sts around.

Next Rnd: Work Rnd 1 of chart 6.

ALL SIZES

Rm and commence working flat for the back.

Rows 1 & 3 (WS): Purl MC.

Rows 2 & 4: Knit MC.

Row 5: *P1 MC, p1 CC, p2 MC; rep from * to end.

Rows 6 & 8: Knit MC.

Row 7 & 9: Purl MC.

Row 10: K1 MC, *k3 MC, k1 CC; rep from * to last 3 sts, k3 MC.

Rep rows 1-10 5 (6, 7) more times then work rows 1-7 once more.

Leave work on a spare needle.

Left sleeve

Work as for right sleeve to **.

Special abbreviations

M1L (Make 1 left): Pick up the yarn between sts with LH needle from front to back, k through the back. For all other abbreviations, see the list on page 95

This yarn is
perfect for
colourwork



SIZE S/M ONLY

Work Rnds 1-6 of Chart 6, repeating sts around.

SIZES L/XL AND 2X/3X ONLY

Work Rnds 6-10 of Chart 6, repeating sts around.

Work Rnds 1-6 of Chart 6 once more.

ALL SIZES

Rm and commence working flat for the back.

Rows 1 & 3 (WS): Purl MC.

Rows 2 & 4: Knit MC.

Row 5: *P3 MC, p1 CC; rep from * to last 4 sts, p4 MC.

Rows 6 & 8: Knit MC.

Row 7 & 9: Purl MC.

Row 10: *K2 MC, k1 CC, k1 MC; rep from * to end.

Rep rows 1-10 5 (6, 7) more times then work rows 1-6 once more.

Leave work on a spare needle.

Grafting the sleeves

Cut the yarn about four times the width of the work. Graft together (Kitchener) the two sleeves, with the left sleeve on the bottom and the right sleeve on top. Insert the tapestry needle p-wise into the two first sts on the front needle (left sleeve) and pull the yarn trough. Insert the needle k-wise into the first st on the top needle (right sleeve) and p-wise into the next st, then pull the yarn through. Continue as stated in the 'Know How' section of this issue by inserting the needle k-wise into the st just worked below on the left sleeve.

Ribbing

With MC and RS facing, pu and k4 sts for every five rows around the opening, adding one st each where the two sleeves split for sizes L/XL and 2X/3X. 152 (184, 204) sts

Pm for beg of rnd, and work 8 rnds in 2x2 rib. Rm. Cast off in rib.

Finishing: Weave in ends and block. 🧶



SCHEMATIC

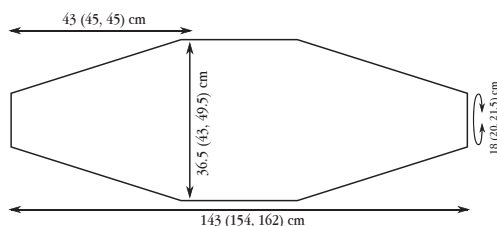


CHART 1

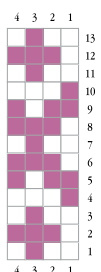


CHART 2

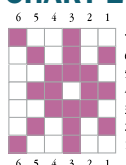


CHART 3

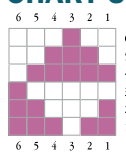


CHART 4

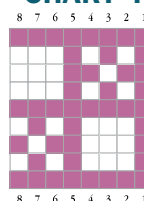


CHART 5

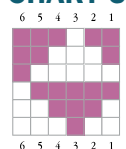
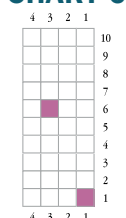


CHART 6



Hints and tips

- When reading the charts, remember that when working in the round you should read from right to left on every round
- It is important to be consistent in the orientation of the yarn when knitting stranded patterns. Always keep the CC strand of yarn crossing above the MC strand of yarn for the pattern to stand out
- Take care in keeping the floats from puckering by gently stretching on the last sts before changing colour and loosely laying the new colour across
- When knitting the stranded 'lice' pattern for on the WS, turn the work inside out as this will help with the float tension



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Essentials

Yarn used

Álafoss Lopi

4 (4, 5, 6, 6, 7, 7, 8, 8) balls in pale pink 1239 (MC)

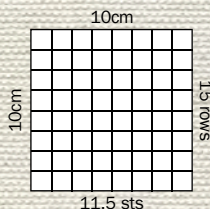
1 ball each in bright pink (CC1), cream (CC2), burgundy (CC3) & brown (CC4)

£2.96* from www.alafoss.is

Price converted from foreign currency. Correct at time of going to press

About the yarn

Chunky; 100m per 100g ball; 100% Icelandic wool



Tension

measured over St st in the rnd on larger needles

Needles used

6mm circular, 80cm long & DPNs
4.5mm circular, 80cm long & DPNs

Other supplies

stitch holder

Sizing

XS (S, M, L, XL, 2X, 3X, 4X, 5X)

Pink Lady

Our cover garment this month is **Caramia** by **Kate Heppell**, a quick and cosy knit inspired by Icelandic sweaters

Start knitting...

Body

With CC1 and smaller circular needle, cast on 90 (100, 114, 124, 140, 150, 160, 170, 184) sts. Join to work in the rnd, taking care not to twist. Pm to mark beg of rnd.

Switch to MC.

Rnd 1: *K1 tbl, p1; rep from * to end of rnd.

Rep Rnd 1 until work measures 5cm from cast-on edge.

Switch to larger circular needle.

Next Rnd: Inc 0 (0, 1, 1, 0, 0, 0, 0, 1), k to end. 90 (100, 115, 125, 140, 150, 160, 170, 185) sts

Knit 3 rnds.

Work border chart.

Next Rnd: With MC, knit while evenly inc 0 (4, 3, 3, 2, 2, 2, 6, 1) sts across the rnd. 90 (104, 118, 128, 142, 152, 162, 176, 186) sts

Cont in St st (knit every rnd) until work measures 46 (46, 45, 45, 44, 43, 42, 42, 41) cm from cast-on edge.

Divide for armholes

Next Rnd: K19 (23, 26, 29, 31, 34, 36, 39, 41), cast off 6 (6, 6, 6, 8, 8, 8, 10, 10), k39 (46, 53, 58, 63, 68, 73, 78, 83), cast off 6 (6, 6, 6, 8, 8, 8, 10, 10), k20 (23, 27, 29, 32, 34, 37, 39, 42).

Place body aside and work the sleeves.

Sleeves

With CC1 and smaller DPNs, cast on 16 (18, 20, 22, 22, 24, 26, 28, 28) sts.

Join to work in the rnd, taking care not to twist. Pm to mark beg of rnd.

Switch to MC.

Rnd 1: *K1 tbl, p1; rep from * to end of rnd.

Rep Rnd 1 until work measures 5cm from cast-on edge.

Switch to larger DPNs.

Next Rnd: Knit while evenly inc 4 (2, 0, 3, 3, 1, 4, 2, 2) sts across the rnd. 20 (20, 20, 25, 25, 25, 30, 30, 30) sts

Knit 3 rnds.

Work border chart.

Cont in MC only.

Next Rnd: Knit.

Next Rnd: Inc 0 (0, 0, 1, 1, 1, 0, 0, 0), k to end. 20 (20, 20, 26, 26, 26, 30, 30, 30) sts

Next 3 rnds: Knit.

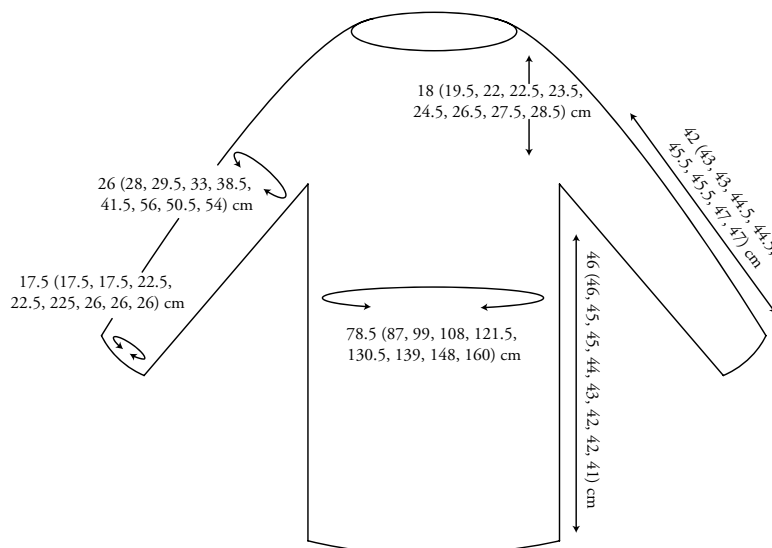
Next Rnd: K1, m1, k to last st, m1, k1. 2 sts inc'd

Rep the last 4 (4, 4, 4, 3, 3, 2, 2) rnds 4 (5, 6, 5, 8, 10, 10, 13, 15) more times. 30 (32, 34, 38, 44, 48, 52, 58, 62) sts

Cont working in St st until sleeve measures 42 (43, 43, 44.5, 44.5, 45.5, 47, 47) cm from cast-on edge.

Next Rnd: Cast off 3 (3, 3, 3, 4, 4, 4, 5, 5), k to last 3 (3, 3, 3, 4, 4, 4, 5, 5) sts, cast off rem sts. 24 (26, 28, 32, 36, 40, 44, 48, 52) sts

SCHEMATIC



Designed by

Kate Heppell

I've always admired the style of Icelandic lopapeysa jumpers, and when I saw the neon colours available on the Álafoss stand at Unravel earlier this year, I just knew that I had to work with it. This was the perfect opportunity! I've kept this as simple as possible, with only two colours worked per row. In this chunky yarn, the knitting will fly by in no time





INTERMEDIATE



800-1,200g



KNIT IN...
weeks

Hints and tips

- If you're quite busty, try moving the arms a few stitches towards the back of the jumper so that there's a little more fabric in the front

Place first sleeve aside on stitch holder and work the second sleeve the same.

Join yoke

Rejoin MC ready to work from middle front of body.

Rnd 1: K19 (23, 26, 29, 31, 34, 36, 39, 41) from body, k24 (26, 28, 32, 36, 40, 44, 48, 52) from sleeve, k39 (46, 53, 58, 63, 68, 73, 78, 83) from body, k24 (26, 28, 32, 36, 40, 44, 48, 52) from sleeve, k20 (23, 27, 29, 32, 34, 37, 39, 42) from body. 126 (144, 162, 180, 198, 216, 234, 252, 270) sts

Knit 0 (2, 6, 7, 8, 10, 13, 14, 16) rnds.

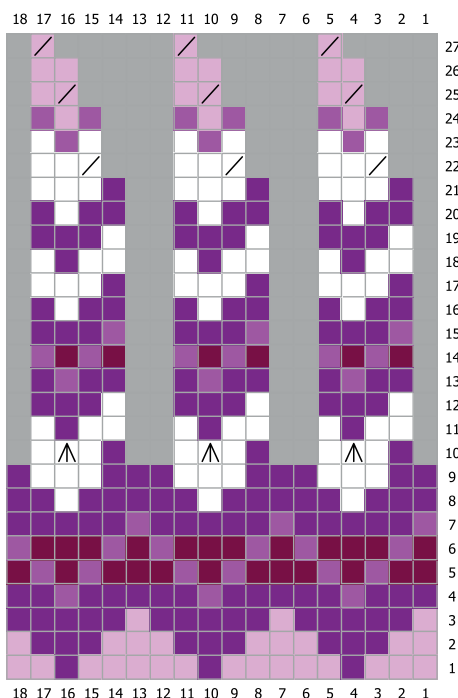
Work yoke chart, rep chart 7 (8, 9, 10, 11, 12, 13, 14, 15) times across the rnd. When chart has been worked in full, 42 (48, 54, 60, 66, 72, 78, 84, 90) sts rem.

Next Rnd: With MC, knit while evenly dec 4 (4, 4, 6, 10, 12, 14, 6, 14) across the rnd. 38 (44, 50, 54, 56, 60, 64, 78, 76) sts

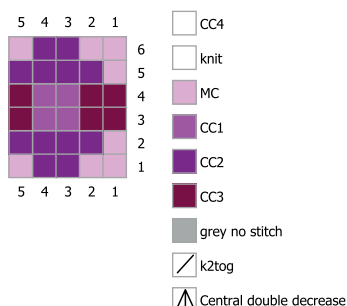
With MC only, work 1x1 rib for 5cm.

With CC1, cast off using a stretchy cast-off method. ●

YOKE CHART



BORDER CHART



Head over Heels

Named after an Icelandic word for snow, **Debra Kobasa's Snjór headband** is perfect for keeping out the chill

Start knitting...

With MC and smaller needle, cast on 128 sts. Join to work in the round, being careful not to twist. Pm to mark beg of rnd.

Rnds 1 & 3: Purl.

Rnd 2: Knit.

Rnd 4: [Kfb] to end. 256 sts

Carefully place every second st on a spare circular needle (total 128 sts) to be held at the back of the work.

Front section

Change to a larger circular needle and work front chart in full once on 128 sts on front needle.

Cut all CC yarns, leaving a long tail.

Next Rnd: With MC, knit.

Leave live sts on needle.

Weave in ends and block front lightly.

Back section

With RS facing, pick up back needle to work on back 128 held sts. Work 25 rnds in St St with MC.

Leave live sts on needle.

Weave in any ends and block back section lightly.

Upper border

With both sets of live sts and front RS facing, work join rnd as follows.

With smaller circular needle and MC, [knit 1 st from front needle together with 1 st from back needle] to end. 128 sts

Rnds 1 & 3: Purl

Rnd 2: Knit.

Cast off all sts loosely, leaving a long tail of yarn for finishing.

Finishing: Block piece lightly, if required, to measurements given in schematic.

Thread a tapestry needle onto the end of the cast-off yarn and draw the thread down through the upper border to the top of the front colour-work section.

Secure with a couple of neat stitches.

Sewing through the front layer of fabric only, sew a line of running stitches down the front section, stopping short of the lower border. Pass the needle through to the back of the work and repeat the line of running stitches through the back layer of fabric only. Draw up the yarn and

Essentials

Yarn used

Erika Knight British Blue

2 balls in Mr Bhasin 052 (MC)

1 ball in Mysore Red 051 (CC1)

1 ball in Milk 036 (CC2)

£3.95 from

www.tangled-yarn.co.uk

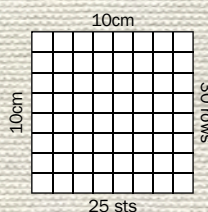
About the yarn

DK; 55m per 25g ball; 100% pure

British Bluefaced Leicester wool

Tension

measured over chart patt on larger needles



Needles used

3mm circular, 40cm long

2 3.75mm circular, 40cm long

Other supplies

tapestry needle

piece of card for pompoms (or 25mm pompom maker)

Designed by

Debra Kobasa

I am fascinated by the artistry and craftsmanship of traditional textiles from around the world. This reversible headband features motifs based on traditional needlework designs from the magical 'Land of Fire and Ice'. It is incredibly warm, thanks to the double layer of fabric, and is finished with a pair of cute, mini pompoms





A great gift
for skiing
enthusiasts!

secure the gathers with a couple of neat stitches. Darn in ends.

Band

With CC1 and smaller needle, cast on 5 sts. Work back and forth in G st until strip measures 10cm. Cast off, leaving a short length of yarn for sewing up. Wrap band around gathered section of headband and sew shorter ends together. Darn in ends and flip the band over so that the seam is concealed on the reverse.

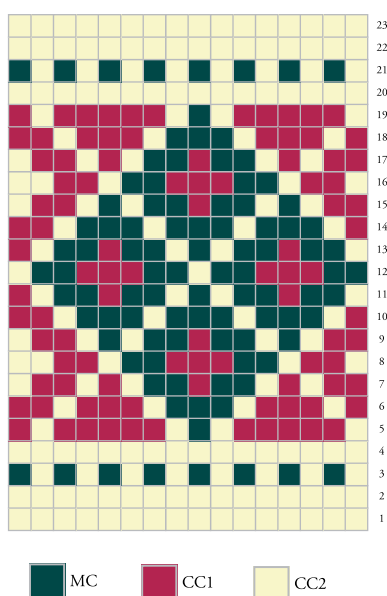
Pompoms (make 2)

Cut out two circles of card measuring 2.5cm in diameter, with a circular cut measuring 1cm in diameter in the centre. Hold both circles together and wrap CC1 yarn around the card until the centre hole is filled up. Place the point of a pair of scissors between the two pieces of card and snip around through all threads, keeping the scissors between the two card circles. Wrap a length of yarn cut to 20cm long between the two circles of card, making sure that both ends are of even length, and tie securely. Twist

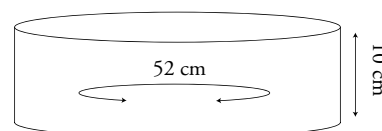
the ends of yarn in opposite directions around each other to form a cord. Remove the pieces of card and trim the pompom if necessary. Sew the pompoms securely to the bottom edge of the

narrow G st band, concealing sts on the reverse, allowing them to dangle to the desired length. ●

CHART



SCHEMATIC



Hints and tips

- Do not pull too tightly when stranding yarns across the back of the colourwork section – the headband needs a bit of stretch!
- Do not worry about the slight 'jog' in the pattern when working in the round – the gathers conceal it

Essentials

Yarn used

Jamieson & Smith

Shetland Heritage

1 ball in Flugga (MC)

1 ball in Berry Wine (CC)

£3.20 per ball from

www.shetlandwoolbrokers.co.uk

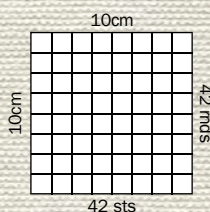
About the yarn

4 ply; 110m per 25g ball; 100%

Shetland wool

Tension

measured over stranded colourwork



Needles used

2.5mm DPNs, 15cm

Other supplies

2 stitch markers

waste yarn

Sizing

Women's medium

See schematic for measurements

Designed by

Jessie McKittrick

I find Norwegian-style stranded mittens a delight to knit and wear, and have mended my favourite pair a number of times. The extra layer formed from the stranded yarn adds much warmth on a winter's day. I've been known to wear two pairs at once while shovelling snow during a blizzard



Heart to Heart

We fell in love with **Jessie McKittrick's** Norwegian-inspired **Floral Heart Mittens** as soon as we saw them – we're sure you will too!

Start knitting...

Cuff

With MC, cast on 60 sts. Join to work in the rnd, being careful not to twist.

Work in 2x2 rib for 4 rnds.

Work 4 rnds in St st.

Using MC and CC as indicated, work the cuff chart in full, repeating the sts 5 times around.

With MC, work 1 rnd.

Next Rnd: With MC, increase 10 sts evenly across the rnd. 70 sts

With MC, work 4 rnds in St st.

Lower-right hand

Work 39 sts of Rnd 1 of hand chart, pm, work the foll 5 sts according to gusset chart, pm, beg with st 55 of hand chart, work to end.

Lower-left hand

Work 61 sts of hand chart, pm, work the foll 5 sts according to gusset chart, pm, beg with st 77 of hand chart, work to end.

Both hands: For the foll 12 rnds, work to marker according to hand chart, sm, work according to gusset chart, sm, work according to hand chart to end. 80 sts

Rnd 14: Work to marker, rm, place the foll 15 sts onto waste yarn. Cast on 15 sts to RH needle using both colours as indicated immediately above appropriate bordered section on hand chart, rm, work to end.

Upper hand (both)

Work according to hand chart, beginning decs as indicated on Rnd 46.

After Rnd 64 is complete, break yarn and thread through rem sts. Pull tight to fasten.

Thumb

In top of thumb opening, pu and k15 sts, using both colours as indicated by sts 1-15 on Round 1 of appropriate thumb chart. In side of thumb opening, pu and k 1 st in MC and 1 st in CC. SI held sts onto needle, work sts 18-32 of appropriate thumb chart across these sts. In side of thumb opening, pu and k 1 st in CC. 34 sts

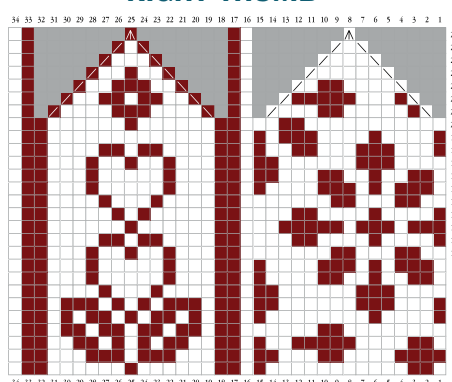
Join to work in the rnd. Beg with Rnd 2, work according to appropriate thumb chart. On Rnd 21, beg decs as indicated. Once Rnd 27 is complete, break yarn and thread through rem sts. Pull tight to fasten.

Finishing: Weave in ends and block to dimensions given in schematic. ●

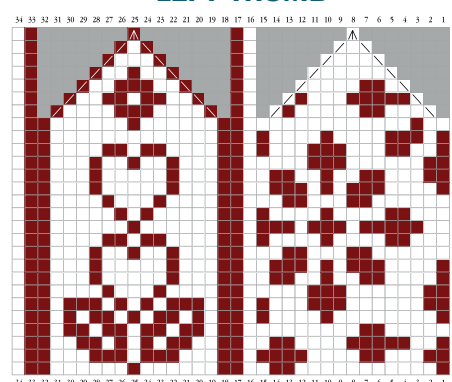
Hints and tips

- For this pattern, you will need the entire ball of MC yarn, so do try to keep your yarn tails from exceeding 12cm so as not to be left short. If your tension differs from the pattern or you are making any other changes, be sure to have extra yarn on hand

RIGHT THUMB



LEFT THUMB



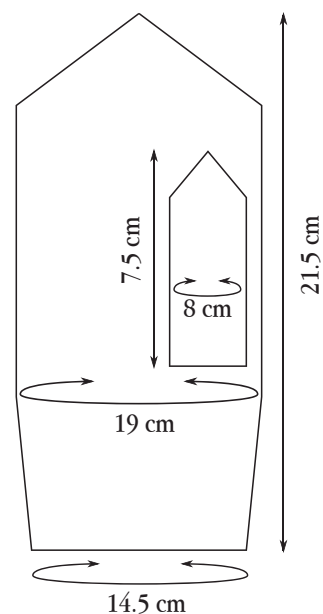


Turn over
for other
charts &
schematic

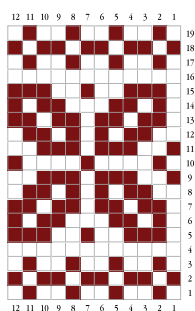




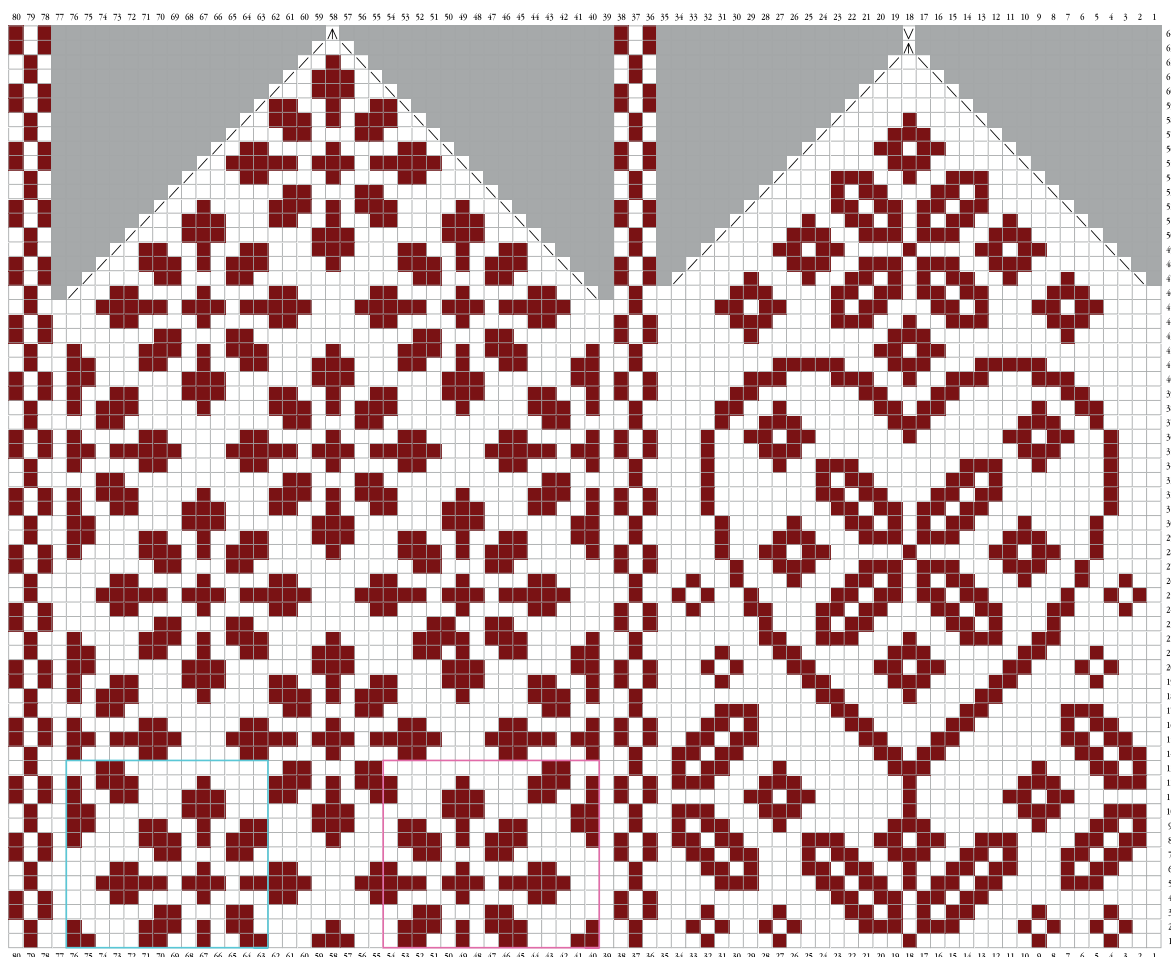
SCHEMATIC



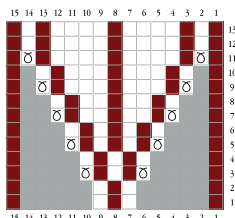
CUFF



HAND



GUSSET



- MC
- CC
- knit
- ssk
- k2tog
- cdd
- slip
- m1
- no stitch
- Right thumb gusset
- Left thumb gusset

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Essentials

Yarn used

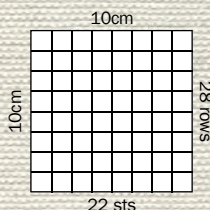
West Yorkshire Spinners 100%
Bluefaced Leicester DK
1 skein in ecru (MC) & 1 ball in
Cherry (CC)
£7.20 & £4.85 from
www.wyspinners.com

About the yarn

DK; 112m per 50g ball or 225m
per 100g skein; 100% British
Bluefaced Leicester wool

Tension

measured over blocked colourwork
on 4mm needles



Needles used

3.25mm & 4mm DPNs

Other supplies

stitch marker
6 12mm buttons

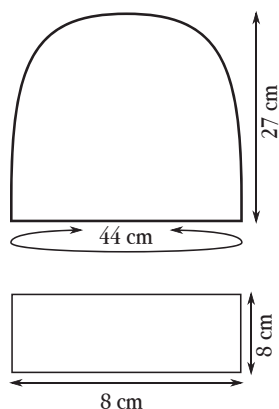
Designed by

Karie Westermann

The Dala horse is a traditional Swedish folk-art motif. A good friend of mine was once wooed by a guy who hand-carved her a Dala horse and it actually worked! So, for the happy couple (who are still together), here is my most whimsical design ever



SCHEMATICS



Pony Express

Karie Westermann's Dala Love set is a celebration of the Swedish tradition of the Dala horse

Start knitting...

HAT

Using MC and smaller needles, cast on 98 sts. Join to work in the round, being careful not to twist. Pm to mark beg of rnd. Work in 1x1 rib for 4cm.

Change to larger needles.

Next Rnd (Inc Rnd): K3, *m1, k7; rep from * to last 4 sts, m1, k4. 112 sts
Work chart A in full, repeating sts 4 times around.

Work chart B until hat measures 24cm, break CC and continue in MC only. Begin crown shaping.

Rnd 1: *K6, k2tog; rep from * to end. 98 sts

Rnd 2 & all even rnds: Knit.

Rnd 3: *K5, k2tog; rep from * to end. 84 sts

Rnd 5: *K4, k2tog; rep from * to end. 70 sts

Rnd 7: *K3, k2tog; rep from * to end. 56 sts

Rnd 9: *K2, k2tog; rep from * to end. 42 sts

Rnd 11: *K1, k2tog; rep from * to end. 28 sts

Rnd 13: [K2tog] to end. 14 sts

Break yarn and thread through rem sts.

Pull tight to fasten

Block and weave in ends.

Make pompom in CC and secure on top.

BOOT TOPPERS

Using MC and smaller needles, cast on 56 sts.

Work 5 rows in 1x1 rib.

Change to larger needles and work rows 1-12 of chart B. As you are now working flat, evenly numbered rows should be purled from left to right.

K two rows.

Change to smaller needles and work 5 rows in 1x1 rib. Cast off in rib.

With RS facing, smaller needles and MC pu and k18 sts along LH side. Work 6 rows in 1x1 rib. Cast off in rib.

With RS facing, smaller needles and MC pu and k18 sts along RH side. Work 2 rows in 1x1 rib.

Next Row (WS): Work 2 sts in rib, yo, p2tog, [work 5 sts in rib, yo, p2tog] twice, rib to end.

Work 3 rows in 1x1 rib. Cast off in rib.

Weave in ends but do not trim. Block to size and trim ends. Sew on buttons.



CHART A

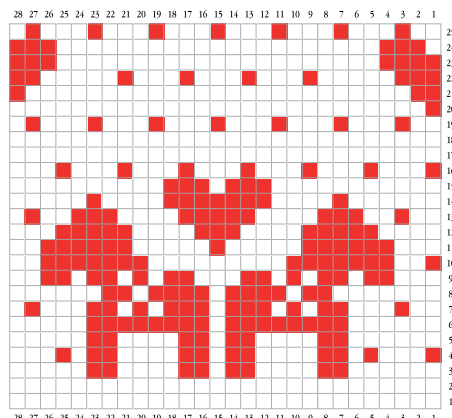
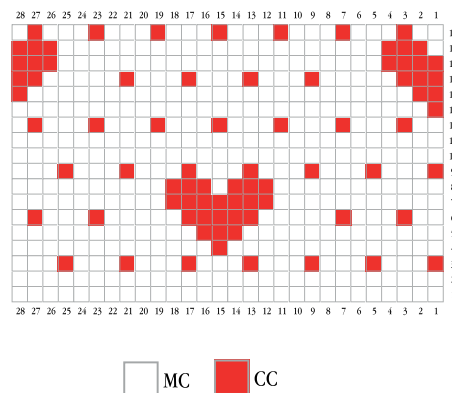


CHART B



MC CC



This yarn is so soft – you have to try it!

Hints and tips

- If you would like a slightly tighter or looser fit, adjust your needle size accordingly. I've tested it and the hat fabric still looks lovely and full of drape if knitted on a size 4.5mm needle
- The boot toppers are designed for ankle boots. You can adjust the fit by increasing or decreasing the size of the ribbing on the sides

Your essential guide to... Nordic Knits

This issue we're looking north for inspiration, so we asked our favourite Danish knitter, Karie Westermann, for her guide to the region's incredible knitting traditions



Before we begin, we need to understand what Nordic means. It is a geographical term that refers to the Scandinavian countries – Norway, Denmark and Sweden, as well as Iceland, the Faroe Islands and Finland. These countries share common cultural concepts and (with the exception of Finland) their languages are derived from the same ancient source.

Many of the knitting designs date back centuries and, when you knit one of the patterns in this issue of *Knit Now*, you are part of a living and breathing tradition.

Like the Shetland Islands, some Nordic regions were financially dependent upon handknitting and, as a result, many things that look long-established to the casual knitter are actually quite recent

inventions. The Icelandic *lopapeysa* jumper may look like a Nordic icon to British eyes but it actually only dates back to the late 1950s! Likewise, the world-famous Norwegian *Selbu* mittens were designed originally in the 1840s by an entrepreneurial teenage girl, whose mittens became hugely fashionable.

Another misunderstanding is that one country or local region 'owns' a particular motif. The Nordic countries influenced each other and the same motifs pop up from eastern Sweden to Iceland in the west.

Here are some of the most common Nordic knitting traits:

Small geometric motifs repeated over a large surface area – triangles, crosses, rhombi and squares.

Stripes of motifs across the body or inside the stripes as stranded work to provide added warmth and decoration.

Patterns typically use just **two or three colours** with **high contrast**. Compare that to the knitting traditions of Shetland, where a Fair Isle jumper could easily contain 10 shades!

Seeding patterns. These small background motifs, known as 'lice' or 'flea' patterns, are spread across the main body of a garment and are often combined with larger motifs.

Did you know? What we think of as snowflakes are also known to Norwegians as roses. There are over 300 recognised forms of these roses!



Tiina Ku for Ulla

Finland

Finnish knitting owes a lot to the country being nestled between Scandinavia, the Baltic states and Russia – all areas with strong, regional traditions. Today, the country has spawned

a lot of Internet knitting celebrities, including Veera Välimäki, Mari Muinonen, Suvi Simola and Kristel Nyberg. The new generation of Finnish knitting designers has benefited particularly from a strong focus on digital communities, such as that which formed around Ulla, a Finnish-language equivalent of Knitty.com. Young Finnish knitting design is notable for its sleek aesthetics and a strong, contemporary feel.

Norway

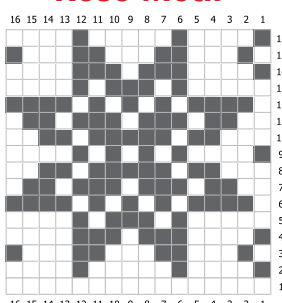
Yarn companies such as Dale of Norway have worked hard to preserve and promote Norwegian knitting throughout the world, to the extent that Norwegian knitting is synonymous with Nordic knitting to most knitters! The *lusekofte* ('lice jacket') – like the ones which Arne & Carlos discussed in their interview – is one of the most famous examples with its seeding patterns and cross-stitch inspired motifs. The *Selbuvotter* ('Selbu mittens') are also recognised all over the world. They are named after a community in northern Norway and are mostly known for their patterns of reindeers, dancing ladies and roses. Both traditions found commercial success in the 20th century – the *lusekofte* was rediscovered as a Norwegian icon around 1930, while the mittens regained prominence thanks to the tireless work

of knitting historian Annemor Sundbø. Present-day Norwegian designers are hugely influenced by their rich knitting heritage and many knitters will recognise names such as Anniken Allis, Elin Oftedal and Arne & Carlos.



Courtesy of Telemark Museum

Rose Motif



Before the famous *lopapeysa*

The name of this group of islands is thought to derive from ‘sheep islands’, which tells you how important knitting has been to this community in the North Atlantic. The famous ‘Sarah Lund jumper’ (as worn by the character in TV drama *The Killing*) rethinks the traditional Faroese *islænder* (‘islander’) jumper, which has been worn by fishermen and workers for centuries. These jumpers are traditionally worked in rustic yarns using predominantly undyed yarn. They come in two varieties – bands of motifs or a small all-over pattern – but the shape is always the same: knitted straight, dropped shoulders, plenty of ease and using two or three colours of high contrast. You also see many knitted accessories – most of which feature all-over geometric patterns. Charmingly, all the stitch patterns have descriptive names such as Sheep’s Path or Sea Wave. The Faroe Islands also have a very specific shawl shape, with shoulder shaping and wings that curl around the body – making the shawl perfect for wearing in all sorts of nasty weather!



Danish knitting traditions include the so-called *natttrøjer* ('night jerseys') – 17th and 18th century garments that were worn beneath sewn garments.

Inspired by weaving and embroidery, these garments were worked



Gudrun & Gudrun is the designer behind the Sarah Lund jumper. In the UK, you can buy Faroese yarns and pattern books from The Island Wool Company.

Inspired by embroidery, weaving and folk art, traditional Swedish knitting uses large, decorative motifs reminiscent of brocades.

Designer Kaffe Fassett has drawn a lot of inspiration from traditional Swedish knitting, particularly in his large stylised mer motifs. Probably the most iconic

form of Swedish knitting is the *Bohus* jumper, named after a region of Sweden. It is a yoked jumper with very complex and delicate designs, employing several colours as well as textures to great effect. A true *Bohus* jumper uses fine, specially dyed wool/angora yarns and the end result is highly sought after. Today, Sandra Backlund is one Swedish knitting designer who uses knitting to create wearable knit art, while Åsa Tricosa wows international knitters on Ravelry. MillaMia is a Swedish company based in London that offers fresh, modern knitting patterns in bold and exciting colours.



"When you knit one of the patterns collected in this issue of Knit Now, you are part of a living and breathing tradition"



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Kate Davies took inspiration from Iceland for this jumper, named Ásta Sóllilja, which appears in her new book, Yokes. **£19.99**, katedaviesdesigns.com



This statement piece from Hobbs is simply stunning. **£110**, www.hobbs.co.uk



Introducing a little splash of red really brings this jumper to life. **£30**, www.next.co.uk



This Only Liva Nordic Jumper is inspired by Icelandic sweaters. **£25**, www.bankfashion.co.uk

The Look

Northern Lights

If you don't fancy tackling a Nordic-inspired knit right now but want to get the look, try these cosy designs



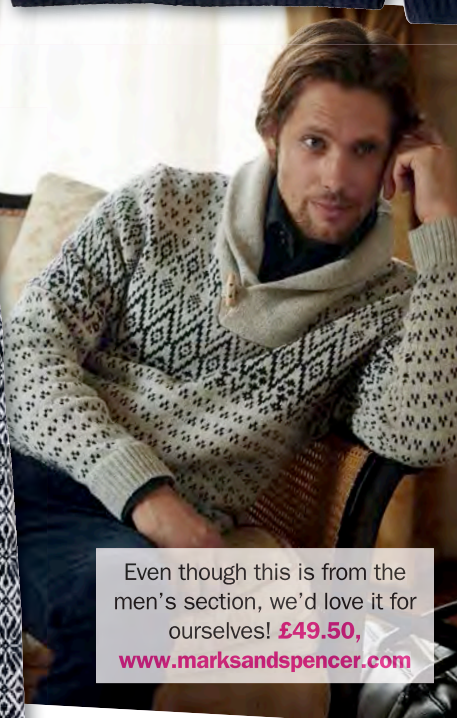
Here's one for the kids – this little boy's jumper is so cute! **£24**, www.houseoffraser.co.uk



This hat and scarf set looks so soft and cosy!
Coming soon, www.marksandspencer.com



We love this tiled snowflake pattern – or are they roses? **£49**, www.hobbs.co.uk



Even though this is from the men's section, we'd love it for ourselves! **£49.50**, www.marksandspencer.com

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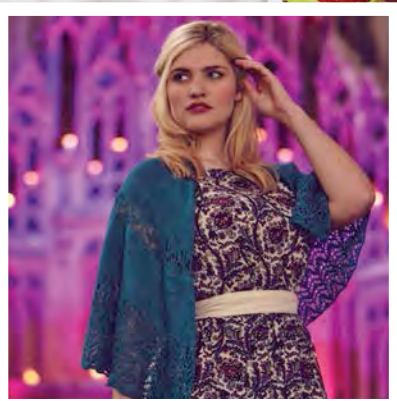
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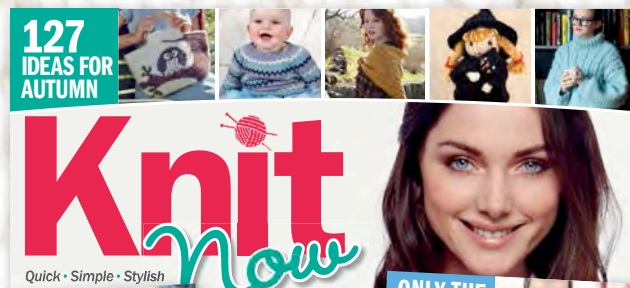
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The Interview Arne & Carlos



The inspiration for this book started with a rummage in Arne's grandmother's attic

Designer-duo Carlos Zachrison and Arne Nerjordet are looking to their cultural heritage for their latest book, and we're taking a trip with them to learn all about Knitting Scandinavian Style

Although no one else in the knitting world quite evokes the term 'Scandi' as much as the pairing of Arne & Carlos, it does us well to remember Scandinavia is a collection of countries, each with its own distinct culture and likewise knitting traditions. While Carlos comes with his own background as half Swedish and half Spanish, it's Arne's Norwegian heritage that is the focus of their latest inspiring publication, *Knitting Scandinavian Style*.

In particular, it's the region of Setesdal in Norway that largely inspires the book, where Arne's grandmother was from. It's a place with a particularly rich knitting

history, birthplace of the 19th century *lusekofte*, or lice jacket – a design that became popular worldwide when discovered by tourists in the 1920s. In fact, you'll see this same inspiration in this issue – Helen Bunting's cute little tablet cosy (page 82) was inspired by these sweaters!

"I learned knitting and crochet from my great grandmother, grandmother and mother. Growing up on a small farm, it was natural to learn how to knit as this was what everyone in every generation did," says Arne. But the real influence on these designs can be traced from a singular memory that came as an adult. Talking about their inspirations, the designers recall a trip to Arne's grandmother's long-deserted house, in far-away Byglandsfjord.

"In the attic, the floor was covered with old magazines, letters and Christmas cards. On top of all the rubbish lay a picture of Arne's mother when she was young, sent to her grandmother." The inspiration from the attic of the old house came from old books, postcards and



Arne & Carlos

“We wholeheartedly believe that one should anchor new designs in old traditions.”



knitting patterns, and Arne and Carlos have re-imagined it in the photographs for the new book, giving an authentic sense of that moment of discovery.

However, these decades-old designs are just the starting point for Arne & Carlos – their mission is to bring them up to date but retain the details that define them. Part of this mission includes celebrating the traditional techniques of Arne’s Norwegian roots, with designs inspired by traditional folk-costume embroidery and Setesdal-native weaving techniques.

“We wholeheartedly believe that one should anchor new designs in old traditions. When we go back in time

and examine our cultural heritage and history, we can bring something back to incorporate into our work and create something new.”

This is something we’ve long seen in their work, adapting traditional colourwork designs in miniature for dolls and baubles for their previous books. This time, it’s on a bigger scale – largely garments, accessories and home décor patterns. After all, the designers had worked with fashion houses such as *Comme Des Garçons* before they became well known for their cute novelty knits, so they definitely know their way around garment design.

Their most iconic interpretation is the aforementioned *lusekofte*, which Arne and Carlos explore in detail in *Knitting Scandinavian Style*.

“A lice sweater should have the cross-and-ring pattern,” says Arne. “The cross is named after Andrew, one of Jesus’s disciples. The ring symbolises life’s wheel, the sun symbol – the eternal, life-giving source of energy.” Along with these motifs, there is also the zigzag, ‘hook’ border, meant to symbolise cleansing water and the ‘lice’ itself.

The lice sweater was traditionally a men’s garment, always knitted in black, as it was the ‘finest colour’, while the lice and all the other patterns were knitted in white. “White wool was the cheapest and the sweater would always be tucked down into the high trousers worn by men, so the lower edge was never visible and no one knew that it was knit using the cheaper colour. Many of the older people in the area thought it was unseemly to show the white section of the sweater!”

From these humble beginnings, the lice motif is something you see all over the high street nowadays, with much of this original meaning lost in translation, yet this is something Arne & Carlos keep in mind while designing, with a knowing nod. Designing a women’s sweater with the pattern at the base and the white at the top would no doubt be an affront to Arne’s ancestors, but the result is a gorgeous garment, inspired by the traditions it is in fact reversing.

There are many other traditions that inspire the patterns in the new book, and Arne & Carlos have looked beyond the traditional knitting patterns to embrace other forms of needlework, including embroidery. “We’ve taken the inspiration for some projects from *løyesaum*, a special type of Setesdal embroidery, as well as from other types of embroidery found on, for example, men’s shirts worn



with Setesdal folk costumes. [We also took inspiration from] a woven tapestry that we noticed in the book *Block Tapestries* by Marit Wang. The same type of weaving can be seen in the painting *A Setesdal Cottage* by Carl Sundt-Hansen, which depicts a Setesdal couple and a Norwegian *zither* or *langeleik*.”

It’s clear to see that the textile traditions of Norway offer a fertile source of ideas for knitters but, as we have come to expect from this dynamic duo, their search for inspiration didn’t stop there. “After the dissolution of the union with Sweden, many Norwegian Christmas cards appeared with people and *nisser* (gnomes) painted in Norwegian sweaters with simplified patterns and bright colors. A sweater like that was also on a Christmas card that Annemor Sundbø found in her grandmother’s childhood home in Setesdal.” This card was the inspiration for one of our favourite garments in the book – the Christmas Card Sweater!

We had a great time finding out more about Arne & Carlos’s inspirations and we hope that you did too! For more of our interview with Arne & Carlos, check out the *Knit Now* website, www.knitnowmag.co.uk.

Turn the page to knit an Arne & Carlos pattern

Essentials

Yarn used

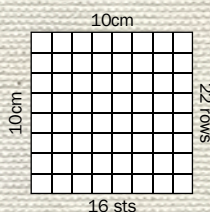
Rauma Vamsegarn
2 balls in white V01 (A)
1 ball each in red V35 (B) & green
V80 (C)

About the yarn

Aran; 83m per 50g ball; 100% wool

Tension

measured over St st



Needles used

5mm circular, 40cm
5mm DPNS

Sizing

One size
60cm circumference, women's M

Designed by

Arne & Carlos

Our hat was inspired by a stocking cap from Setesdal. The stocking cap was a long cap knitted in red and black yarn with a crown shaped like a sock heel. It is mentioned in Johannes Skar's book *Gamalt or Setesdal II*. The hat shown in the book is red, green and white, with the white part folded in as a lining. *Knitting Scandinavian Style* is available for £12.99 from www.searchpress.com



Setesdal Style

If you really feel the cold, you'll love **Arne & Carlos's Doubled Hat**, which has a cosy lining!



Start knitting...

Lining

With A and DPNS, cast on 12 sts over 4 needles (3 sts per needle). Join to work in the rnd, being careful not to twist. Work crown shaping (rnds 1-22), changing to the circular needle when your work becomes too big for the DPNS

Rnd 1 and all odd rnds: Knit.

Rnd 2: *K1, m1, k2; rep from * to end. 16 sts

Rnd 4: *K1, m1, k2, m1, k1; rep from * to end. 24 sts

Rnd 6: *K1, m1, k4, m1, k1; rep from * to end. 32 sts

Rnd 8: *K1, m1, k6, m1, k1; rep from * to end. 40 sts

Rnd 10: *K1, m1, k8, m1, k1; rep from * to end. 48 sts

Rnd 12: *K1, m1, k10, m1, k1; rep from * to end. 56 sts

Rnd 14: *K1, m1, k12, m1, k1; rep from * to end. 64 sts

Rnd 16: *K1, m1, k14, m1, k1; rep from * to end. 72 sts

Rnd 18: *K1, m1, k16, m1, k1; rep from * to end. 80 sts

Rnd 20: *K1, m1, k18, m1, k1; rep from * to end. 88 sts

Rnd 22: *K1, m1, k20, m1, k1; rep from * to end. 96 sts

Rnds 23-62 (40 rnds): Knit.

Rnd 63 (eyelet-fold row): *K2tog, yo; rep from * to end.

Rnd 64: Knit.

Outer

Rnds 1-22: Add colour B and work pattern, following the chart.

Drop A and B and work the remainder of the hat in C.

Rnds 23-42: Knit.

Rnd 43: *K1, k2tog, k18, k2tog, k1; rep from * to end. 88 sts

Rnd 45: *K1, k2tog, k16, k2tog, k1; rep from * to end. 80 sts

Rnd 47: *K1, k2tog, k14, k2tog, k1; rep from * to end. 72 sts

Rnd 49: *K1, k2tog, k12, k2tog, k1; rep from * to end. 64 sts

Rnd 51: *K1, k2tog, k10, k2tog, k1; rep from * to end. 56 sts

Rnd 53: *K1, k2tog, k8, k2tog, k1; rep from * to end. 48 sts

Rnd 55: *K1, k2tog, k6, k2tog, k1; rep from * to end. 40 sts

Rnd 57: *K1, k2tog, k4, k2tog, k1; rep from * to end. 32 sts

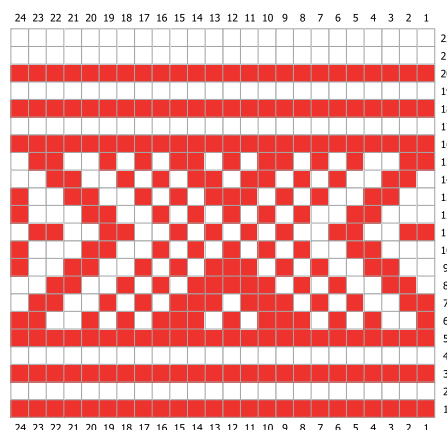
Rnd 59: *K1, k2tog, k2, k2tog, k1; rep from * to end. 24 sts

Rnd 61: *K1, k2tog, k2tog, k1; rep from * to end. 16 sts

Rnd 63: *K1, k2tog, k1; rep from * to end. 12 sts

Cut the yarn and draw through rem 12 sts. Weave in all ends neatly on WS. Lightly steam-press the hat under a damp pressing cloth. Fold in the lining at the eyelet round. 🍷

CHART



□ A (white)

■ B (red)



INTERMEDIATE



200g Aran



KNIT IN...
days

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piece with no
fussy seams





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The Hot List

Amazing Alpaca

We love the cosy warmth and butter-soft feel of alpaca fibre, so here are a few of our favourite alpaca yarns



1 Berroco Maya, 5644, **£6.25** www.loveknitting.com

2 Plymouth Yarn Alpaca Prima, 12702, **£13.50** www.snowdoniawool.co.uk

3 Stylecraft Alpaca Chunky, Orchid 6012, **£3.99** www.woolwarehouse.co.uk

4 Rowan Lima Colour, Santiago 714, **£6.95** www.woolandbuttons.co.uk

5 Mirasol Api, Ultra Violet 2303, **£6.95** www.celticove.com

6 Artesano Aran, Opal C821, **£9.65** www.deramores.com

Essentials

Yarn used

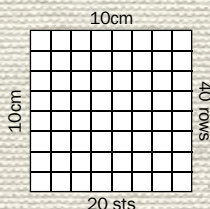
Eden Cottage Yarns Hayton 4-ply
2 skeins in Harvest Gold
£18 from
www.edencottageyarns.co.uk

About the yarn

4-ply; 350m per 100g skein; 80%
Merino wool, 10% cashmere,
10% nylon

Tension

measured over patt



Needles used

4mm straight

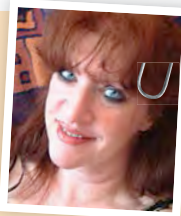
Other supplies

cable needle (optional)

Designed by

Anni Howard

This mushroom pattern came about completely by accident – the result of an experiment when I was aiming for a totally different effect. It made me think of scientist Alexander Fleming who one day was surprised to find fungus growing on his petri dish



Hints and tips

- The p3togtbl stitch can be a bit tricky for beginners. If your 3 sts are too tight to insert your needle through the back loops, try this – slip the 3 sts onto a cable needle, twist the cable needle clockwise, then p the 3 sts together from the cable needle

Magic Mushrooms

Anni Howard has invented an amazing reversible mushroom stitch to create the **Mushroom Wrap**

Start knitting...

Cast on 53 sts.

Work 6 rows in St st.

Commence patt.

Row 1 (RS): K12, yo, k1, yo, [k13, yo, k1, yo] twice, k12. 59 sts

Row 2: K11, [p2, yo, p1, yo, p2, k11] 3 times. 65 sts

Row 3: K14, yo, k1, yo, [k17, yo, k1, yo] twice, k14. 71 sts

Row 4: P1, k9, [p5, yo, p1, yo, p5, k9] 3 times, p1. 77 sts

Row 5: K16, yo, k1, yo, [k21, yo, k1, yo] twice, k16. 83 sts

Row 6: P2, k7, [p5, p3togtbl, yo, p1, yo, p3tog, p5, k7] 3 times, p2. 77 sts

Row 7: K12, k3tog, yo, k3, yo, sk2p, [k13, k3tog, yo, k3, yo, sk2p] twice, k12. 71 sts

Row 8: P3, k5, [p2, p3togtbl, yo, p5, yo, p3tog, p2, k5] 3 times, p3. 65 sts

Row 9: K8, k3tog, yo, k7, yo, sk2p, [k5, k3tog, yo, k7, yo, sk2p] twice, k8. 59 sts

Row 10: P4, k3, [p2togtbl, p9, p2tog, k3] 3 times, p4. 53 sts

Row 11: K5, yo, k1, yo, [k13, yo, k1, yo] 3 times, k5. 61 sts

Row 12: K4, [p2, yo, p1, yo, p2, k11] 3 times, p2, yo, p1, yo, p2, k4. 69 sts

Row 13: K7, yo, k1, yo, [k17, yo, k1, yo] 3 times, k7. 77 sts

Row 14: K3, [p5, yo, p1, yo, p5, k9] 3 times, p5, yo, p1, yo, p5, k3. 85 sts

Row 15: K9, yo, k1, yo, [k21, yo, k1, yo] 3 times, k9. 93 sts

Row 16: K2, [p5, p3togtbl, yo, p1, yo, p3tog, p5, k7] 3 times, p5, p3togtbl, yo, p1, yo, p3tog, p5, k2. 85 sts

Row 17: K5, k3tog, yo, k3, yo, sk2p, [k13, k3tog, yo, k3, yo, sk2p] 3 times, k5. 77 sts

Row 18: K1, [p2, p3togtbl, yo, p5, yo, p3tog, p2, k5] 3 times, p2, p3togtbl, yo, p5, yo, p3tog, p2, k1. 69 sts

Row 19: K1, k3tog, yo, k7, yo, sk2p, [k5, k3tog, yo, k7, yo, sk2p] 3 times, k1. 61 sts

Row 20: [P2togtbl, p9, p2tog, k3] 3 times, p2togtbl, p9, p2tog. 53 sts

These 20 rows form patt.

Cont in patt until work measures approximately 150cm in length, ending with Row 10 or Row 20.

Work 6 rows in St st.

Cast off.

Weave in ends.

Block to measurements given, allowing St st ends to roll back. 🧶

Special abbreviations

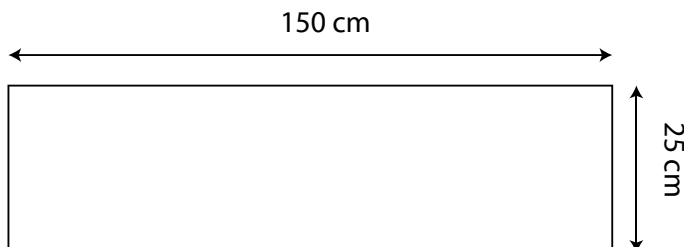
P2togtbl: Purl 2 sts together through back of loops

K3tog: Knit 3 sts together

P3tog: Purl 3 sts together

P3togtbl: Purl 3 sts together through back of loops

SCHEMATIC





Using your free
cable needles will
make it easier to
work the p3togtbl
stitches

Essentials

Yarn used

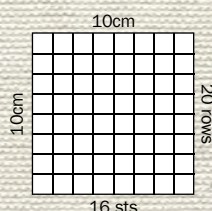
Artesano Aran
7 (7, 8, 8, 8, 9, 9, 9, 10, 10) skeins
in Bluefin C279
£9.95 from
www.purlandjane.co.uk

About the yarn

Aran; 132m per 100g skein;
50% alpaca, 50% wool

Tension

measured over lace patt



Needles used

5mm straight

Other supplies

tapestry needle

Sizing

To fit bust: 81 (86, 91, 97, 102,
107, 112, 117, 122, 127) cm
Width across back approximately:
43 (46, 48, 51, 53, 56, 58, 61,
63, 66) cm
Length to shoulder: 46cm
Sleeve length: 29cm

Hints and tips

- When casting off over a double yo on back and fronts, you should work this st very loosely in order not to make a tight edge

Special abbreviations

sk2po: Slip 1 stitch, knit 2 together, pass slipped stitch over

Light & Lacy

We love waterfall cardigans – they're so cosy and easy to wear. This one from **Pat Menchini** for **Artesano** is a stunner

Start knitting...

Back

Cast on 67 (71, 75, 79, 83, 87, 91, 95, 99, 103) sts.

Work in patt as follows.

Row 1 (RS): K2, *[yo] twice, sk2po, [yo] twice, k1; rep from * to last st, k1.

Row 2: P1, (k1, p3 working once only in double yarn overs, dropping off extra loops) to last 2 sts, k1, p1.

Rows 3-8: Rep rows 1 and 2 three more times.

Rows 9-14: Beg with a k row work 6 rows in St st.

These 14 rows form patt.

Rep these 14 rows 5 more times.

NB: Work may be lengthened or shortened at this point on back and fronts by reducing or adding on 14 rows.

Shape shoulders

NB: Double yo are counted as one st only.
Cast off 5 (6, 6, 7, 7, 7, 8, 8, 9, 9) sts at beg of next 6 rows, then 7 (6, 7, 6, 8, 9, 8, 10, 8, 10) sts at beg of next 2 rows.
Cast off rem 23 (23, 25, 25, 25, 27, 27, 27, 29, 29) sts.

Right front

With 5mm needles, cast on 85 (87, 89, 91, 93, 95, 97, 99, 101, 103) sts.

Work in patt with G st border as follows.

Row 1 (RS): K4 (2, 4, 2, 4, 2, 4, 2, 4, 2), *[yo] twice, sk2po, [yo] twice, k1; rep from * to last st, k1.

Row 2: P1, (k1, p3 working once only into double yarn overs) to last 4 (2, 4, 2, 4, 2, 4, 2, 4, 2) sts, k to end.

Rows 3-8: Rep rows 1 and 2 three times.

Row 9: Knit.

Row 10: P to last 4 (2, 4, 2, 4, 2, 4, 2, 4, 2) sts, k to end.

Rows 11-14: Rep rows 9 and 10 twice. These 14 rows form patt.

Rep these 14 rows 5 times more, then Row 1 again, thus ending at side edge.

Shape shoulder

** Cast off 5 (6, 6, 7, 7, 7, 8, 8, 9, 9) sts at beg of next row and 2 foll alt rows.

Work 1 row.

Cast off 7 (6, 7, 6, 8, 9, 8, 10, 8, 10) sts at beg of next row. (On left front only, now work 1 row straight.)

Cast off rem 63 (63, 64, 64, 64, 65, 65, 65, 66, 66) sts sts very loosely.**

Left front

Cast on as for right front.

Work in patt with G st border as follows.

Row 1 (RS): K2, *[yo] twice, sk2po, [yo] twice, k1; rep from * to last 3 (1, 3, 1, 3, 1, 3, 1, 3, 1) sts, k to end.

Row 2: K3 (1, 3, 1, 3, 1, 3, 1, 3, 1), (p3, working once only into double yarn overs, k1) to last st, p1.

Rows 3-8: Rep rows 1 and 2 three times.

Row 9: Knit.

Row 10: K4 (2, 4, 2, 4, 2, 4, 2, 4, 2), p to end.

Rows 11-14: Rep rows 9 and 10 twice.

These 14 rows form patt.

Rep these 14 rows 5 times more.

Work as for right front from ** to **.

Sleeves

With 5mm needles, cast on 47 (51, 51, 51, 55, 55, 55, 59, 59, 59) sts.

Work in patt as on back for 6cm, ending after a WS row.

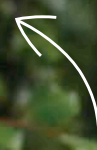
Next Row: Knit, inc 4 (4, 4, 6, 6, 6, 6, 8, 8, 8) sts evenly across. 51 (55, 55, 57, 61, 61, 61, 67, 67, 67) sts

Change to St st and purl 1 row.

Cont in St st, shaping sleeve by inc 1 st at each end of next row, then on every foll 10th (12th, 10th, 10th, 12th, 10th, 7th, 12th, 10th, 7th) row until there are 61 (63, 65, 67, 69, 71, 73, 75, 77, 79) sts. Work a few rows straight until sleeve measures 29cm from beg.

Cast off loosely.

Finishing: With WS facing, block out pieces by pinning them out around the edges. Press lightly using a warm iron over a damp cloth, or using a steam iron on a low setting. Join shoulder shapings. Stitch cast-off edges of sleeves to corresponding sections of side edges of back and fronts. Join side and sleeve seams. Press seams.



This simple
stitch pattern
looks great on
both sides

Essentials

Yarn used

Patons Diploma Gold DK
16 balls in navy 06167 (MC)
2 balls each in Cyclamen 06123
(A), Apple Green 06125 (B), Airforce
06169 (C) & Soft Teal 06309 (D)

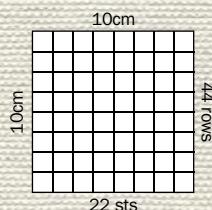
£2.71 per ball from
www.deramores.com

About the yarn

DK; 120m per 50g ball; 55% wool,
25% acrylic, 20% nylon

Tension

measured over garter st



Needles used

4mm straight
4mm circular, 90cm

Other supplies

tapestry needle
2 stitch markers
sewing needle

Designed by

Elanor King

My brother and his girlfriend have just moved house to a gorgeous, wee little cottage in Dublin.

Pembroke cottages were built originally by the Earl of Pembroke for the workers on his estate



Special abbreviations

RC: Roof colour

WC: Wall colour

BC: Border colour

Pu and p (Pick up and purl): With yarn in front, insert tip of RH through the back of the work and purl a st such that the loop is drawn through the fabric to the back of the work. Usually performed on WS rows as the reverse of pick-up-and-knit

Playing House

Make your house feel like a home with **Elanor King's** cleverly constructed **Pembroke Cottages Blanket**

Start knitting...

House square (make 25)

Note: There are six possible colour combinations from a choice of four colours: A&B, A&C, A&D, B&C, B&D, C&D. Make four house squares with each of these combinations, swapping roof colour (RC) and wall colour (WC) after two squares. Make a 25th square in your favourite combination.

Wall (bottom half of square)

With MC, cast on 16 sts, pm, cast on 32 sts, pm, cast on 16 sts. 64 sts

Row 1 (WS): [K to 2 sts before m, k2tog, sm, ssk] twice, k to end. 4 sts dec'd

Row 2 (RS): Knit.

Rep the last 2 rows twice more, then Row 1 once more. 48 sts

Change to WC and rep Row 2 once.

Rep rows 1-2 10 more times. 8 sts

Next Row WS: [K2tog, rm, ssk] twice. 4 sts

Next Row: K4.

Next Row: K2tog, ssk. 2 sts

Draw yarn through remaining sts and tie off.

Left side of roof

With RC, pick up and knit 16 sts from centre st just tied off to top-left edge of work, then with MC, cast on 16 sts. 32 sts

Row 1 (WS): With MC, k to 2 sts before colour change, k2tog, twist yarns in front at colour change, with RC, ssk, k to end. 2 sts dec'd

Row 2 (RS): With RC, k to colour change, twist yarns at back at colour change, with MC, k to end.

Rep the last 2 rows 13 more times. 4 sts

Next Row (WS): With MC, k2tog, twist yarns in front, with RC, ssk. 2 sts

Next Row (RS): With MC, k2tog.

Do not break yarns, continue with right side of roof.

Right side of roof

With MC, using backwards-loop cast on, cast on 15 sts. 16 sts

Row 1 (WS): With MC, k14, k2tog; with RC, pu and p 15 sts along edge of roof towards centre of the square. Pick up

an additional st from wall edge from RS of work and pass previous st over it. 30 sts

Row 2 (RS): With RC, k to colour change, twist yarns at back at colour change, with MC, k to end.

Row 3: With MC, k to 2 sts before colour change, k2tog, twist yarns in front, ssk, k to end, wyif, pick up next st through RS of work along wall edge and pass previous st over it.

2 sts dec'd

Rep the last 2 rows 12 more times. 4 sts
Rep Row 2 once more.

Next Row (WS): With MC, k2tog, twist yarns in front, with RC, ssk, pick up st through RS of work along wall edge, pass previous st over it. 2 sts

Next Row: K1 MC, k1 RC

Next Row: Wyif, slip sts to rhn, pick up st from edge of square and pass both sts over. Tie off.

Corner square (make 8)

With MC, cast on 16 sts, pm, cast on 32 more sts, pm, cast on 16 more sts. 64 sts

Row 1 (WS): [K to 2 sts before m, k2tog, sm, ssk] twice, k to end. 4 sts dec'd

Row 2 (RS): Knit.

Rep the last 2 rows 14 more times. 4 sts

Next Row (WS): K2tog, rm, ssk. 2 sts

Next Row: K2.

Next Row: K2tog.

Draw yarn through remaining st and fasten off.

With RS showing, and the 'arrow' pointing upwards, reattach yarn to top-right corner, and pick up 32 sts evenly across top of work.

Work even in st st for 32 rows. Cast off.

Diagonal square (make 16)

With MC, cast on 32 sts, pm, cast on 32 more sts. 64 sts

Row 1 (WS): K to 2 sts before m, k2tog, sm, ssk, k to end. 2 sts dec'd

Row 2 (RS): Knit.

Rep the last 2 rows 29 more times. 4 sts

Next Row (WS): K2tog, rm, ssk. 2 sts

Next Row: K2.

Next Row: K2tog.

Draw yarn through remaining st and fasten off.

Making up: Using the schematic as a guide, lay out the squares. Each house square alternates with a diagonal or corner square. The diagonal squares (red on schematic) form concentric diamonds around the central house square. The corner squares (blue on schematic) are placed at the conjunctions of the diagonals. Take care to orient diagonal and corner squares correctly. Distribute the coloured house squares randomly in the grid. Sew each column of squares into strips, then sew each of the strips to its neighbour.

Border

Work the border instructions four times, once on each edge of the blanket. Use a different contrast colour each time for the border colour (BC).

With MC, and RS showing, pu and k 212 sts evenly along edge (31 sts from first and last square, and 30 sts from each central square).

Row 1 (WS): K1, Kfb, k to 2 sts before end, kfb, k1. 214 sts

Row 2 (RS): Knit.

Row 3: As Row 1. 216 sts

Rep the last 2 rows once more. 218 sts
Change to BC, rep rows 2-3 6 more times. 230 sts

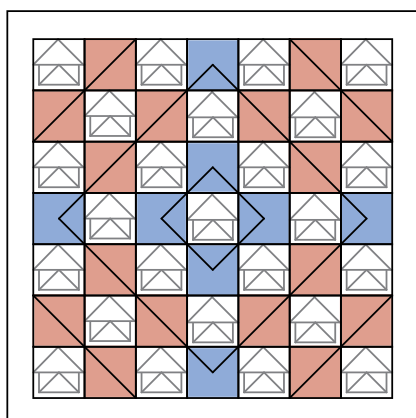
Change to MC, rep rows 2-3 once more. 232 sts




Cast off.

Finishing: Sew the border corners together. Weave in ends. Block to dimensions given in the schematic. ●

SCHEMATIC

105 cm

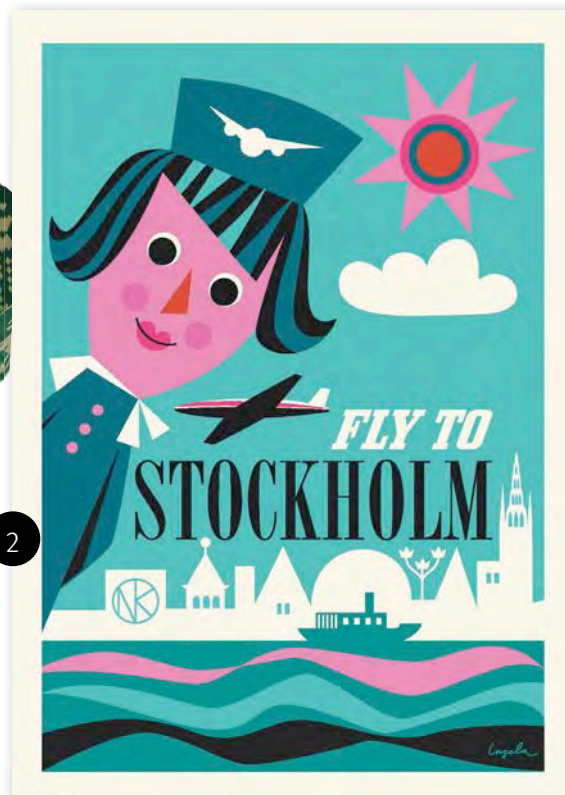


-  House Square
-  Diagonal Square
-  Corner Square





1 For a festive flourish, try these cute Nordic-inspired paper chains. **£5.99**, www.oakroomshop.co.uk



2 This retro travel poster would brighten any room. **£18.95**, www.hunkydoryhome.co.uk

The Wishlist Look North

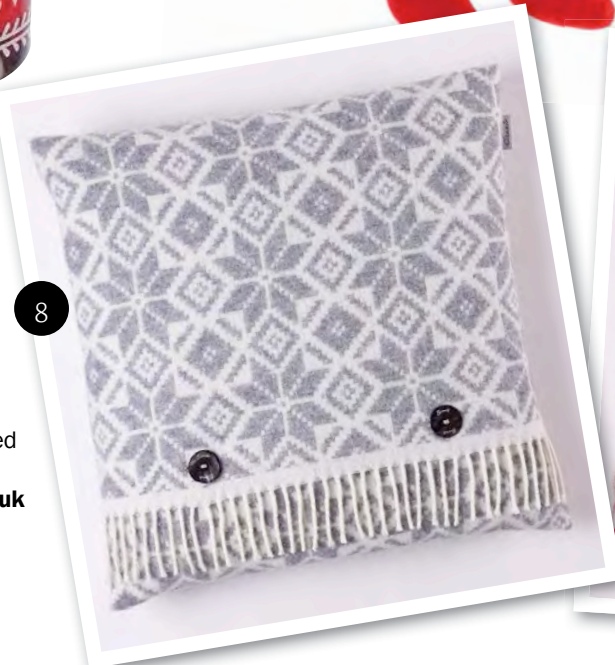
We just can't get enough Nordic inspiration this issue. Here's a selection of Scandinavian goodies for Christmas and beyond



9 Give a room a cosy glow with this cute candle. **£5.99**, www.cotswoldtrading.com

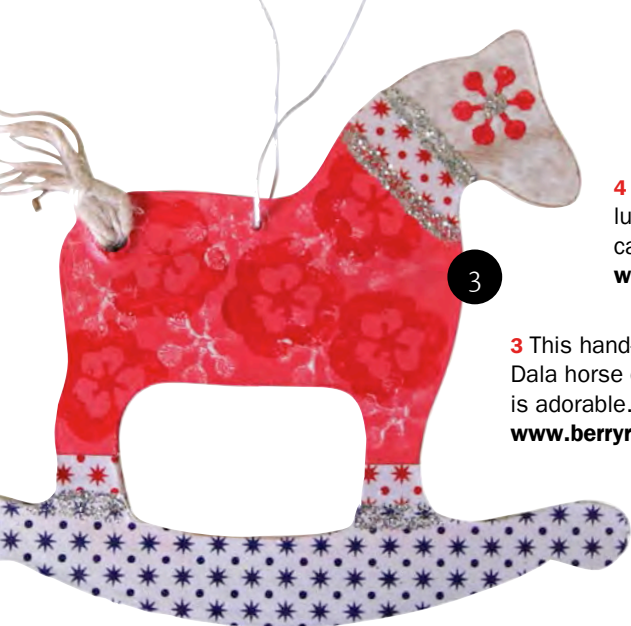


10 Festive felt mice will add a lovely bit of character to your tree. **£5.99 each**, www.oakroomshop.co.uk



8 We'd love these feather-filled Merino cushions for our sofa **£49**, www.annabeljames.co.uk





3

3 This hand-painted Dala horse decoration is adorable. **£7.50**, www.berryred.co.uk

4 Treat yourself to this luxury lambswool and cashmere cushion. **£82**, www.nutmegandsage.co.uk



4



6

6 We love this stylish selection of teatowels and dishcloths. **from £2.95**, www.jangneus.com



5

5 These napkins would take pride of place on any table. **£2.95**, www.luckandluck.co.uk



7

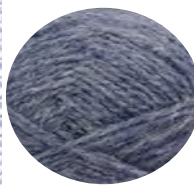
7 This matching stocking and coffee cup are a real bargain! **£1 each**, www.poundland.co.uk

Pining for the fjords



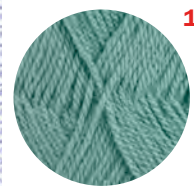
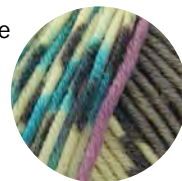
11 Snældan 2-ply (4-ply; 180m per 50g skein; 100% wool) Atlantic Blue. **£4.95**, www.islandwool.co.uk

12 Alafoss Lettlopi (Aran; 100m per 50g ball; 100% wool) Glacier blue heather 1404. **£1.69***, www.alafoss.is



13 Jamieson's Shetland Spindrift (4-ply; 105m per 25g ball; 100% Shetland wool), 170 Fjord. **£2.90**, www.jamiesonsofshetland.co.uk

14 Patons Merino Extrafine DK (DK; 120m per 50g ball; 100% Merino wool), Copenhagen Mix 490. **£3.99**, www.deramores.com



15 DROPS Baby Alpaca Silk (4-ply; 167m per 50g ball; 70% alpaca, 30% silk) Light Sea Green 7402. **£2.50**, www.woolwarehouse.co.uk



16 Stylecraft Nordic (chunky; 66m per 100g ball; 80% acrylic, 20% wool) Fjord 1639. **£3.79**, www.loveknitting.com



*Price converted from foreign currency. Correct at time of going to press

Essentials

Yarn used

Bergere de France
Pur Mérimos Français
8 (9, 10, 11, 12, 13, 14)
balls in Palmier 29539

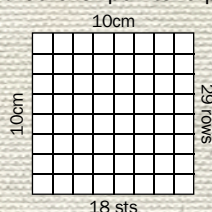
£5.79 from www.loveknitting.com

About the yarn

DK; 121m per 50g ball;
100% Merino wool

Tension

measured over pointelle pattern



Needles used

4.5mm straight
4.5mm circular, 40cm
(needed only for neckband)

Other supplies

stitch marker
tapestry needle

Sizing

XS (S, M, L, 1X, 2X, 3X),
designed to fit with 2.5-7.5cm
positive ease
See schematic for
finished measurements
Shown in size S on Charley
who is a UK size 10

Designed by

Ashwini
Jambhekar

I designed this tunic for winter weekends, because after a week of bundling up in layers and dashing to work, I yearn for something that's easy to wear yet stylish. The side slits on this sweater make it perfect for curling up at home, while the raindrop and lace patterns provide enough interesting detail to wear out on the town. The all-wool content provides warmth for cold days



Singing in the Rain

*The **Raindrops Tunic** by Ashwini Jambhekar is a feminine and sophisticated knit that we're sure you'll love to make*

When decreasing in pointelle pattern, work as follows.

At beginning of row, work 1 st in pattern, then work next 2 sts together as they appear (ssk for knit sts, or p2tog for purl sts). If the two sts are not identical, work them together according to the second stitch.

At end of row, work to within 3 sts of end. Work next 2 sts together as they appear (k2tog for knit sts, or p2tog for purl sts). If the two stitches are not identical, work them together according to the first stitch. Work final stitch in pattern.

It may be necessary to work k3tog at the beginning of the row, and sssk at the end of the row, to maintain pattern and decrease stitches.

Start knitting...

Back

Cast on 73 (81, 89, 97, 105, 113, 121) sts. Work set-up rows 1-3 of raindrop pattern from chart or written directions. 105 (117, 129, 141, 153, 165, 177) sts Work raindrop pattern twice in full, substituting Finishing Row for Row 15 on final repeat. Work pointelle pattern from chart or written directions until work measures 44.5 (44.5, 46.5, 45.5, 45.5, 45.5, 45.5) cm from cast-on edge.

Shape armhole

Cast off 4 (5, 5, 5, 6, 6, 7) sts at beg of next 2 rows. While continuing in pointelle pattern, dec 1 stitch at each edge every RS row 3 (5, 6, 9, 10, 13, 15) times (see Hints and tips on page 4). 59 (61, 67, 69, 73, 75, 77) sts **

Work in pointelle pattern without shaping until armhole measures 17.5 (19, 19, 19.5, 21, 22, 23.5) cm, ending with a WS row.

Shape neck

Maintaining pointelle pattern, work 9 (10, 12, 12, 13, 14, 14) sts. Join second ball of yarn and cast off central 41 (41, 43, 45, 47, 47, 49) sts. Work to end of row. 9 (10, 12, 12, 13, 14, 14) sts each side Working each side with separate balls of yarn, work one WS row.

Shape shoulders

Cast off at each shoulder edge 9 (10, 6, 6, 6, 7, 7) sts once, then 0 (0, 6, 6, 7, 7, 7) sts once.

Front

Work as for back to **.

Shape neck

Work in pointelle pattern without shaping until armhole measures 8.5 (8.5, 7.5, 8.5, 9.5, 11, 11) cm.

Next Row (RS): Work 15 (16, 18, 19, 20, 21, 22) sts. Join second ball of yarn and cast off central 29 (29, 31, 31, 33, 33, 33) sts. Work to end of row. Working each side with separate balls of yarn, work one WS row. 15 (16, 18, 19, 20, 21, 22) sts each side

Shape neck edge

Row 1 (RS): Work across first side. On second side, cast off 2 sts at neck edge.

Row 2: Work across first side. On second side, cast off 2 sts at neck edge.

Rep rows 1-2 once. 11 (12, 14, 15, 16, 17, 18) sts each side

Dec 1 st at each neck edge on every RS row 2 (2, 2, 3, 3, 3, 4) times (see Hints and tips on page 54). 9 (10, 12, 12, 13, 14, 14) sts each side

Work in pointelle pattern without shaping until armhole measures 19 (20.5, 20.5, 21, 22, 23.5, 25) cm, ending with a WS row.

Shape shoulders

Cast off at each shoulder edge 9 (10, 6, 6, 6, 7, 7) sts once, then 0 (0, 6, 6, 7, 7, 7) sts once.

Sleeves (both alike)

Cast on 33 (33, 41, 41, 41, 49, 49) sts.
Work set-up rows 1-3 of raindrop pattern from chart or written directions. 45 (45, 57, 57, 57, 69, 69) sts

Work raindrop pattern once in full, substituting Finishing Row for Row 15. Work in pointelle pattern and work one increase row (see below) every 10th (9th, 11th, 9th, 7th, 7th, 6th) row 3 (2, 9, 7, 7, 11, 16) times, then every 11th (10th, 10th, 10th, 8th, 8th, 7th) row 6 (8, 0, 4, 7, 4, 2) times. 51 (53, 59, 63, 69, 79, 85) sts

Increase Row: Work 1st stitch, m1, work to 1 st before end, m1, work final st. Incorporate increased sts into pointelle pattern, keeping these sts in k5, p3 rib until sufficient sts have been increased to work an additional pattern repeat. Work in pointelle pattern without shaping until sleeve measures 42 (43, 43, 44.5, 44.5, 44.5, 45.5) cm from cast-on edge.

Shape cap

Maintaining pointelle pattern, cast off 4 (5, 5, 5, 6, 6, 7) sts at beg of next 2 rows.

Dec 1 st at each edge on next row (see Hints and tips on page 54), then every other row 4 (3, 5, 7, 8, 26, 28) times, then every 4th row 7 (8, 6, 5, 5, 0, 0) times, then every other row 5 (5, 7, 8, 9, 0, 0) times. Cast off 9 (9, 11, 11, 11, 13, 13) sts on next row.

Finishing: Block all pieces to schematic measurements. Sew shoulder seams. With RS facing, beginning at left shoulder edge, pu and purl 24 (28, 30, 30, 30, 30, 32) sts along left-front neck edge (approximately 3 sts per 4 rows), 24 (24, 26, 26, 28, 28, 28) sts along front neck bottom (approximately 5 sts per 6 cast-off sts), 24 (28, 30, 30, 30, 30, 32) sts along right front neck edge (approximately 3 sts per 4 rows), 4 sts along right back neck edge, 32 (32, 34, 34, 36, 36, 40) along centre back neck (approximately 5 sts per 6 cast-off sts), and 4 sts along left back neck edge. 112 (120, 128, 128, 132, 132, 140) sts
Join to work in the rnd and pm for beg of rnd. Work neckband pattern from chart or written directions in full. Cast off purlwise. Set in sleeve caps. Sew side and sleeve seams, leaving side seams open from bottom edge to start of pointelle pattern. ●

Special abbreviations

K3tog: Knit 3 together.

Sssk: Slip 3 sts individually to RH needle knitwise, knit 3 stitches together through back loops.

For all other abbreviations, see page 95

★★
INTERMEDIATE



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KNIT IN...
weeks

Turn over
for charts and
stitch patterns

Pointelle pattern (multiple of 8+1)

Row 1 (RS): S1, p1, *k2tog, yo, k1, yo, ssk, p3; rep from * to last 7 sts, k2tog, yo, k1, yo, ssk, p2.

Row 2: Sl1, k1, p5, *k3, p5; rep from * to last 2 sts, k2.

Neckband pattern (multiple of 4)

Rnd 1: *P3, (k1, p1, k1, p1, k1) in next st; rep from * to end.

Rnd 2: *P3, k5; rep from * to end.

Rnds 3-4: As Rnd 2.

Rnd 5: *P3, ssk, k1, k2tog; rep from * to end.

Rnd 6: *P3, k3; rep from * to end.

Rnd 7: *P3, sl1-k2tog-ssso; rep from * to end.

Raindrop pattern (multiple of 8 +1)

Set-up Rows:

Row 1 (RS): Sl1, p1, *p6, k1, p1; rep from * to last 7 sts, p7.

Row 2: Sl1, k6, *k1, p1, k6; rep from * to last 2 sts, k2.

Row 3: Sl1, p1, *p6, (k1, p1, k1, p1, k1) in next st, p1; rep from * to last 7 sts, p7.

Pattern Rows:

Row 4 (WS): Sl1, k6, *k1, p5, k6; rep from * to last 2 sts, k2.

Row 5: Sl1, p1, *p6, k5, p1; rep from * to last 7 sts, p7.

Row 6: As Row 4.

Row 7: Sl1, p1, *p6, ssk, k1, k2tog, p1; rep from * to last 7 sts, p7.

Row 8: Sl1, k6, *k1, p3, k6; rep from * to last 2 sts, k2.

Row 9: Sl1, p1, *p2, (k1, p1, k1, p1, k1) in next st, p3, sl1-k2tog-ssso, p1; rep from * to last 7 sts, p2, (k1, p1, k1, p1, k1) in next st, p4.

Row 10: Sl1, k3, p5, k2, *k5, p5, k2; rep from * to last 2 sts, k2.

Row 11: Sl1, p1, *p2, k5, p5; rep from * to last 11 sts, p2, k5, p4.

Row 12: As Row 10.

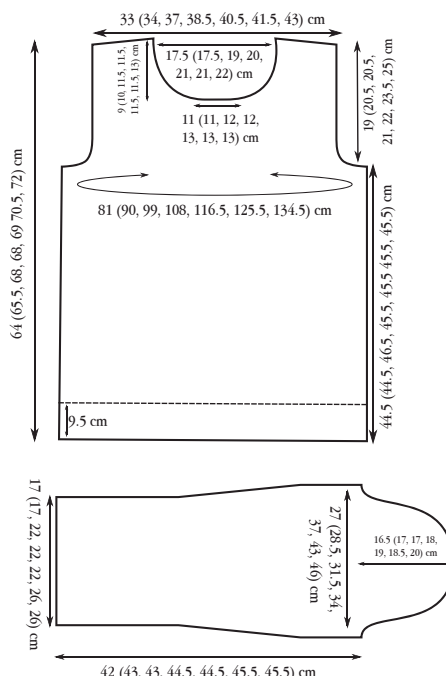
Row 13: Sl1, p1, *p2, ssk, k1, k2tog, p5; rep from * to last 11 sts, p2, ssk, k1, k2tog, p4.

Row 14: Sl1, k3, p3, k2, *k5, p3, k2; rep from * to last to sts, k2.

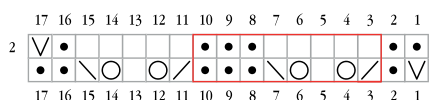
Row 15: Sl1, p1, *p2, sl1-k2tog-ssso, p3, (k1, p1, k1, p1, k1) in next st, p1; rep from * to last 9 sts, p2, sl1-k2tog-ssso, p4.

Finishing Row (RS): S1, p1, *k2tog, yo, sl1-k2tog-ssso, yo, ssk, p3; rep from * to last 9 sts, k2tog, yo, sl1-k2tog-ssso, yo, ssk, p2.

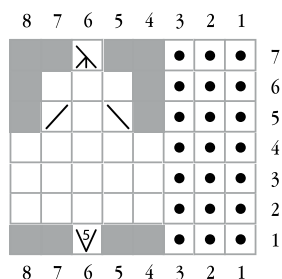
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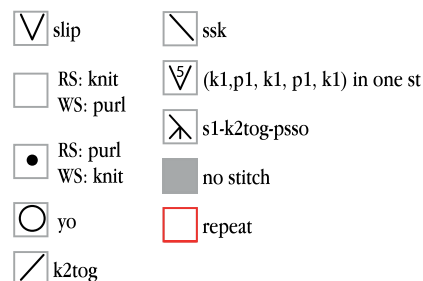
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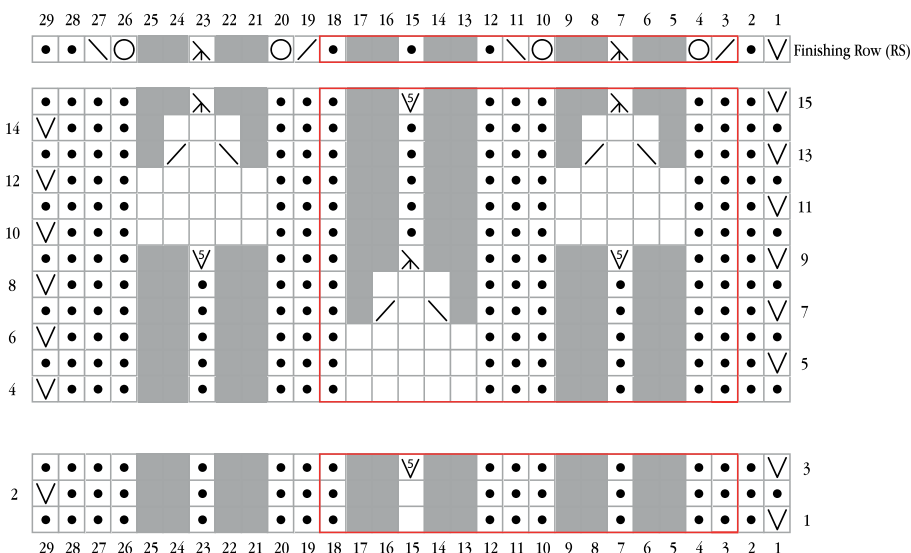
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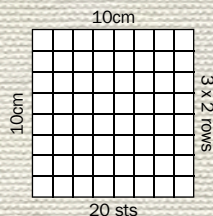
Essentials

Yarn used

Aran-weight yarn
50g in light brown (MC)
5g in dark brown (CC) for nose

Tension

measured over St st



Needles used

4mm straight

Other supplies

100g toy stuffing
2 black 5mm beads
sewing needle & thread
tapestry needle

Sizing

18cm tall

Designed by

Amanda Berry

You can find more of Amanda Berry's cute patterns and useful tutorials on her website,

www.fluffandfuzz.weebly.com



Hints and tips

- This pattern is knitted using smaller needles than usual for Aran yarn. This is to create a nice tight gauge so that the stuffing doesn't show through

Special instructions

Sl1 p-wise wyif: Bring the yarn to the front of the work between the needles, then slip the next stitch p-wise from the LH to RH needle. This gives a smoother edge to the garter-stitch ears.

Man's Best Friend

Bernie the Puppy by Amanda Berry is a quick and easy knit that little ones are sure to love!

Start knitting...

Head and body

Start at the bottom of the puppy's body.
Cast on 9 sts in MC.

Row 1: K1, [kfb] 8 times. 17 sts

Row 2 & all WS rows to 24: Purl.

Row 3: K1, [kfb, k1] 8 times. 25 sts

Row 5: K1, [kfb, k2] 8 times. 33 sts

Row 7: Knit.

Rows 8-24: Rep rows 6-7 nine times.

Row 25: Knit.

Row 26: P1, [p2tog, p2] 8 times. 25 sts

Row 27: Knit

Row 28: P1, [p2tog, p1] 8 times. 17 sts

Row 29: Knit.

Row 30: P1, [p2tog] 8 times. 9 sts

Now continue on these stitches to work the puppy's head.

Row 31: P1, [kfb] 8 times. 17 sts

Row 32 & all WS rows to 64: Purl.

Row 33: K1, [kfb, k1] 8 times. 25 sts

Row 35: K1, [kfb, k2] 8 times. 33 sts

Row 37: K1, [kfb, k3] 8 times. 41 sts

Row 39: K5, [kfb, k9] 3 times, kfb, k5. 45 sts

Row 41: Knit.

Rows 42-47: Rep rows 40-41 3 times. 45 sts

Row 49: K7, [k1, k2tog] 5 times, k2, [k2tog, k1] 5 times, k6. 35 sts

Row 51: K10, [k1, k2tog] twice, k4, [k2tog, k1] twice, k9. 31 sts

Row 53: Knit.

Rows 54-59: Rep rows 52 and 53 3 more times.

Row 61: K1, [k2, k2tog] 7 times, k2. 24 sts

Row 63: K1, [k1, k2tog] 7 times, k2. 17 sts

Row 65: k1, [k2tog] 8 times. 9 sts
Break yarn, thread through rem sts and pull tight to fasten.

Arms (make 2)

Start at the hand.

Cast on 8 sts in MC.

Row 1: K1, [kfb] 7 times. 15 sts

Row 2: Purl.

Row 3: K1, [kfb, k1] 7 times. 22 sts

Row 4: Purl.

Row 5: Knit.

Rows 6 & 7: Rep rows 4-5.

Row 8: P7, [p2tog] twice, p1, [p2tog] twice, p6. 18 sts

Row 9: K7, k2tog twice, k7. 16 sts

Row 10: Purl.

Row 11: Knit.

Rows 12-25: Rep rows 10 and 11 seven times. 16 sts

Row 26: Purl.

Row 27: k2tog 8 times. 8 sts

Break yarn, thread through rem sts and pull tight to fasten.

Feet (make 2)

Start at the top of the foot.

Cast on 15 sts in MC.

Row 1: Knit.

Row 2 & all WS rows: Purl.

Row 3: K2, [kfb, k1] twice, k5, [kfb, k1] twice. 19 sts

Row 5: K7, [kfb] 6 times, k6. 25 sts

Row 7: K7, [kfb, k1] 6 times, k6. 31 sts

Row 9: K10, [kfb, k2] 4 times, k9. 35 sts

Row 11: K10, [k2tog, k2] 4 times, k9. 31 sts

Row 13: K7, [k2tog, k1] 6 times, k6. 25 sts

Row 15: [K2tog] 3 times, k5, [k2tog] twice, k5, [k2tog] twice, k1. 18 sts

This is the bottom of the puppy's foot. Cast off.

Ears (make 2)

Cast on 7 sts in MC.

Row 1: K3, kfb, k to last stitch, sl1 pwise wyif. 8 sts

Row 2 & all WS rows: K to last st, sl1 pwise wyif.

Rows 3 & 4: Rep rows 1-2. 9 sts

Row 5: K4, kfb, k to last stitch, sl1 pwise wyif. 10 sts

Row 7: Rep Row 2.

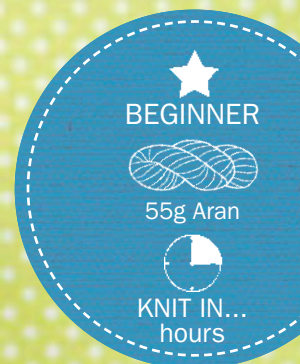
Row 9: K4, kfb, k to last stitch, sl1 pwise wyif. 11 sts

Rows 11 & 13: Rep Row 2.

Row 15: K4, k2tog, k to last stitch, sl1 pwise wyif. 10 sts

Row 17: Rep Row 15. 9 sts

Row 19: K3, k2tog, k to last stitch, sl1 pwise wyif. 8 sts



A little easy embroidery adds a final flourish



Row 21: Rep row 19. 7 sts
Cast off all stitches.

Tail

Cast on 15 sts in MC.

Row 1: Knit.

Row 2: Purl.

Rows 3-10: Rep rows 1-2 four times.

Row 11: [K2tog] 7 times, k1. 8 sts

Break yarn, thread through rem sts and pull tight to fasten.

Nose

Cast on 5 sts in CC.

Row 1: [Kfb] 5 times. 10 sts

Row 2 & all WS rows: Purl.

Rows 3 & 5: Knit.

Row 7: [K2tog] 5 times. 5 sts

Break yarn, thread through rem sts and pull tight to fasten.

Making up:

Head and body: Sew the side edges together, working from the top of the head (cast-off stitches) to the bottom of the body (cast-on stitches). Add stuffing as you sew. This seam runs down the centre back of the puppy. Finish by gathering the cast-on stitches together at the bottom of the body.

Arms: Sew the side edges together, working from the top of the arm (cast-off stitches) to the paw (cast-on stitches). Add stuffing as you sew. Finish by gathering the cast-on stitches together at the bottom of the paw. Sew the top of each arm to the top side of the puppy's body.

Feet: Fold the foot piece in half and, leaving the cast-on edge at the top open, sew the side edges and cast-off edge together. Add some stuffing through the opening at the top of the foot. Sew this cast-on edge to the puppy's body.

Ears: Weave the cast-off tail into the knitted piece to hide the end. Sew the cast-on edge to the top of the puppy's head.

Tail: Sew the side edges together, working from the tip of the tail (cast-off stitches) to the end (cast-on stitches), leaving the cast-on edge open. Add stuffing through the open edge. Sew the cast-on edge of the tail onto the back of the puppy's body.

Nose: Sew a running stitch around the outer edges of the knitted piece and pull tightly to gather up. Make a small button nose with the smooth side facing

outwards. Secure the yarn to finish (keep the yarn tail to sew the nose onto the puppy's head). The gathered stitches will be hidden on the back of the nose. Sew the nose onto the puppy's face.

Finishing: Add the features by sewing a line from the nose down to the neck in dark brown yarn. Using black embroidery thread or yarn, sew three small cross-stitches on either side of the nose. Sew on two black 5mm beads for the puppy's eyes.



The THREAD

Finding Inspiration Online

With so much inspiration available on the web, it's hard to know where to start looking. These are Kate's picks for the best of the net this month

Felicity Ford

When Felicity had the unique idea for her **KNITSONIK Stranded Colourwork Sourcebook**, she turned to the knitting community, rather than book publishers, to help make it a reality.



In your own words, tell us a little about the premise of KNITSONIK Stranded Colourwork Sourcebook

The main premise is that the world around us is full of hidden beauty and inspiration that deserves to be celebrated in our knitting. Also, I wanted to show that creativity is not mysterious, and that anyone can learn the practical steps between becoming inspired and making something wonderful. The book contains a how-to section called The KNITSONIK System and includes twelve case studies, breaking down the processes of finding inspiration, creating a palette, discovering patterns and experimenting with shading. Accessory patterns at the back of the book contain blank-chart templates so that keen knitters can start designing their own legwarmers or fingerless mitts right away.

What was the most interesting or unusual inspiration you took for a stranded knit in the book?

I think the swatch based on EDDIE – my Edirol R-09 handheld sound recorder – is perhaps the most unusual inspiration in the book, because at first glance it seems totally unremarkable and non-picturesque. In the book, the case study for knitting from EDDIE really shows how the hidden beauty in treasured objects can be teased out through creative processes.

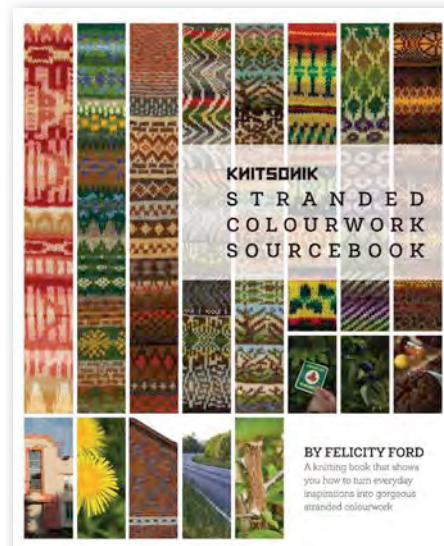
Why did you decide to turn to Kickstarter (an online crowd-funding ideas platform) instead of the traditional book-publishing route?

Ysolda Teague echoed my own feelings in her review of **KNITSONIK Stranded Colourwork Sourcebook**: "I can't help but think that if it hadn't been self-published, this book would have lost some of what makes it so special. More patterns would have been insisted upon, at the cost of space to encourage readers to give things a try for themselves. It might have been a good and useful book, but I'm not sure it would have been nearly such a great one."

Also, I really had a lot of energy and enthusiasm for this book when I ran the Kickstarter campaign, and could see a route to getting the book produced in six months, from start to finish, doing it under my own steam, and I was not sure I would find anyone who would want to publish the exact book that I had in mind!

It's a bit of a superstar editorial team with you, Kate Davies and Tom of Holland among it – how did their input influence what you produced?

Although we work in different ways, Tom and I share a passion for wool, for embedding meaning in hand-knitted garments and for making and mending. I felt from the outset that Kate and Tom understood the essence of the book and were wholly supportive. I think you can really see their influence in the flow and quality of the text, and their feedback and general enthusiasm really helped my confidence to grow as I worked on the book. Kate helped me find the right editorial voice for different sections while Tom applied his signature precision to streamlining the patterns and the technical sections.



Which part of the process was the most fun and most challenging for you?

The whole process of making the book was – like the swatching process it describes – a messy and beautiful fun adventure. There were a lot of really fun moments but the high points that leap out for me are: getting up early to photograph the sunrise on the old Art Deco factory; writing the plants chapter at the height of summer, when I was so inspired by my actual garden; seeing Nic's first proofs of The KNITSONIK System (I was blown away); and visiting the printers in Berkshire to see all those months of work coming together into an actual book.

Buy your copy of **KNITSONIK Stranded Colourwork Sourcebook** from www.knitsonik.bigcartel.com and read the full interview over at www.knitnowmag.co.uk





Caramia

Do you ever get completely fixated on a particular knitting technique? If you follow me on Instagram (www.instagram.com/KateHeppell), you'll see that for well over a year now I've been absolutely obsessed with stranded knits. Even when I'm buying yarn, I won't buy a just single skein these days – I have to find a set of two or more colours which work together so that I can use them for a colourwork pattern.



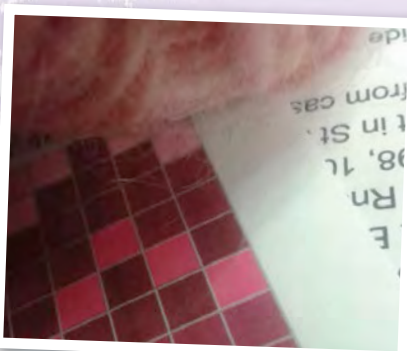
This issue feels like the culmination of that obsession. Nordic knits of course are famous for their use of stranded colourwork, so when I put the call out to my designers for this issue, I was expecting at least one person to come back with an idea based on an Icelandic *Lopapeysa* jumper – I thought it was an obvious idea, and I'd even included a couple on my mood board. However, nobody did! Initially I was disappointed but then I realised that this meant I had an excuse to design one myself.

I've always loved this style of jumper. Earlier in the year when I visited the Unravel Festival of Knitting in Farnham (www.craft.farnhammaltings.com/portfolio/unravel-festival) I fell in love with the neon colours available from Icelandic knitting company Alafoss (www.alafoss.is) and I made a note to



keep it in mind for designs. I hadn't imagined that I'd be able to use it myself, but I was excited at the prospect as I love using traditional 'woolly' wool.

I kept the design simple so that it would be achievable for most knitters, and therefore it was a super-quick knit. Admittedly, I was knitting a small size for our lovely model Bronte, but it really did knit up ridiculously fast! It would definitely be achievable in less than a week if you're a reasonably fast knitter like me. I think it took longer to dry after washing than it did to knit – although that might have more to do with the damp Manchester weather! I would make one recommendation to anyone embarking on this pattern – or any other pattern using Lopi wool – don't knit in bed! The yarn is prone to shedding while you're knitting and those little hairs can be rather uncomfortable. Other than that, lopi is wonderfully easy to work with and I hope you enjoy knitting this little jumper as much as I did.



Bookmark THESE!

ELINE OFTEDAL

www.thehighnorth.blogspot.co.uk

Eline is a Norwegian knitting designer based in Oslo who epitomises Scandi style with her chic colourwork designs. Check her out on Ravelry, or head over to her blog, where you'll find her signature stranded patterns and design musings.



KARINA WESTERMANN

www.fourth-edition.co.uk

Karie is well equipped to be our guide to Scandi styles this issue, hailing from Denmark herself. And with a big interest in Nordic knits, including her new book *Doggerland* inspired by a lost Scandinavian landscape, her blog is a must read!



MIDWINTER YARNS

www.midwinteryarns.blogspot.co.uk

Swedish knitter, designer and yarnie Estelle is one of those wonderful people who we love for introducing us to exciting and interesting yarns. Her blog is full of inspiration and her enthusiasm for the unusual Scandinavian yarns she stocks is infectious.



BLENDOKU

www.blendoku.com

We've seen this (ever-so-slightly addictive) colour-matching game recommended as a way to buff up your ability to pick matching colour combinations in stranded knits. And it's true – we've only played it a few times, but we've had some interesting ideas!



RAVLERY SPOTLIGHT:
NORDIC KNITTING

www.ravelry.com/groups/nordic-knitting

A group to discuss and present Nordic-style designs, from traditional Icelandic sweaters to modern designers. It's a group open to everyone, so get your finished objects from this issue up for discussion!

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The Challenge

Wendy Aspire Chunky

This month we asked our Design Team to create something new using less than 100g of yarn. These are the designers who rose to the challenge

About the designers...



Szilvia Linczmaier

Snowflake Hat

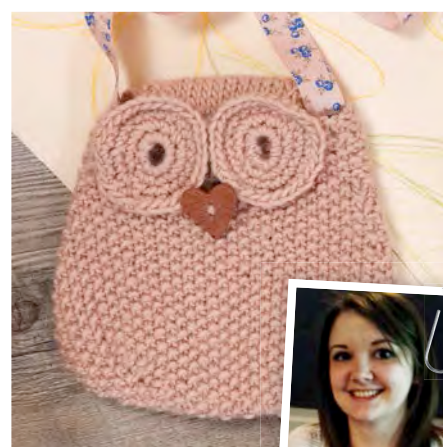
The inspiration for this hat came from a family winter holiday in the mountains. The snow and the cold but sunny weather made me think about a design that resembles snowflakes – loose and lacy, warm but airy.



Clare Devine

Crumpet Mitts

Crumpet was inspired by the gorgeous texture on the top of hot, buttered crumpets (the perfect winter-morning snack). Knitted using chunky wool, they work up quickly and will keep your hands warm and snug.



Kim Dickinson

Owl Bag

This bag combines two of my favourite things – chunky knits and owls! The chunky wool means it is quick to knit, so makes the perfect last-minute Christmas gift.

About the yarn...

When we were first given a sneaky preview of this gorgeous new yarn from Wendy, we got excited straight away because we knew that it would be just perfect for some quick, last-minute winter knits – if it's chilly today, you could buy a ball on your way home, knit it into a hat tonight and be wearing it tomorrow! Wendy

Aspire is a chunky yarn with real depth. The colours are a beautiful collection inspired by nature, with the deep pollen and willow shades combined with natural blends of wool and alpaca. It's wonderfully lightweight and lofty for garments, and it would felt brilliantly too. All in all, a top-quality yarn and one that we thoroughly recommend checking out!

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Turn over to see the results...





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Essentials

Yarn used

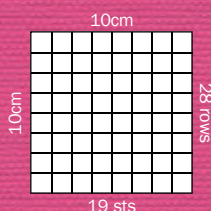
Wendy Aspire Chunky
1 ball in Down 3241

About the yarn

Chunky; 140m per 100g ball; 80% wool, 20% alpaca

Tension

measured over St st on
larger needles



Needles used

3.5mm DPNs
4mm DPNs

Other supplies

stitch marker

Sizing

One size

Special abbreviations

Pfb: Purl one through the front then through the back (same stitch). 1 st inc'd

For a full list of abbreviations, see page 95

Hints and tips

- The 4mm needles seem to be too thin for the chunky yarn, but it's worth working at this tight tension – the result will be a real winter hat that highlights the lace pattern beautifully
- Working a long-tail cast on over two needles makes the brim extremely stretchy. I used this method for the sample
- Use a bowl or a balloon for blocking the hat

Let It Snow

Szilvia Linczmaier's Snowflake Hat was inspired by her family and their winter vacations spent in the mountains

BEGINNER

100g Chunky

KNIT IN...
hours



Turn over
for charts and
stitch patterns

Start knitting...

Cuff

With smaller needles, cast on 96 sts. Join to work in the rnd, being careful not to twist. Pm to mark beg of rnd.

Next Rnd: *Ktbl, p1; rep from * to end. Rep this rnd 11 more times.

Work Rnd 1 of body from chart or written directions, repeating sts around. 108 sts Change to larger needles.

Work rnds 2-15 from body chart or the written directions.

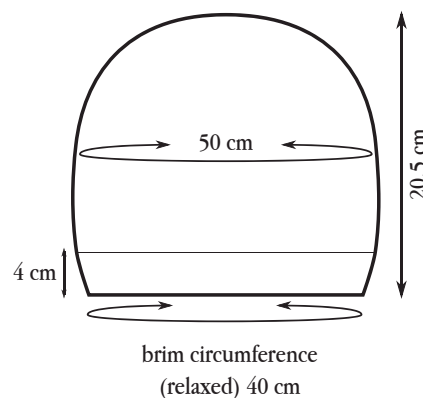
Work rnds 6-15 once more then rnds 6-13 once more.

Shape crown

Work rnds 1-10 from crown chart or written directions, repeating sts around. Break yarn and thread through rem sts. Pull tight to fasten.

Finishing: Weave in ends and wet block to dimensions given in schematic. ●

SCHEMATIC



Stitch patterns

Body

Rnd 1 (set-up rnd): *[Yo, ssk, p1, p1fb] twice, p6; rep from * to end. 108 sts

Rnds 2-5: *[K2, p3] twice, k2, p6; rep from * to end.

Rnd 6: *[K2tog, yo, p3] twice, k2tog, yo, p6; rep from * to end.

Rnds 7-10: As rnds 2-5.

Rnd 11: *[Yo, ssk, p3] twice, yo, ssk, p6; rep from * to end.

Rnds 12-15: As rnds 2-5.

Crown

Rnd 1 (dec rnd): *[K2, p3] twice, k2, [p1, p2tog] twice; rep from * to end. 96 sts

Rnd 2: *[K2, p3] twice, k2, p4; rep from * to end.

Rnd 3 (dec rnd): *[K2tog, yo, p1, p2tog] twice, k2tog, yo, p4; rep from * to end. 84 sts

Rnd 4: *[K2, p2] twice, k2, p4; rep from * to end.

Rnd 5 (dec rnd): *[K2, p2tog] twice, k2, p4; rep from * to end. 72 sts

Rnd 6: *[K2, p1] twice, k2, p4; rep from * to end.

Rnd 7 (dec rnd): *[K2, p1] twice, k2, [p2tog] twice; rep from * to end. 60 sts

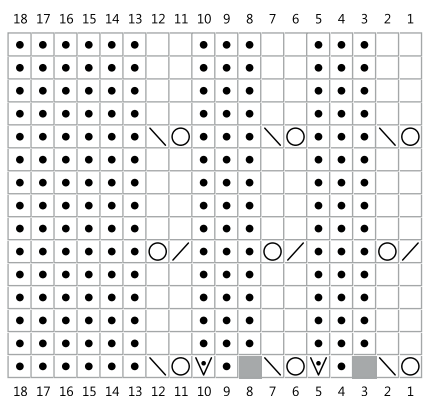
Rnd 8 (dec rnd): *Ssk, p1, yo, ssk, p1, ssk, p2; rep from * to end. 48 sts

Rnd 9 (dec rnd): *Ssk, [k2tog] twice, p2tog; rep from * to end. 24 sts

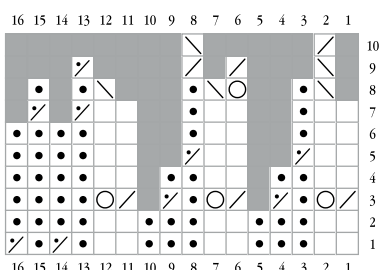
Rnd 10 (dec rnd): *K2tog, ssk; rep from * to end. 12 sts

Break yarn and thread through rem sts. Pull tight to fasten.

BODY CHART



CROWN CHART



□ knit ■ purl / k2tog \ ssk / p2tog ○ yo ▽ pfb ■ no stitch

Simply Cosy

Clare Devine's Crumpet Mitts are a quick and easy knit featuring a simple textured panel

Start knitting...

With smaller needles, cast on 24 (28, 32) sts.

Use the German Twisted cast on (see instruction on page 75) to create a strong but stretchy edge.

Join to work in the rnd, being careful not to twist. Pm to mark beg of rnd.

LEFT MITT

Cuff

Rib Rnd: *K2 tbl, p2; rep from * to end. Rep Rib Rnd until work measures 6 (7, 8) cm, or desired cuff length. ** Change to larger needles.

Rnd 1: K2, m1, [k1, p1] 4 (5, 6) times, k1, m1, k2, m1, k9 (11, 13), m1, k2. 28 (32, 36) sts

Rnd 2: K3, [p1, k1] 4 (5, 6) times, p1, k to end.

Rnd 3: K4, [p1, k1] 4 (5, 6) times, k to end.

Rep rnds 2 and 3 until work measures 13 (15, 17) cm from cast-on edge.

Thumb placement

Next Rnd: Work 16 (19, 22) sts as set, then using waste yarn, k4 (5, 6), slip these 4 (5, 6) sts from RH needle back to LH needle, then using main yarn, k these same sts again, k to end.

Continue in patt as set working rnds 2 and 3 until work measures 21 (23, 24) cm from cast-on edge.

Decreases

Set-up Rnd: Work 14 (16, 18) sts in patt as set, pm, k to end.

Rnd 1: K1, ssk, work in patt as set to 3 sts before m, k2tog, k1, sm, k1, ssk, work to last 3 sts, k2tog, k1. 24 (28, 32) sts

Rnd 2: Knit.

Rep rnds 1 and 2 until 16 sts rem, then work Rnd 1 twice more. 8 sts

Arrange 4 sts on each of two DPNs and using Kitchener stitch, then graft the mitt closed.

Alternatively, break yarn, leaving a 20cm tail, and thread through rem sts. Pull tight to fasten.

Essentials

Yarn used

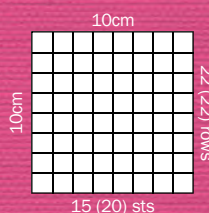
Wendy Aspire Chunky
1 ball in Cayenne 3245

About the yarn

Chunky; 140m per 100g ball; 80% wool, 20% alpaca

Tension

measured over St st (2x2 twisted rib)



Needles used

5.5mm DPNs
6mm DPNs

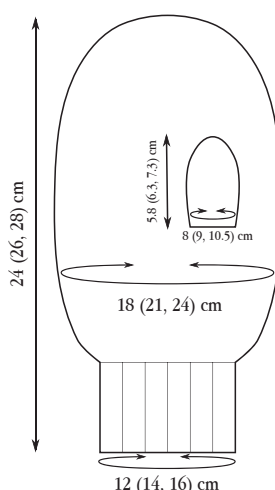
Other supplies

waste yarn
darning needle

Sizing

S (M, L) designed to fit with 0-2cm positive ease

SCHEMATIC





RIGHT MITT

Work as for left mitt to **.
Change to larger needles.

Rnd 1: K1, m1, [k1, p1] 4 (5, 6) times, k1, m1, k4, m1, k9 (11, 13), m1, k1. 28 (32, 36) sts

Rnd 2: K2, [p1, k1] 4 (5, 6) times, p1, k to end.

Rnd 3: K3, [p1, k1] 4 (5, 6) times, k to end.

Rep rnds 2 and 3 until work measures 13 (15, 17) cm from cast-on edge.

Thumb placement

Next Rnd: Work 22 (25, 26) sts as set, then using waste yarn, k4 (5, 6), slip these 4 (5, 6) sts from RH needle back to LH needle, then using main yarn, k these same sts again, k to end.

Continue in patt as set working rnds 2 and 3 until work measures 21 (23, 24) cm from cast-on edge.

Work decrease section as for left mitt.

Thumbs (both alike)

Set-up Rnd: With larger needles, carefully unravel the waste yarn, picking up 4 (5, 6) sts above, and 4 (5, 6) sts below it. 8 (10, 12) sts

To close the gaps at either side of the thumb, m1 using the bars between the two sets of live sts as follows.

Rnd 1: *M1, k4 (5, 6), m1; rep from * to end. 12 (14, 16) sts

Rnd 2: Knit.

Work even until thumb measures 4.5 (5, 6) cm, or 1.25cm short of desired length.

Next Rnd: *K1, ssk, k0 (1, 2), k2tog, k1; rep from * to end. 8 (10, 12) sts

Next Rnd: *Ssk, k0 (1, 2), k2tog; rep from * to end. 4 (6, 8) sts

SIZE L ONLY

Next Rnd: [Ssk, k2tog] twice. 4 sts
Break yarn, leaving a 20cm tail, and thread through rem sts.

Pull tight to fasten.

Weave in ends and block lightly. 🌸

Hints and tips

- Use a smooth cotton yarn for your waste yarn – it makes picking up the stitches much easier when you come to add the thumb
- Leave a long tail on either side of your waste yarn. Tie this into a loop after you have placed the stitches for the thumb. You can then loosen the stitches and stick your thumb through the gap to try on the mitten as you go, helping you to get the best possible fit for your hand

Essentials

Yarn used

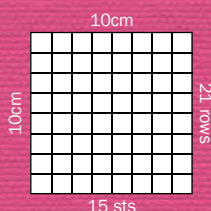
Wendy Aspire Chunky
1 ball in Aspen 3242

About the yarn

Chunky; 140m per 100g ball; 80% wool, 20% alpaca

Tension

measured over St st



Needles used

6mm straight

Hook used

6mm crochet hook

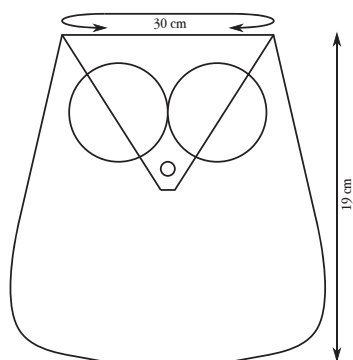
Other supplies

3cm heart button
1.5m ribbon
tapestry needle

Sizing

One size

SCHEMATIC



Hints and tips

- When sewing the button in place, fold over the flap and use a stitch marker to mark the position. You can then move the flap out of the way and attach the button in the correct place

What A Hoot!

Kim Dickinson's design combines knitting and crochet to create this cute Owl Bag

Start knitting...

Front

Cast on 11 sts.

Row 1 (RS): [Kfb] twice, *k1, p1; repeat from * to last 3 sts, k1, [kfb] twice. 15 sts

Row 2: *K1, p1; rep from * to last st, k1.

Row 3: Kfb, p1, kfb, *p1, k1; rep from * to last 4 sts, [p1, kfb] twice. 19 sts

Row 4: Kfb, k1, p1, kfb, *k1, p1; rep from * to last 5 sts, k1, kfb, p1, k1, kfb. 23 sts

Row 5: *K1, p1; rep from * to last st, k1.

Row 6: As Row 5.

Row 7: Kfb, p1, k1, p1, kfb, *p1, k1; rep from * to last 6 sts, p1, kfb, p1, k1, p1, kfb. 27 sts

Row 8: Kfb, [k1, p1] twice, kfb, *k1, p1; rep from * to last 7 sts, k1, kfb, [p1, k1] twice, kfb. 31 sts

Row 9: [K1, p1] 3 times, kfb, *p1, k1; rep from * to last 8 sts, p1, kfb, [p1, k1] 3 times. 33 sts

Row 10: [K1, p1] 3 times, kfb, *k1, p1; rep from * to last 8 sts, k1, kfb, [p1, k1] three times. 35 sts

Rows 11-18: *K1, p1; rep from * to last st, k1.

Row 19: Ssk, *k1, p1; rep from * to last 3 sts, k1, k2tog. 33 sts

Rows 20-24: *P1, k1; rep from * to last st, p1.

Row 25: Ssk, *p1, k1; rep from * to last 2 sts, k2tog. 31 sts

Rows 26-28: *K1, p1; rep from * to last st, k1.

Row 29: As Row 19. 29 sts

Row 30-32: *P1, k1; rep from * to last st, p1.

Row 33: As Row 25. 27 sts

Rows 34-36: *K1, p1; rep from * to last st, k1.

Row 37: As Row 19. 25 sts

Rows 38-44: *P1, k1; rep from * to last st, p1.

Row 45: As Row 25. 23 sts **

Cast off.

Back & flap

Work as for front to **. 23 sts

Row 1: *K1, p1; rep from * to last st, k1.

Rows 2-3: Purl.

Row 4: K1, p1, k to last 2 sts, p1, k1.

Row 5 (and all odd rows to Row 19): K1, p to last st, k1.

Row 6: K1, p1, ssk, k15, k2tog, p1, k1. 21 sts

Row 8: K1, p1, ssk, k13, k2tog, p1, k1. 19 sts

Row 10: K1, p1, ssk, k11, k2tog, p1, k1. 17 sts

Row 12: K1, p1, ssk, k9, k2tog, p1, k1. 15 sts

Row 14: K1, p1, ssk, k7, k2tog, p1, k1. 13 sts

Row 16: K1, p1, ssk, k5, k2tog, p1, k1. 11 sts

Row 18: K1, p1, ssk, k3, k2tog, p1, k1. 9 sts

Row 20: [Ssk] twice, k1, [k2tog] twice. 5 sts

Row 21: K1, cast off 3 sts, leaving st used for cast off on RH needle. 2 sts

Row 22: K1, cast on 1 st, k1. 3 sts

Row 23: K3tog.

Break yarn and thread through rem sts. Pull tight to fasten.

Eyes (both alike)

Ch 6. Join to work in the rnd, being careful not to twist.

Rnd 1: 1 ch, work 10 dc into ring, join with a sl st in to first dc of rnd. 10 sts

Rnd 2: 1 ch, 2 dc in each st around, sl st into first dc of rnd. 20 sts

Rnd 3: 1 ch, dc in each st around, sl st into first dc of rnd.

Rnd 4: 1 ch, *2 dc in to next st, 1 dc in to next st; rep from * around ending with a sl st into first dc of rnd. 30 sts
Fasten off and break the yarn.

Finishing: With wrong sides facing each other, sew the side and bottom seams of the two bag pieces together using mattress stitch. Attach the button in place, approximately one third of the way down the front of the bag. Fold over the flap and button it in place. Sewing into the back of the crochet eye, sew three stitches from each eye together to join. Position the eyes in place on the front of the bag, on top of the flap. Sew the outside edge of the eye that is touching the body of the bag in place. Attach the ribbon by sewing it to the inside of each side. Weave in loose ends. ♦

Special abbreviations

K3tog: Knit 3 together.

For all other abbreviations, see page 95

★★
INTERMEDIATE

100g Chunky

KNIT IN...
hours

Use a little basic
crochet to make
the eyes

Back to Basics: Stranded Knitting



Words: Debbie Tomkies

Illustrations: Ellen Lindner

Stranded colourwork (also known as Fair Isle) is surprisingly easy to do when you know how! Here's Debbie's simple guide to the basics

Since this is our Nordic knits special, we thought it would be a great time to go over the basics of the stranded-knitting technique. In stranded knits, patterns are worked in stocking stitch, normally from charts, using colours or symbols to indicate colour changes.

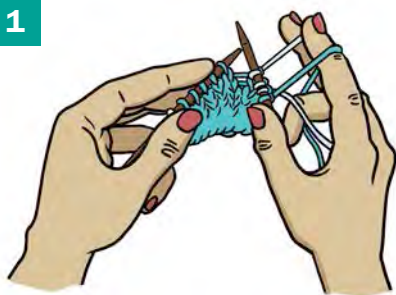
HOLDING THE YARN

Although there are other methods, for beginners who are not accustomed to knitting with a yarn in each hand this technique is excellent. Both yarns are held in one hand, keeping one on the first finger and one on the middle finger. It takes a little practise, but once mastered, it is easy to employ and avoids much of the yarn tangling that can otherwise occur.

STRANDING

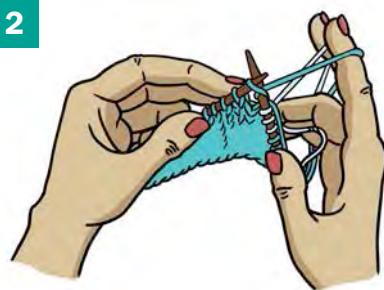
When changing colours, the yarn not in use – referred to as the 'float' or 'float yarn' – is carried across the wrong side of the work by 'stranding'. Stranding works brilliantly where colour changes are frequent (no more than four or five stitches apart). It produces a light, stretchy fabric and is relatively economical on yarn.

1



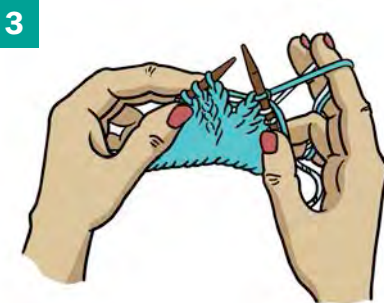
Hold Yarn A (white) over middle finger, Yarn B (teal) over first finger. Keeping tension equal on both yarns, hold first finger slightly forward and to R, out of the way of middle finger. Knit in A until first colour change.

2



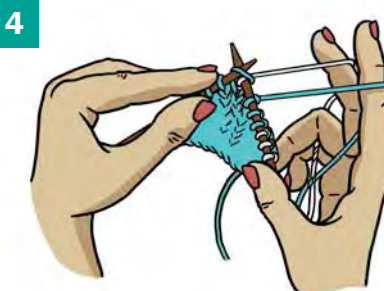
To change to B, keeping tension on both yarns equal, take middle finger back slightly and to R to keep it out of the way of the first finger. Using first finger, bring Yarn B over A and knit with B (note: there is no need to twist the yarns together).

3



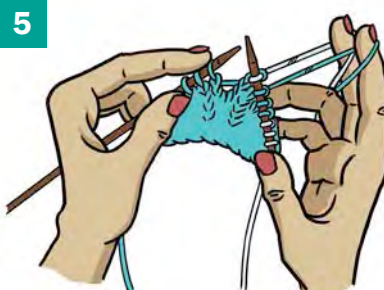
Complete stitch in B as normal. Check that float (which lies over A) is not tight (see Top tips).

4



Work in B to next colour change then move first finger to R slightly. Using middle finger, bring A up from underneath B and knit next stitch in colour A.

5



Complete stitch A as normal. Check that floats are not tight.

6



Work in A to next colour change then to change to colour B, bring yarn B over A and knit with B.

Repeat these steps, changing yarns according to the chart until the end of the row. At the end of the row, if this method has been used correctly, the yarns should not be tangled. Check that when the fabric is slightly stretched, the floats are not pulling it in.

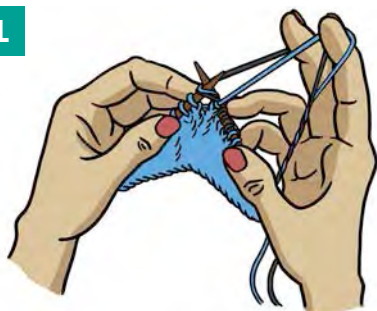
YARNS

For good pattern definition, a 100% wool yarn is traditionally used. Other yarns will work, and fun effects can be achieved using thicker and textured yarns. Slippery yarns can prove challenging for beginners as there is no 'grip' to hold the stitches in place and it can be difficult to maintain an even tension.

WEAVING IN AND CATCHING STITCHES

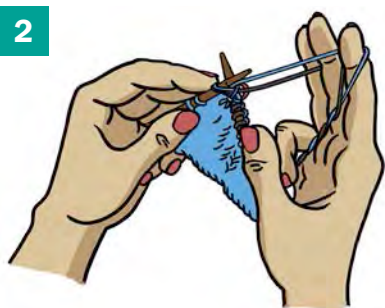
Some designs require you to 'weave in' the unused yarn on the back of the work – either because floats would snag or where a sturdier fabric is required (where every stitch can be woven in), or where the distance between colour changes is too long (in which case, you can 'catch' every fourth or fifth stitch).

1



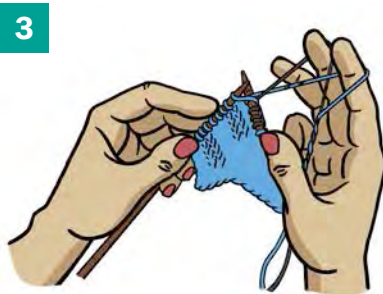
To work a K st in A (soft blue), Yarn B (charcoal) is woven in. Hold A over first finger, B over middle finger. Insert RH needle to begin K st as normal. Take B in front of LH needle and behind RH needle and hold B towards the back.

2



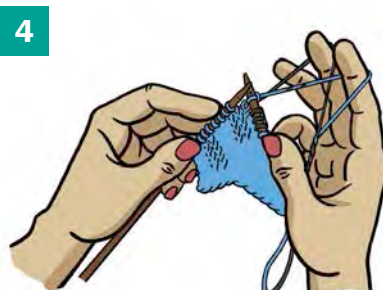
Wrap A around RH needle to begin K st but before completing the st, bring B back round RH and LH needles (ie, reversing Step 1).

3



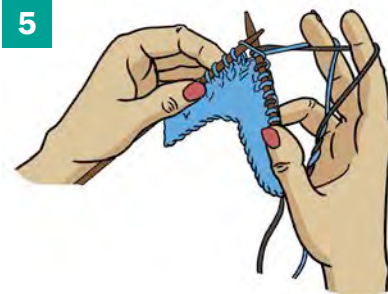
Note how B now lies over A. Leaving B in this position, complete the K st with A.

4



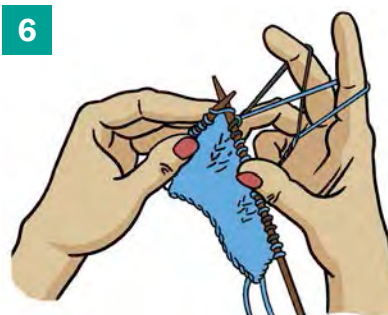
Leaving B over A, K the next st as normal in A. If the next st is worked in A, repeat steps 1-3, otherwise, change to B, bringing B up from under A. The yarns should not be twisted at this point.

5



When you are ready to change to K in yarn B, A is woven in. Insert RH needle into st and wrap A round RH needle as for K st, holding yarn forward to keep out of way of yarn B, then wrap B round RH needle in same way.

6



Take A only back around needle (yarn A will lay across yarn B at this point). Holding A towards front, complete K st in B. With A still over B, keep A towards front and K next st in B. If the next st is worked in B, repeat steps 5-6, otherwise, change to A as above, bringing A across front of B. The yarns should now not be twisted.

Top tips

- Editor Kate's favourite use of weaving in is a great time-saving trick – when you start a new ball of yarn, you can 'weave in' your yarn ends at the same time as you knit the next row. It takes some practice but this works in plain knitting as well as stranded knitting!
- When working large motifs or spread-out patterns, the stranding technique may not be suitable as the floats will be too long and prone to snagging when the item is in use. Consider weaving in, 'catching in' or intarsia
- With the weaving technique, it may be possible to see the woven-in threads, particularly with high-contrast colours such as black and white. Swatch carefully if this is likely to be an issue
- Check regularly for correct tension – your fabric should have enough 'give' in it to allow it to stretch, and it should not pull in. This is particularly important with weaving in as the fabric can be very dense and hard if the tension is too tight. Test regularly by gently stretching the fabric (at least every row) during working and, if the fabric is pulling in, take the work back and redo it

'STRANDED' OR 'FAIR ISLE'?

Fair Isle is a term with which many knitters will be familiar but one that is often misused to describe any type of colourwork. True Fair Isle is the product of the Scottish island of Fair Isle, and the right to describe articles as such has been a long-fought battle with the islanders of this remote and beautiful location! With delightful names such as peeries, waves and peaks, stars and seeding, careful selection of colours enables the knitter to create crisp, clear motifs and repeating patterns in horizontal bands. At *Knit Now*, to avoid confusion, we generally only use the term Fair Isle to describe a pattern which has a stranded design inspired by the Shetland tradition with short floats, and which uses only two colours per row – preferably using Shetland wool.

Essentials

Yarn used

Navia Duo

1 ball each in yellow N218, navy N224, dark turquoise N222, purple N219, pink N215, lime N217 & red N214

(Less than half a ball of each used)

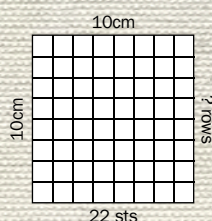
£5.10 From www.islandwool.co.uk

About the yarn

4-ply; 180m per 50g ball; 100% wool

Tension

measured over colourwork on larger needles



Needles used

3mm DPNs
3.5mm DPNs

Sizing

One size, fits age 7-13

Cat's Cradle

*These cute socks, designed by **Sára Mrdalo** for **Navia**, feature pretty colourwork in cosy wool*

Start knitting...

With smaller DPNs and yellow, cast on 50 sts.

Work 10 rnds in 1x1 rib.

Change to larger needles and work chart 1 in full. 40 sts

Finish with the 1 round of dark turquoise, and at the same time make an increase of 2 sts on the instep, so that there are now 23 sts for the instep and 20 sts for the heel.

Heel

Work 16 rows back and forth, following chart 2 over the 20 heel sts (across the centre of the back).

Then turn the heel as follows.

Row 1: (RS) K12, k2tog into the back of the stitch, k1, turn the work.

Row 2: (WS): P6, p2tog, p1, turn the work.

Row 3: K7, K2tog into the back of the stitch, k1, turn the work.

Row 4: (WS): P8, p2tog, p1, turn the work.

Row 5: K9, K2tog into the back of the stitch. k1, turn the work.

Row 6: (WS): P10, p2tog, p1, turn the work.

Row 7: K11, Kk2tog into the back of the stitch, turn the work.

Row 8: (WS): P11, p2tog.

There are now 12 sts remaining for the heel.

Pick up 11 sts along each side of the heel, and work in the round, following chart 2.

Note: the round begins in the centre of the sole. The last st on the 1st and 3rd needles, and the 1st st on the 2nd and 4th needles are worked in red so that there is a red stripe on either side of the foot. Along this stripe on each side decrease as follows on every other round.

1st needle: Starting at the middle of the sole, work from chart 2 until there are 3 sts remaining, ssk.

2nd and 3rd needles: Work from chart 2.

4th needle: K1, k2tog, work from the chart until the end of the round.

Repeat these decreases until there is the same number of sts on the instep and underneath the foot, 46 sts in all. Work from chart 2 until the foot measures 12 (14) cm from the heel, or is the required length. Decrease for the toe (on every other round 3 times in all, and then on every round until there are 14 sts remaining on the round) as follows.

1st needle: Work in patt as set until there are 3 sts left on the needle, Sl1, K1, pss0, K1.

2nd needle: K1, K2tog, work the rest of the needle in patt as set.

3rd needle: Work in patt as set until there are 3 sts left on the needle, Sl1, K1, pss0, K1.

4th needle: K1, K2tog, work the rest of the needle in patt as set.

Thread the yarn through the remaining sts and fasten off the ends.

Washing instructions: Wash the socks in Navia Wool Care. Spread the socks out on a towel to dry.

CHART 1

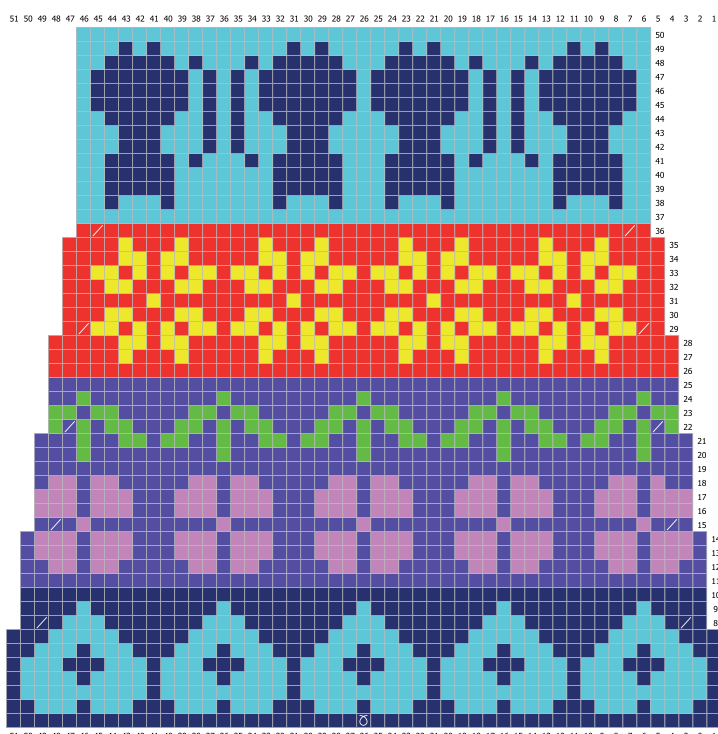
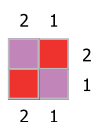


CHART 2



KEY

- white
- knit
- k2tog
- grey no stitch
- dark blue
- purple
- red
- Turquoise
- Pink
- green
- yellow
- m1

★
INTERMEDIATE



100g 4ply



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Stylish Slouch

Hanna Maciejewska's
Cabling Hat is deliciously soft and cosy in this 100% Merino wool yarn

Designed by

Hanna Maciejewska

My family is so supportive of my love of knitting and my six-year-old daughter sometimes draws things for me to knit up. A few months ago, she took a couple of crayons and said: 'Mom, I will design a hat for you.' And this is how the idea for Cabling was born – a perfect slouchy hat with cables on the side



Essentials

Yarn used

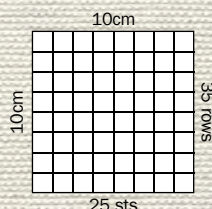
Millamia Naturally Soft Merino
3 (3) balls in Claret 104
£5.50 from www.millamia.com

About the yarn

Sport; 125m per 50g ball;
100% virgin wool

Tension

measured over St st



Needles used

3mm circular, 60cm or DPNs
4mm circular 60cm or DPNs

Other supplies

stitch marker
cable needle
tapestry needle
pompom maker (optional)

Sizing

S (M)

To fit head circumference
of 58 (62) cm



Start knitting...

Brim

With smaller needles and using German-twisted cast on or your favourite method, cast on 125 (135) sts. Join to work in the rnd, being careful not to twist. Pm to mark beg of rnd.

Set-up Rnd: *P1, [k2, p1] twice, k2, p2, k2, p0 (2), k2, p2, k2, [p1, k2] twice; rep from * to end.

Rnds 1-20: Work cable pattern A from chart or written directions appropriate for your size, repeating sts 5 times around.

Even-numbered rnds are not shown, knit the knit sts and purl the purl sts as they face you.

Rnds 21-28: Work cable pattern A twice, then work cable pattern B from chart or written directions 3 times. 145 (155) sts

Body and crown shaping

Change to larger needles and continue to work cable patterns A and B as set from Rnd 29 until Rnd 92 is complete. 95 (105) sts

Rnds 93-105 (107): Work cable pattern A from chart or written directions 5 times around. 30 sts
Break yarn and thread through rem sts. Pull tight to fasten.

Finishing: Using your preferred method, make a 6.5cm-diameter pompom. Attach it to the top of the hat using a tapestry needle. Weave in ends, and block the hat lightly. ●

Cable pattern A

Rnd 1: P1, [C2F, p1] twice, k2, p2, k2, p0 (2), k2, p2, k2, [p1, C2F] twice.

Rnd 2 and all even Rnds: Knit the knit sts and purl the purl sts as they face you.

Odd Rnds 3-11: P1, [C2F, p1] twice, k2, p2, k2, p0 (2), k2, p2, k2, [p1, C2F] twice.

Rnd 13: [P1, C2F] twice, C3BP, p1, C3BP, p0 (2), C3FP, p1, C3FP, C2F, p1, C2F.

Rnd 15: [P1, C2F] twice, k2, LPI, p1, C3BP, p2 (4), C3FP, p1, RPI, k2, C2F, p1, C2F. 2 sts inc'd

Rnd 17: P1, C2F, p1, k1, C3BP, p1, C3BP, p4 (6), C3FP, p1, C3FP, k1, p1, C2F.

Rnd 19: P1, C2F, [p1, C3BP] twice, p6 (8), [C3FP, p1] twice, C2F.

Rnd 21: P1, C2F, [C3BP, p1] twice, p1 (2), C2B, C2F, p1 (2), [p1, C3FP] twice, C2F.

Rnd 23: P1, C2F, k2, LPI, p1, C3BP, p2 (3), k6, p2 (3), C3FP, p1, RPI, k2, C2F. 2 sts inc'd

Rnd 25: P1, k1, [C3BP, p1] twice, p1 (2), C4B, C4F, p1 (2), [p1, C3FP] twice, k1.

Rnd 27: [P1, C3BP] twice, p2 (3), k10, p2 (3), [p1, C3FP] twice.

Rnd 29: P1, [k2, p2] twice, p0 (1), C5BP, k2, C5FP, p0 (1), [p2, k2] twice.

Odd Rnds 31-39: P1, [k2, p2] twice, p0 (1), k3, p2, C2B, p2, k3, p0 (1), [p2, k2].

Rnd 41: P1, [k2, p2] twice, p0 (1), C6F, C6B, p0 (1), [p2, k2] twice.

Odd Rnds 43-47: P1, [k2, p2] twice, p0 (1), k12, p0 (1), [p2, k2] twice.

Odd Rnds 49-67: As rnds 29-47.

Odd Rnds 69-79: As rnds 29-39.

Rnd 81: P1, [k2, p2] twice, p0 (1), C6F, C6B, p0 (1), [p2, k2] twice.

Rnd 83: P1, k2, ssp, p1, k2, p2 (3), k10, p2 (3), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 85: P1, k2, ssp, p1, k2, p2 (3), k8, p2 (3), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 87: P1, k2, ssp, p1, k2, p2 (3), k6, p2 (3), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 89: P1, k2, ssp, p1, k2, p2 (3), k4, p2 (3), k2, p1, p2tog, k2] twice. 2 sts dec'd

Special abbreviations

C3FP: Sl 2 sts onto CN, hold in front, p1 from LH needle, k2 from CN.

C3BP: Sl st onto CN, hold in back, k2 from LH needle, p1 from CN.

C4F: Sl 2 sts onto CN, hold in front, k2 from LH needle, k2 from CN.

C4B: Sl 2 sts onto CN and hold in back; k2 from LH needle; k2 from CN.

C5FP: Sl 3 sts onto CN and hold in front, p2 from LH needle, k3 from CN.

C5BP: Sl 2 sts onto CN and hold in back, k3 from LH needle, p2 from CN.

C6F: Sl 3 sts onto CN and hold in front, k3 from LH needle, k3 from CN.

C6B: Sl 3 sts onto CN and hold in back; k3 from LH needle; k3 from CN.

LPI: Lift the st 1 row below the next st onto the LH needle and purl this st.

RPI: Lift the st 2 rows below the last st onto the LH needle and purl this st.

Rnd 91: P1, k2, ssp, p1, k2, p2 (3), k2, p2 (3), k2, p1, p2tog, k2] twice. 2 sts dec'd

Rnd 93: P1, k2, ssp, p1, k2, p4 (6), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 95: P1, k2, ssp, p1, k2, p2 (4), k2, p1, p2tog, k2. 2 sts dec'd

SIZE M ONLY

Rnd 97: P1, k2, ssp, p1, k2, p2, k2, p1, p2tog, k2. 2 sts dec'd

BOTH SIZES

Rnd 97 (99): P1, k2, ssp, p1, k4, p1, p2tog, k2. 2 sts dec'd

Rnd 99 (101): P1, k2, ssp, p1, k2, p1, p2tog, k2. 2 sts dec'd

Rnd 101 (103): P1, k2, ssp, p2, p2tog, k2. 2 sts dec'd

Rnd 103 (105): * P1, k2, ssp, p2tog, k2. 2 sts dec'd

Rnd 105 (107): *P1, k2, p2tog, k2. 2 sts dec'd

Cable pattern B

Rnd 21: P1, C2F, [C3BP, p1] twice, p6 (8), [p1, C3FP] twice, C2F.

Rnd 23: P1, C2F, k2, LPI, p1, C3BP, p10 (12), C3FP, p1, RPI, k2, C2F. 2 sts inc'd

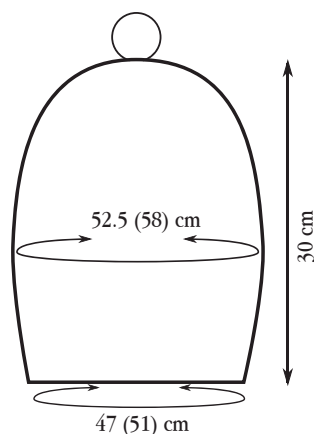
Rnd 25: P1, k1, [C3BP, p1] twice, p10 (12), [p1, C3FP] twice, k1.

Rnd 27: [P1, C3BP] twice, p13 (15), [p1, C3FP] twice.

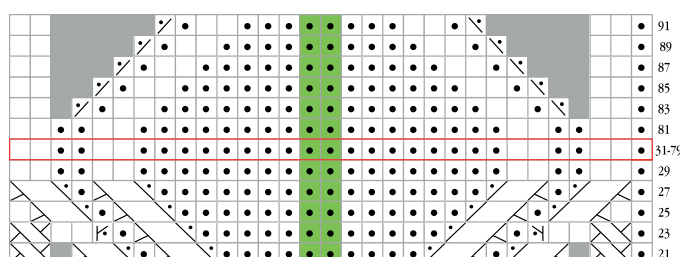
Rnd 29: P1, k2, p2, k2, p16 (18), k2, p2, k2.

Odd Rnds 31-79: P1, k2, p2, k2, p16 (18), k2, p2, k2.

SCHEMATIC



CABLE PATTERN B



Rnd 81: P1, k2, p2, k2, p16 (18), k2, p2, k2.

Rnd 83: P1, k2, ssp, p1, k2, p14 (16), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 85: P1, k2, ssp, p1, k2, p12 (14), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 87: P1, k2, ssp, p1, k2, p10 (12), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 89: P1, k2, ssp, p1, k2, p8 (10), k2, p1, p2tog, k2. 2 sts dec'd

Rnd 91: P1, k2, ssp, p1, k2, p6 (8), k2, p1, p2tog, k2. 2 sts dec'd

Special instructions

German Twisted Cast On

Make a slipknot on the needle, leaving a tail approximately four times the length of the cast-on (or use both ends of the ball). Holding the yarn and needle in the right hand, push your left index finger and thumb between the two strands of yarn. The yarn should form a 'V' shape on your fingers. Bring the tip of the needle under both strands of the yarn on your thumb, as if you are doing a long-tail cast on.

Pass the needle through the loop on the thumb and wrap it around the top strand of yarn on your index finger, first going

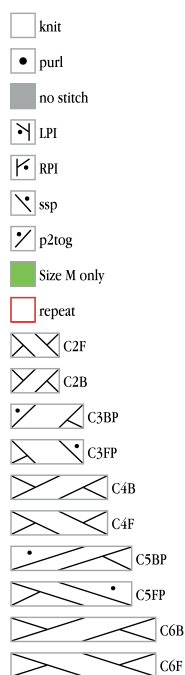
over and then under. Move your thumb in a counter-clockwise motion and then over the needle to untwist the yarn on your thumb. Pull the yarn tight and position your thumb and index finger back in the 'V' configuration. Repeat until you have cast on desired number of sts.

Pompom

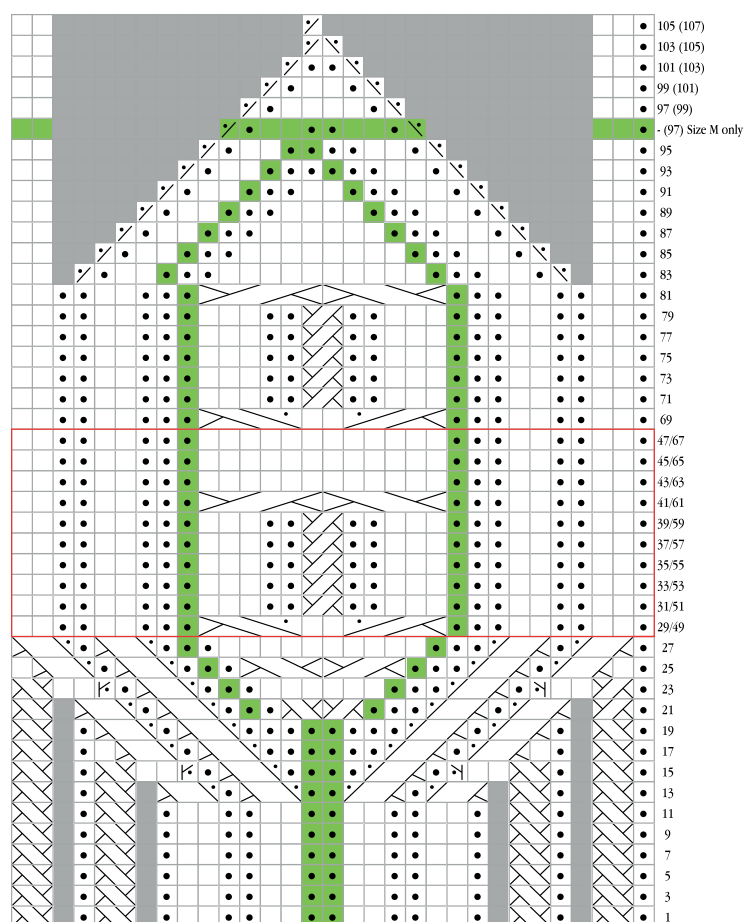
Cut two cardboard circles with a small round hole in the middle of each and wind off some yarn into small balls that will fit through the hole. Lay the circles together and wind them closely with yarn until they are covered entirely. Put the scissors in between the two circles of cardboard and cut open the yarn around the outer edge. Place a piece of the yarn between the two circles and tie it firmly. Pull out the cardboard and trim the pompom until it becomes fluffy and round.



KEY



CABLE PATTERN A



Essentials

Garn used

UK Alpaca DK

Cardigan: 1 (2, 2, 2) balls in Sapphire (A)

1 (1, 1, 1) balls in Parchment (B)

Hat & Booties: 1 ball in Sapphire (A)

£6.50 (A) & £5.95 (B) per ball from

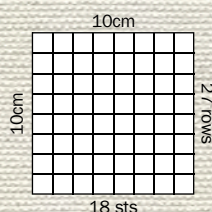
www.ukalpaca.com

About the yarn

DK; 112m per 50g ball; 70% alpaca, 30% wool

Tension

measured over St st on larger needles



Needles used

4mm straight
4.5mm straight

Other supplies

stitch holder
5 (5, 6, 6) buttons
6 stitch markers
tapestry needle

Sizing

Newborn (3-6 months, 6-12 months, 12-18 months)

Baby Blues

This sweet baby pattern is a simple and rewarding knit in gorgeous UK Alpaca DK

Shape raglan

Cast off 1 st at the beg of next 2 rows.

44 (48, 52, 56) sts

Next Row (raglan dec row): K1, K2tog, k to last 3 sts, ssk, k1. 2 sts dec'd

Next Row: Purl.

Rep these last 2 rows 13 (14, 15, 16)

times more. 16 (18, 20, 22) sts

Place remaining sts on a stitch holder.

Right front

Using smaller needles and A, cast on 24 (26, 28, 30) sts.

Work 2 rows in Rev St st, starting with a purl row.

Join B.

SIZES NEWBORN AND 6-12 MTHS ONLY

Row 1 (RS): *K2tbl B, K2tbl A; rep from * to end.

Row 2: *P2tbl A, p2tbl B; rep from * to end.

Rows 3-4: Rep rows 1-2.

SIZES 3-6 MTHS AND 12-18 MTHS ONLY

Row 1 (RS): *K2tbl A, k2tbl B; rep from * to last 2 sts, k2tbl A.

Row 2: *P2tbl A, p2tbl B; rep from * to last 2 sts, p2tbl A.

Rows 3-4: Rep rows 1-2.

ALL SIZES

Work as for back from ** to **.

Shape raglan

Next Row: Knit.

Next Row: Cast off 1 st, p to end. 23 (25, 27, 29) sts

Next Row (raglan dec row): K to last 3 sts, ssk, k1. 1 st dec'd

Next Row: Purl.

Rep these last 2 rows 9 (9, 10, 10) times more. 13 (15, 16, 18) sts

Shape neck

Next Row: Cast off 3 sts, k to last 3 sts, ssk, k1. 4 sts dec'd

Next Row: Purl.

Rep these last 2 rows once more.

Next Row: Cast off 2 (2, 2, 3) sts, k to last 3 sts, ssk, k1. 3 (3, 3, 4) sts dec'd

Next Row: Purl.

Rep these last 2 rows 0 (0, 1, 1) times more. 2 (4, 2, 2) sts

SIZE 3-6 MTHS ONLY

Next Row: Cast off 1 st, k to last 3 sts, ssk, k1. 2 sts

Next Row: Purl.

ALL SIZES

Next Row: K2tog. Fasten off.

Left front

Using smaller needles and A, cast on 24 (26, 28, 30) sts.

Work 2 rows in Rev St st, starting with a purl row.

Join B.

SIZES NEWBORN & 6-12 MTHS ONLY

Row 1 (RS): *K2tbl A, K2tbl B; rep from * to end.

Row 2: *P2tbl B, p2tbl A; rep from * to end.

Rows 3-4: Rep rows 1-2.

SIZES 3-6 MTHS & 12-18 MTHS ONLY

Row 1 (RS): *K2tbl A, k2tbl B; rep from * to last 2 sts, k2tbl A.

Row 2: *P2tbl A, p2tbl B; rep from * to last 2 sts, p2tbl A.

Rows 3-4: Rep rows 1-2.

ALL SIZES

Work as for back from ** to **.

Shape raglan

Next Row: Cast off 1 st, k to end. 23 (25, 27, 29) sts

Next Row (raglan dec row): K1, k2tog, k to end. 1 st dec'd

Next Row: Purl.

Rep these last 2 rows 9 (9, 10, 10) times more. 13 (15, 16, 18) sts

Shape neck

Next Row: K1, k2tog, k to end. 1 st dec'd

Next Row: Cast off 3 sts, p to end. 3 sts dec'd

Rep these last 2 rows once more.

Next Row: K1, k2tog, k to end. 1 st dec'd

Next Row: Cast off 2 (2, 2, 3) sts, p to end. 2 (2, 2, 3) sts dec'd

Rep these last 2 rows 0 (0, 1, 1) times more. 2 (4, 2, 2) sts

SIZE 3-6 MTHS ONLY

Next Row: K1, k2tog, k to end. 3 sts

Next Row: Cast off 1 st, p2. 2 sts

Start knitting...

CARDIGAN

Back

Using smaller needles and A, cast on 46 (50, 54, 58) sts.

Work 2 rows in Rev St st, starting with a purl row.

Join B.

Row 1 (RS): *K2tbl A, k2tbl B; rep from * to last 2 sts, k2tbl A.

Row 2: *P2tbl A, p2tbl B; rep from * to last 2 sts, p2tbl A.

Rows 3-4: Rep rows 1-2.

**Change to larger needles.

Continue in St st, working in stripes of 4 rows colour A, 4 rows colour B for 24 (28, 36, 40) rows, finishing after a WS (purl) row.**

Baby Set



← This set
will keep little
ones cosy

ALL SIZES

Next Row: K2tog. Fasten off.

Sleeves

With smaller needles and A, cast on 30 (30, 34, 34) sts.

Work 2 rows in Rev St st, starting with a purl row.

Join B.

Row 1 (RS): *K2tbl A, k2tbl B; rep from * to last 2 sts, k2tbl A.

Row 2: *P2tbl A, p2tbl B; rep from * to last 2 sts, p2tbl A.

Rows 3-4: Rep rows 1-2.

Change to larger needles and work in St st stripes as before starting with A (A, B, B). AT THE SAME TIME, increase as follows.

Next Row: K1, m1, k to last st, m1, k1. 2 sts inc'd

Next 5 (5, 7, 7) Rows: Work in St st. Rep these 6 (6, 8, 8) rows 1 (3, 2, 4) times more. 34 (38, 40, 44) sts
Work straight for 12 (4, 16, 4) more rows.

Shape raglan

Cast off 1 st at the beg of next 2 rows. 32 (36, 38, 42) sts

Next Row (raglan dec row): K1, K2tog, k to last 3 sts, ssk, k1. 2 sts dec'd

Next Row: Purl.

Rep these last 2 rows 13 (14, 15, 16) times more. 4 (6, 6, 8) sts
Cast off.

Making up: Block pieces to measurements. Sew raglans, side and sleeve seams, matching stripes.

Neckline border

With RS facing, smaller needles and A, pu and k 7 (8, 9, 12) sts along right front neck edge, 4 (6, 6, 8) sts along top of right sleeve, then 16 (18, 20, 22) sts from stitch holder, 4 (6, 6, 8) sts along top of left sleeve, and 7 (8, 9, 12) sts along left front neck edge.
Join B.

Row 1 (WS): *P2tbl A, p2tbl B; rep from * to last 2 sts, p2tbl A.

Row 2: *K2tbl A, k2tbl B; rep from * to last 2 sts, k2tbl A.
Rep Row 1 once more.
Cast off in A.

Buttonhole border

Work border on left or right front, depending on preference.
With RS facing, and A, pu and k 50 (54, 62, 66) sts.

Row 1: P2, *k2, p2; rep from * to end.

SIZES NEWBORN & 3-6 MTHS ONLY

Row 2 (buttonhole row): K2, [k2tog, yo, patt 9 (10, -, -)] four times, k2tog, yo, k2.

SIZES 6-12 MTHS & 12-18 MTHS ONLY

Row 2 (buttonhole row): K2, [k2tog, yo, patt - (9, 10)] five times, k2tog, yo, p- (-, 1, 0), k2.

ALL SIZES

Row 3: As Row 1.

Cast off in patt.

Sew on buttons to correspond with buttonholes.

Weave in ends.

HAT

With larger needles and A, cast on 56 (62, 68, 74) sts.

Knit 14 (14, 16, 16) rows.

Purl 3 rows.

Cont in St st for a further 8 (10, 12, 14) cm, finishing after a WS (purl) row.

Shape crown

Next Row: K1, *k2tog, k7 (8, 9, 10), pm; rep from * to last st, k1. 50 (56, 62, 68) sts

Next Row: Purl.

Next Row: K1, *k2tog, k to marker, sm; rep from * to last st, k1. 6 sts dec'd

Next Row: Purl.

Rep these last 2 rows until 20 sts rem.

Next Row: [K2tog] to end, removing markers. 10 sts

Next Row: Purl.

Break A.

Ties

Join B, and work on first 5 sts.

Knit 4 rows.

Next Row: K2tog, k1, k2tog. 3 sts

Next Row: Knit.

Next Row: K2tog, k1. 2 sts

Next Row: Knit.

Cast off.

Rejoin yarn to rem 5 sts and repeat.

Making up: Sew up seam using mattress st. Join the ties together by winding yarn around them twice and then fastening off. Sew a button in the centre of the ties. Weave in ends.

BOOTEES

With larger needles and A, cast on 27 (31, 35, 39) sts.

Rows 1-2: Knit.

Row 3: K1, m1, k12 (14, 16, 18), m1, k1, m1, k12 (14, 16, 18), m1, k1. 31 (35, 39, 43) sts

Row 4 and all even rows: Knit.

Row 5: K2, m1, k12 (14, 16, 18), m1, k3, m1, k12 (14, 16, 18), m1, k2. 35 (39, 43, 47) sts

Row 7: K14 (16, 18, 20), k2tog, k3, k2tog, k14 (16, 18, 20). 33 (37, 41, 46) sts

Row 9: K14 (16, 18, 20), k2tog, pm, k1, k2tog, k14 (16, 18, 20). 31 (35, 39, 43) sts

Next Row (dec row): K to 2 sts before m, k2tog, sm, k1, k2tog, k to end. 2 sts dec'd

Rep dec row until 21 (23, 25, 27) sts rem.

Next Row: K10 (11, 12, 13), rm, kfb, k to end. 22 (24, 26, 28) sts

Next Row: K11 (12, 13, 14), turn.

**Working on these 11 (12, 13, 14) sts only, knit 7 (9, 11, 13) rows.

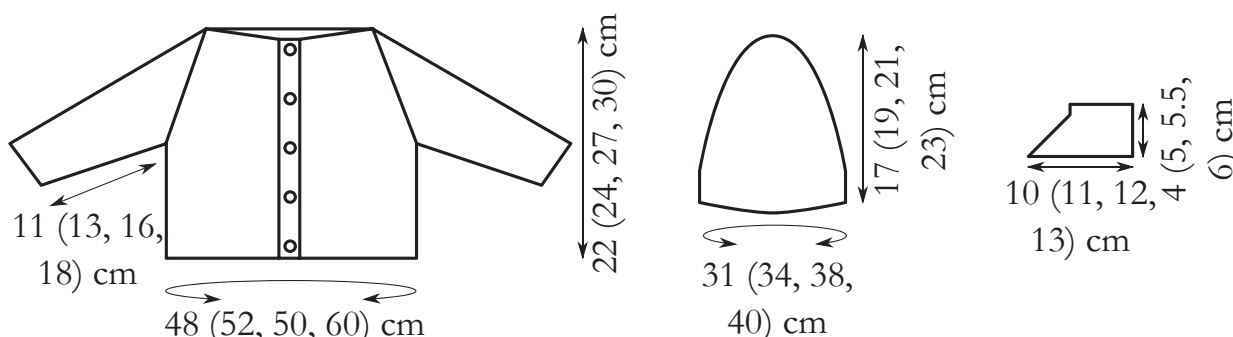
Break A.

With B, cast off using the picot method as follows.

Cast off 2 sts, *sl 1 st from RH needle to LH needle, cast on 2 sts onto LH needle using the cable cast on method, cast off 4 sts; rep from * until no sts rem.**
Rejoin A to sts rem 11 (12, 13, 14) sts and knit 1 row. Work from ** to **.

Making up: With RS facing and using mattress st, join sole and back seams. Fold over half of cuff and seam up to the fold. Block and weave in ends. ●

SCHEMATIC





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The Needle Review

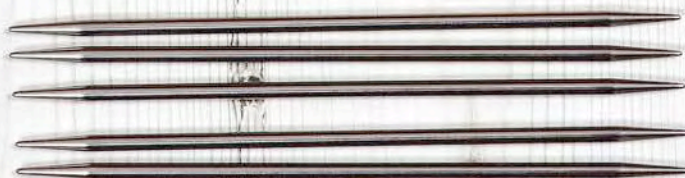
Double-Pointed Needles

1



2

3



4

5



6



This month, we asked three of the Knit Now Design Team to get to grips with six brands of double-pointed needles and asked for their honest opinions. These are the results

Whether it's for socks, sleeves, or if you just love knitting in the round, DPNs are a vital bit of knitting kit. Who better to test them out, we thought, than the people who spend most of their time with knitting needles in their hands? So, we asked *Knit Now* designers Jacqui Harding and Anni Howard, as well as technical editor Chris Evans, to take six different styles for a spin and let us know what they thought.



Jacqui



Anni



Chris

1 Brittany Birch

In a word: light, bendy, grippy, blunt, brittle

Anni says: Light and flexible, I'd highly recommend these for anyone with hand or wrist problems. The grippy surface means stitches are less likely to fall off, and the rounded ends prevent split yarn.

Chris says: I had a set of Brittany Birch DPNs for sock knitting, which eventually became warped and snaggy. This set didn't seem any different. The points were blunt and it felt like I was knitting with matchsticks. Their redeeming feature for me is that they're made from a sustainable material and can be recycled.

To find a local stockist, visit
www.artesanoyarns.co.uk

2 HiyaHiya Stainless Steel

In a word: light, hollow, nice, neat, noisy

Jacqui says: I was expecting to like these, but they are disconcertingly light. Although they claim to be smooth as silk I felt they were surprisingly grippy. The tips taper to a blunt end, which would be ideal for stranded colourwork, but they are too noisy for me.

Chris says: I expected these to be a dream, but I was a tad disappointed. The first thing I noticed was the tinny rattle they made. They'd be good for mitts, socks and finishing off hats, but I'd make sure I had my ear buds in first.

To find a local stockist, visit
www.hiyahiya-europe.com

3 Kinki Amibari Bamboo

In a word: silky, shiny, smooth, light, flexible, sharp

Chris says: What a surprise! Beautiful, smooth, silky bamboo with long points and a lovely clack reminiscent of colouring pencils. They warmed up as I knitted and became smoother. I loved them so much I've ordered a set of 2.5mm DPNs for sock knitting.

Jacqui says: I was pleasantly surprised by these needles. I'm a very tight knitter and therefore tend to bend even metal DPNs in this diameter. However, these flexed rather than snapped, leading to a rather comfortable and enjoyable knitting experience.

To find a local stockist, visit
www.artesanoyarns.co.uk

4 ChiaoGoo Premium Stainless Steel

In a word: smooth, satin, precise, perfect, pointy, positive

Anni says: My favourite needles from this review. The satin finish prevented stitches from accidentally slipping off the needles, but the surface was smooth enough to enable speedy knitting. Ideal for fine lace or for tough socks.

Chris says: Being a lace knitter, I'm already a ChiaoGoo fan. This is the first time I've used its DPNs and I was really impressed. The points are long and precise, so I'd use them for any type of knitting, especially where I'd need to pick up stitches, such as on a sock heel. Definitely the best metal DPNs I've encountered.

To find a local stockist, visit
www.purlescence.co.uk

5 Pony Bamboo

In a word: smooth, pointy, light, warm, grippy

Jacqui says: These were lovely to use. No snags, just enough grip, with a nicely tapered tip. Also much quieter to use than metal needles of the same size.

Anni says: I enjoyed knitting with these. The points are pointy, the surface is smooth and the knitting zipped along. The size, although clearly printed on each needle, was easily scratched off. Whether that matters is up to the knitter to decide – I have a selection of needle gauges anyway. The very slight bendability would make them a kinder option for knitters with hand or wrist problems.

To find a local stockist, please email
groves@stockistenquiries.co.uk

6 Knit Pro Cubics

In a word: novelty, quirky, shiny, solid, unusual

Anni says: These were easy to knit with – no different to traditional round, steel needles. The soft corners and slightly concave shape helped create some friction so stitches didn't slip off. These may appeal to collectors of shiny objects, but for day-to-day knitting, I don't really see any benefit.

Jacqui says: I was surprised to find these needles were easily bent as they feel quite solid. For me, my tension was noticeably different than with other 4mm needles using the same yarn, so they could come in useful for tweaking tension to match a pattern.

To find a local stockist, visit
www.designeryarns.uk.com

Essentials

Yarn used

Debbie Bliss Bluefaced Leicester
1 ball each in black 02 (MC), ecru
01 (CC1), crimson 10 (CC2),
& amber 17 (CC3)

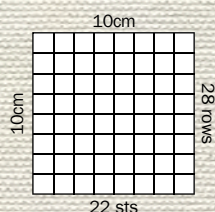
See www.designeryarns.uk.com
for stockists

About the yarn

DK; 108m per 50g ball; 100%
British wool

Tension

Measured over St st



Needles used

4mm straight

Other supplies

tapestry needle
1.5cm metal button

Sizing

S (L)

Designed by

Helen Bunting

I started designing this while we were planning a trip to Norway. It draws inspiration from the fantastic traditional knitting we saw on our travels and from two richly patterned, Norwegian-style sweaters my father-in-law knitted many years ago for my husband and his brothers



Special abbreviations

Kfbf: Knit one through the front, then through the back, then through the front of the same st again. 2 sts inc'd

For all other abbreviations, see table on page 95

Wee Woolly Jumper

Helen Bunting's Nordic Tablet Case is a mini version of a Norwegian sweater, with a clever way of recreating the colourful braid

Start knitting...

Front and Back (work 2 alike)

Note: When reading the charts, RS (knit) rows are numbered on the right and WS (purl) rows are numbered on the left. Charts 1 and 3 start with a knit row, chart 2 starts with a purl row.

SMALLER SIZE

With MC, cast on 29 sts.
Starting with a k row, and using MC and CC1, work chart 3 in St st.
Work smaller size area of chart 1.

Next Row (WS): With MC, knit.

Next Row (RS): Starting with a p row, work smaller size area of chart 2 in Rev St st, taking the CC right to the end of the row each time. Break MC.

Next Row (WS): With CC1, purl.

Next Row (RS): With CC1 and starting with a p row, St st 7 rows.
Cast off.

LARGER SIZE

With MC, cast on 33 sts.
Starting with a k row, and using MC and

CC1, work chart 1 in full, in St st.

Next Row (WS): With MC, knit.

Next Row (RS): Starting with a p row, work chart 2 in full in Rev St st, taking the CC right to the end of the row each time. Break MC.

Next Row (RS): With CC1, purl.

Next Row (WS): With CC1 and starting with a p row, St st 7 rows.
Cast off.

Buttonhole piece (optional)

With MC, cast on 8 sts.

Knit 2 rows.

Next Row: K3, cast off 2 sts, k3. 6 sts

Next Row: K3, kfbf, k2. 8 sts

Knit 1 row.

Cast off.

Finishing: Weave in ends and join the two pieces together using mattress stitch, leaving the top open. Fold the hem inside and slipstitch in place. If you are adding the buttonhole piece, stitch the edge furthest from the buttonhole to the back of the case at the centre top. Stitch the button on the front to correspond.

CHART 1

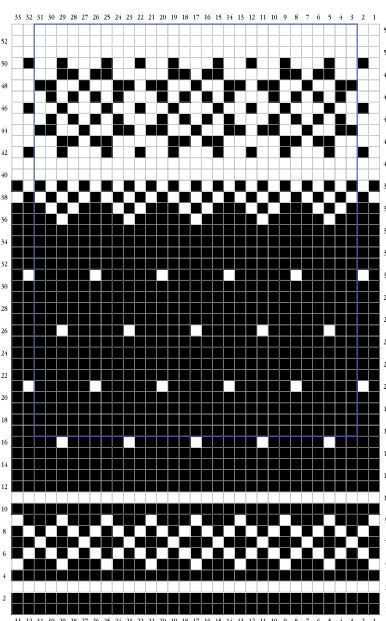


CHART 2

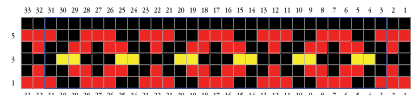
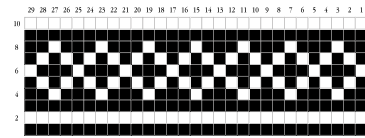


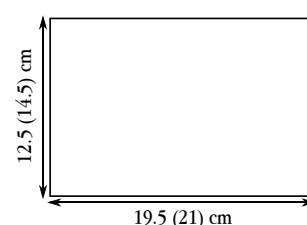
CHART 3



KEY



SCHEMATIC





We love this
clever use of
colourwork



Hints and tips

- When you work the colourwork, consistently strand the CCs beneath the MC as you weave them across the back (or front) of the work. This will not only help to keep your stitches looking even but also the CCs to stand out more. For Rev St st colourwork, stranding the MC beneath the CC instead gives a better finish
- When one of the two working yarns isn't required in a row, don't weave it across the back of the row – either detach and rejoin it when it's needed again, or if (as in the seeding pattern in the middle of chart 1) you will need it next at the same edge of the work, weave it up through the edge as you go by twisting the two yarns together at the end of every alt row

Essentials

Yarn used

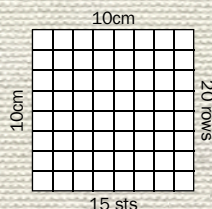
Bergere de France Alaska
18 (19, 21, 22, 24) balls in Taillis
£2.95 per ball from
www.loveknitting.com

About the yarn

Aran; 55m per 50g ball;
50% wool, 50% acrylic

Tension

measured over St st
on larger needles



Needles used

4.5mm straight
5.5mm straight

Other supplies

cable needle
tapestry needle
13 stitch markers

Sizing

S (M, L, XL, 2X)
See schematic for finished
measurements

Special abbreviations

C4F: Sl2 sts onto CN and hold at front of work, k2 from LH needle, k2 from CN.

C4B: Sl2 sts onto CN and hold at back of work, k2 from LH needle, k2 from CN.

K1b: Place the RH needle in the middle of the st below the next st on the LH needle, k1 dropping the st above.

For all other abbreviations, see table on page 95

What A Pullover

*This classic cable knit from **Bergere de France** is sure to be a big hit with stylish gents*

Start knitting...

Back

Using smaller needles, cast on 69 (77, 83, 89, 97) sts.

Row 1 (RS): *K1, p1; rep from * to last st, k1.

Row 2: *P1, k1; rep from * to last st, p1. These 2 rows form 1x1 rib, cont for 4cm (approximately 8 rows).

Change to larger needles.

Row 1: P4 (5, 8, 11, 15), work patt rib, p2 (3, 3, 3, 3), [k2, m1] 3 times, k3, p2 (3, 3, 3, 3), work patt rib, p2 (3, 3, 3, 3), k2, m1, k5, [m1, k2] twice, m1, k5, m1, k3, p2 (3, 3, 3, 3), work patt rib, p2 (3, 3, 3, 3), [k2, m1] twice, k3, m1, k2, p2 (3, 3, 3, 3), work patt rib, p to end. 80 (88, 94, 100, 108) sts

Row 2: K4 (5, 8, 11, 15), pm, work patt rib, pm, k2 (3, 3, 3, 3), pm, p12, pm, k2 (3, 3, 3, 3), pm, work patt rib, pm, k2 (3, 3, 3, 3), p24, pm, k2 (3, 3, 3, 3), pm, work patt rib, pm, k2 (3, 3, 3, 3), pm, p12, pm, k2 (3, 3, 3, 3), pm, work patt rib, pm, k to end.

Row 3: P4 (5, 8, 11, 15), sm, work patt rib, sm, p2 (3, 3, 3, 3), sm, work cable patt A, sm, p2 (3, 3, 3, 3), sm, work patt rib, sm, p2 (3, 3, 3, 3), sm, work cable patt B, sm, p2 (3, 3, 3, 3), sm, work patt rib, sm, p to end.

This row establishes placement of patterns. Cont working in patt (with panels of Rev St st) as established until work measures 43 (44, 45, 45, 46) cm (approximately 86 (88, 90, 90, 92) rows) total.

Armholes

Cast off 2 (3, 3, 3, 3) sts at beg of next 4 (2, 2, 2, 2) rows, cast off 1 (2, 2, 2, 2) sts at beg of foll 6 (2, 2, 2, 4) rows, cast off 0 (1, 1, 1, 1) sts at beg of foll 0 (6, 6, 6, 8) rows.

Cont working in patt as set on rem 66 (72, 78, 84, 86) sts until work measures 64 (66, 68, 70, 72) cm (approximately 128 (132, 136, 140, 144) rows) total.

Shoulders

Cast off 6 (7, 7, 8, 8) sts at beg of next 4 (6, 2, 4, 4) rows, then cast off 7 (0, 8, 9, 9) sts at beg of foll 2 (0, 4, 2, 2) rows. Leave rem 28 (30, 32, 34, 36) sts on a spare needle or stitch holder for neck.

Front

Work as for back until front measures 60 (62, 64, 66, 68) cm (approximately 120 (124, 128, 132, 136) rows) total. 66 (72, 78, 84, 86) sts

Neck

Next Row (RS): Work 21 (24, 27, 29, 29) sts, leave the central 24 (24, 24, 26, 28) sts on a spare needle or stitch holder, work to end.

Next Row (WS): Work to neck edge and put the 21 (24, 27, 29, 29) sts for left side of neck on a stitch holder. Work will now be completed in 2 sections.

Next Row (RS): Cast off 1 (2, 2, 2, 2) sts, work to end.

Work 1 row straight.

Cast off 1 st at beg of next and foll 0 (0, 1, 1, 1) alt rows.

Cont on the rem 19 (21, 23, 25, 25) sts until work measures 64 (66, 68, 70, 72) cm (approximately 128 (132, 136, 140, 144) rows) total.

Shoulder

Cast off 6 (7, 7, 8, 8) sts at beg of next 2 (3, 1, 2, 2) WS rows, then cast off 7 (0, 8, 9, 9) sts at beg of foll 1 (0, 2, 1, 1) WS rows.

With WS facing, pick up sts left on stitch holder and work as for right front, rev all shaping.

Sleeves

Using smaller needles, cast on 37 (37, 39, 41, 43) sts.

Work in 1x1 rib as for back for 4cm (approximately 8 rows).

Change to larger needles and work as follows.



Use your
free cable
needles!

Next Row (RS): P4 (3, 4, 5, 6) (Rev St st), work Patt Rib, p2 (3, 3, 3, 3), k2, m1, k5, [m1, k2] twice, m1, k5, m1, k3, p2 (3, 3, 3, 3), work Patt Rib, p4 (3, 4, 5, 6). 42 (42, 44, 46, 48) sts

Next Row: K4 (3, 4, 5, 6), pm, work patt rib, pm, p2 (3, 3, 3, 3), pm, p24, pm, k2 (3, 3, 3, 3), pm, work patt rib, pm, k4 (3, 4, 5, 6).

Next Row: P4 (3, 4, 5, 6), sm, work patt rib, sm, p2 (3, 3, 3, 3), sm, work central cable chart, sm, p2 (3, 3, 3, 3), sm, work patt rib, sm, p4 (3, 4, 5, 6).

This row sets the pattern. Cont until work measures 9cm (approximately 18 rows) total.

Next Row (inc): Patt 1, inc 1, work to last st inc 1, patt 1.

Rep inc row on every foll 12th (10th, 10th, 8th, 8th) row 4 (7, 7, 9, 6) times, then on every foll 10th (-, -, -, 6th) row 2 (-, -, -, 4) times.

Cont on the 56 (58, 60, 66, 70) sts obtained until work measures 49cm (approximately 98 rows).

Shape top of sleeve as follows.

Cast off 2 (2, 3, 3, 3) sts at beg of next 4 (4, 2, 2, 2) rows, cast off 1 (1, 2, 2, 2) sts at beg of foll 22 (24, 2, 4, 4) rows, cast off 2 (2, 1, 1, 1) sts at beg of foll 2 (2, 24, 22, 22) rows, cast off 3 (3, 2, 2, 2) sts at beg of foll 2 (2, 2, 4, 6) rows, cast off 0 (0, 3, 3, 3) sts at beg of foll 0 (0, 2, 2, 2) rows.

Cast off rem 16 sts as follows.

K1, *k2tog, cast off 1; rep from * 5 times.

Making up: Join right shoulder seam.

Neck band: Using smaller needles and with RS facing, cast on 1 st, pick up 7 (8, 9, 9, 9) sts down the left front of neck, knit the 24 (24, 24, 26, 28) sts from the spare needle for the front neck as follows.

S, M & L: 12 sts cable A, 12 sts cable B
XL & XXL: 1 (2) sts Rev St st, 12 sts Cable A, 12 sts Cable B, 1 (2) sts Rev St st.

Pick up 7 (8, 9, 9, 9) sts up the right front of neck, knit the 28 (30, 32, 34, 36) sts from the spare needle for the back neck as follows.

2 (3, 4, 5, 6) sts Rev St st, 12 sts Cable A, 12 sts Cable B, 2 (3, 4, 5, 6) sts Rev St st.

Cast on 1 st. 68 (72, 76, 80, 84) sts. Work the next row (WS of work) as follows.

1 (2, 3, 4, 5) sts in 1x1 rib, starting with p1 (k1, p1, k1, p1), 2 sts Rev St st, 12 sts cable A, 12 sts cable B, 2 sts Rev St st, 5 (7, 9, 11, 13) sts in 1x1 rib, starting with p1 (k1, p1, k1, p1), 2 sts Rev St st, 12 sts cable A, 12 sts cable B, 2 sts Rev St st, 6 (7, 8, 9, 10) sts 1x1 rib starting with p1.

Work 18 more rows in pattern as set.

Cast off. Join the left-shoulder seam and the neck seam. Set the sleeves into the armholes. Sew the side and sleeve seams. Secure and weave in all ends. 🌟

Platt rib**Row 1 (RS):** K1, p1, k1.**Rows 2 & 4:** P1, k1, p1.**Row 3:** K1b, p1, k1b.

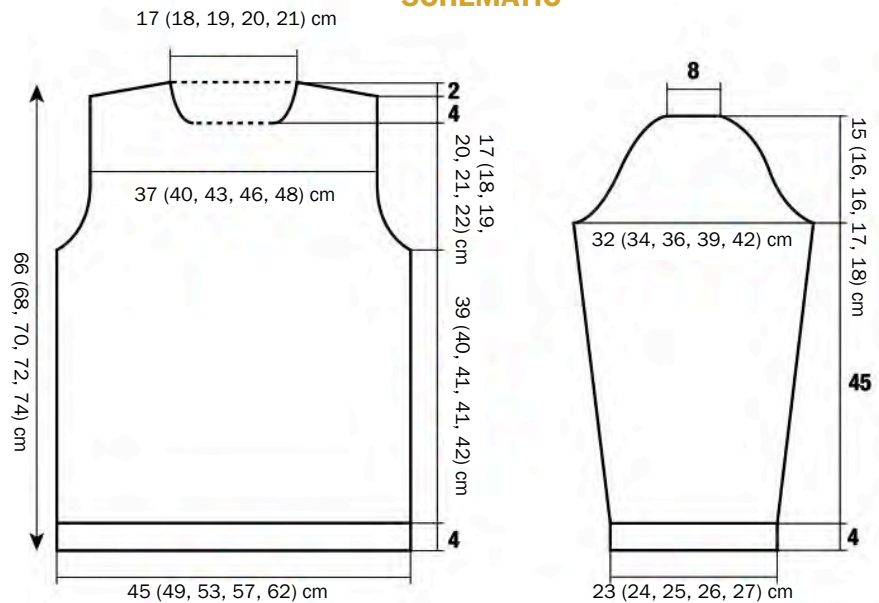
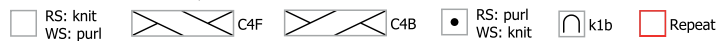
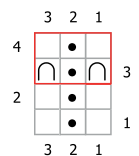
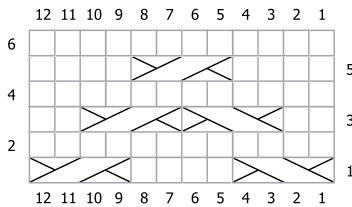
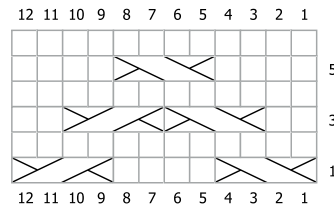
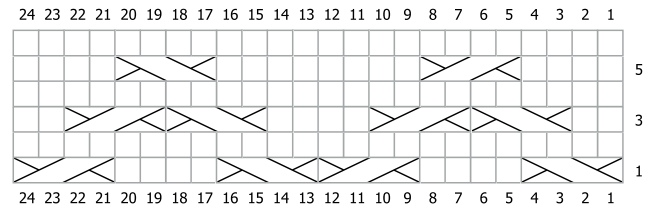
Rep rows 3 and 4.

Cable A**Row 1:** C4F, k4, C4B.**Row 2 & every WS row:** Purl.**Row 3:** K2, C4F, C4B, k2.**Row 5:** K4, C4B, k4.

Rep rows 1-6.

Cable B**Row 1:** C4F, k4, C4B.**Row 2 & every WS row:** Purl.**Row 3:** K2, C4F, C4B, k2.**Row 5:** K4, C4F, k4.

Rep rows 1-6.


Central cable chart**Row 1 (RS):** [C4F, k4, C4B] twice**Row 2 & all WS rows:** Purl.**Row 3:** K2, C4F, C4B, k4, C4F, C4B, k2.**Row 5:** K4, C4B, k8, C4F, k4.**SCHEMATIC****BACK-FRONT****SLEEVE****KEY****PATT RIB****CABLE PATT A****CABLE PATT B****CENTRAL CABLE CHART****Luxury gifts for men**

We're sure that the men in your lives would love to receive this sweater as a gift, but if you're pushed for time, here's some other manly gift ideas



Beardy blokes will love Dr K's Deluxe Beard Care Set **£41.50**
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This one's knitted
and this one's
crocheted!



Perfect Pair

We love **Kat Goldin's Staggard Hottie** pattern – and you can choose whether you want to knit it or crochet it!

Essentials

Yarn used

Artesano DK

Knitted cosy:

- 1 (2) hanks in Boliva 0785 (MC)
- 1 (2) hanks in Anemone C986 (CC)

Crocheted cosy:

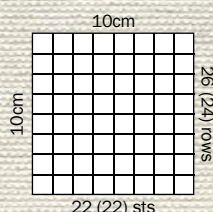
- 2 (2) hanks in Belize 1492 (MC)
- 1 (2) hanks in Sweet Pea CA13 (CC)

About the yarn

DK; 100m per 50g skein;
100% alpaca

Tension

measured over colourwork with
larger needles (double crochet
in back loop only)



Needles used

4mm circular/DPNs; 40cm
4.5mm circular; 40cm

Hook used

4mm

Other supplies

1ltr (2ltr) hot-water bottle
tapestry needle
stitch markers

Sizing

Circumference: 30 (40) cm
Height: 26 (31) cm



Start knitting...

KNITTED VERSION

With MC and using the smaller needles,
cast on 64 (88) sts. Join to work in the
rnd, being careful not to twist. Pm to
mark beg of rnd.

Rnds 1-8: Knit.

Switch to larger needles, join CC and
begin working from chart 1 (2) around
until worked in full.

Break CC. Switch to smaller needles.

Shoulders

1 LTR BOTTLE

Rnd 1: K16, pm, k32, pm, k16.

Rnd 2: [K to 2 sts before pm, ssk, sm,
k2tog] twice, k to end. 60 sts

Rnd 3: Knit.

Rep last 2 rows 4 more times. 44 sts

2 LTR BOTTLE

Rnd 1: K22, pm, k44, pm, k22.

Rnds 2-12: [K to 2 sts before pm, ssk,
sm, k2tog] twice, k to end. 44 sts

ALL SIZES

Buttonhole and neck:

Rnd 1: [K5, cast off 1 sts, yo] 7 times.

Rnd 2-15: Knit.

Cast off all stitches.

i-cord

Using MC and DPNs, cast on 4. [Slide
stitches down to other end of the same
DPN they were knit onto, k4] 100 times.

Cast off all stitches. Break yarn.

Finishing: Turn hottie inside out, sew
bottom closed, ensuring neck decreases
are on the right and left with beginning
of rounds centred on the back. Turn
right side out and insert hot-water bottle
through the neck opening. Thread i-cord
through the buttonholes, ending and
beginning with the same buttonhole on
the side. Using CC, make two pompoms.
Attach firmly to i-cord.

CROCHETED VERSION

Note: Throughout the pattern, all dc sts
are worked in BLO.

With MC, ch 64 (88). Join to work in the
rnd, being careful not to twist. Pm to
mark beg of rnd.

Rnds 1-5: 1ch, 64 (88) dc in BLO. Join.

Join CC. Work chart 1 (2) around until
chart has been worked in full. Break CC.

Shoulders

1 LTR BOTTLE

Rnd 1: In MC, 1ch, 16 dc, pm, 32 dc, pm,
16 dc. Join.

Rnd 2: 1ch, [dc to 2 sts before marker,
dc2tog, sm, dc2tog] twice, dc to end.

Join. 60 sts

Rnd 3: 1ch, dc to end. Join.

Rep last 2 rows 4 more times. 44 sts

2 LTR BOTTLE

Rnd 1: 1ch, 22 dc, pm, 44 dc, pm,
22 dc. Join.

Rnds 2-9: 1ch, [dc to 2 sts before pm,
dc2tog, sm, dc2tog] twice, dc to end.

Join. 56 sts

ALL SIZES

Buttonhole and neck:

Rnd 1: 1ch, 1dc, [5dc, ch1, miss next st]
7 (9) times, 1dc. Join.

Rnd 2-15: 1ch, dc in all sts and chs to
end. Join.

Break yarn and weave in ends.

Cord

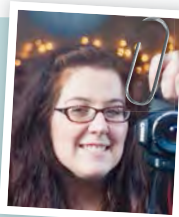
Using MC, ch 85. Break yarn.

Finishing: Turn cover inside out, sew
bottom closed, ensuring neck decreases
are on right and left with seam centred
on back of the cover. Turn right side out
and insert hot-water bottle through the
neck opening. Thread chain through the
buttonholes, ending and beginning with
the same buttonhole on the side. Using
CC, make two pompoms. Attach firmly
to chain.

Designed by

Kat Goldin

Tiles in Victorian
buildings amaze me.
I was raised in rural
America, where
the main building material is simple
wood and the intricacy and patterns
of old tiles are an endless source of
wonder. This project was inspired by
a tiled wall in an old tube station I
stumbled upon when visiting London.
Its staggered edges and repeating
pattern captivated me as I waited
for a delayed train



★★
INTERMEDIATE

100-200g DK

MAKE IN...
days

Crochet colourwork

Carrying the yarn

As in knitting, the colour you are not working with is carried behind your work. Lay the unworked yarn over the top of your stitches and work around the yarn. Ensure you are keeping the yarn towards the back to minimise the amount of carried yarn you see through the stitches.

Changing colours

To change colours in dc in BLO, in the stitch before the colour changes, insert hook into BLO, yo with existing colour and pull through stitch, yo with new colour and pull through 2 loops on hook.

Keeping a straight and subtle seam

Wandering seams in crochet can be a problem. To keep the seam in line on this pattern:

- 1 Do not count the 1 ch at the beginning of the round as a stitch.
- 2 Join with a slst into the 1st dc of the round. Pull the slst tight. This helps to ensure you don't work into it on the next round.
- 3 At the beginning of the round, 1 ch, pull this tight and work your 1st dc into the same stitch as the slst.

SCHEMATIC

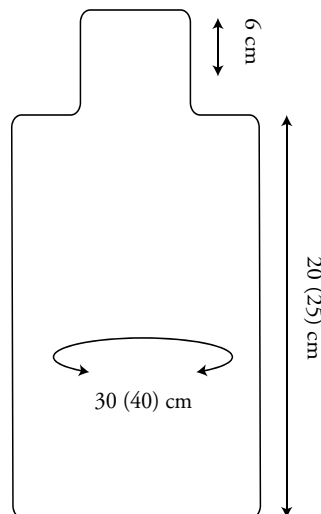


CHART 1

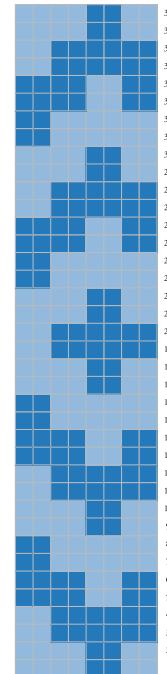
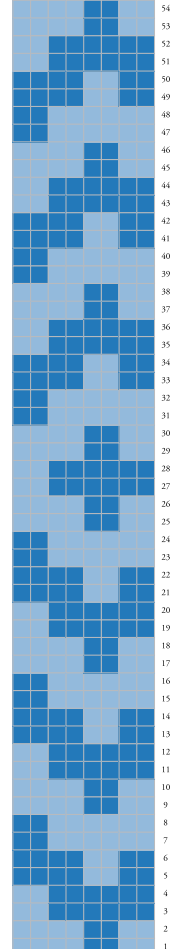


CHART 2



KEY

MC
CC

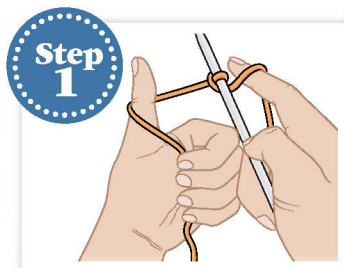
Hints and tips

- The sample of this pattern is double crochet worked through the back loop only. This creates a nice texture and minimises the natural bias of crochet

The BASICS

Whether you're new to knitting or just need a quick refresher, these pages will tell you all you need to know about the essential techniques

Cast on



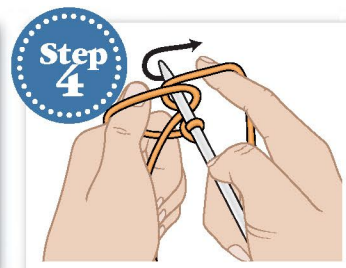
Make a long-tailed slip knot and place it on the needle. Hold the needle in your right hand. Pass the ball end of yarn over the index finger, under the middle and over the third finger. Holding the free end in the left hand, wrap it around the left thumb from front to back.



Insert the needle through the thumb loop from front to back.

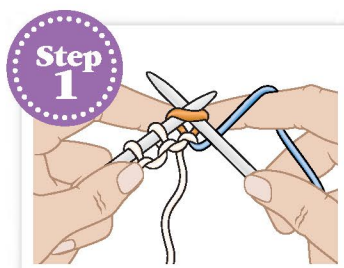


Wrap the ball end under and around the needle.

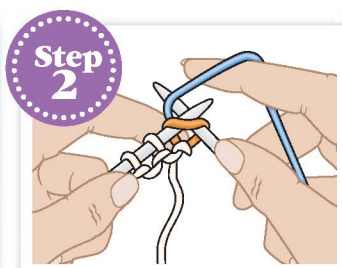


Pull a new loop through the thumb loop by passing the thumb loop over the end of the needle. Remove thumb and tighten the new loop on the needle by pulling the free end. Continue in this way until you have cast on the required number of stitches.

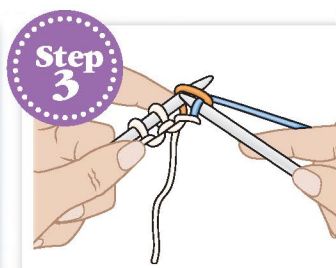
Knit



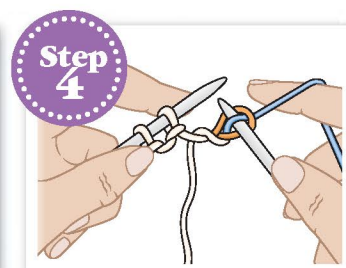
Hold the needle with the cast on stitches in your left hand, and insert the right-hand needle into the front of the stitch from left to right.



Pass the yarn under and around the right-hand needle.

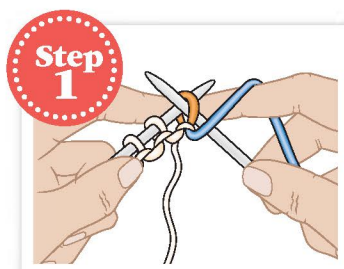


Pull the new loop on the right-hand needle through the stitch on the left-hand needle.

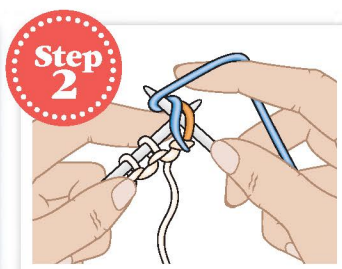


Slip the stitch off the left-hand needle. One knit stitch is completed.

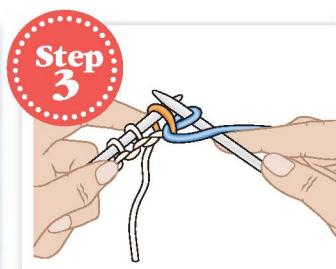
Purl



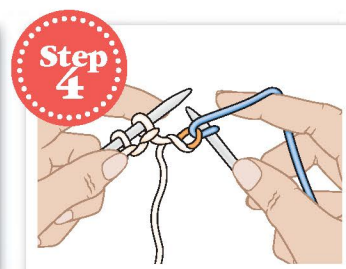
Hold the needle with the cast on stitches in your left hand, and insert the right-hand needle into the front of the stitch from right to left.



Pass the yarn over and around the right-hand needle.

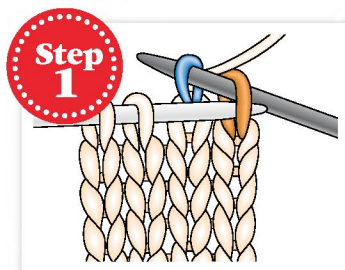


Pull the new loop on the right-hand needle through the stitch on the left-hand needle.

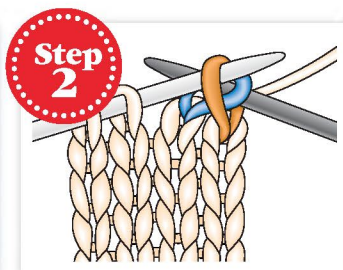


Slip the stitch off the left-hand needle. One stitch is completed.

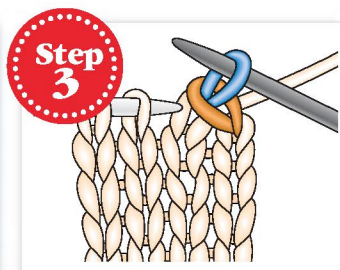
Cast off



Knit two stitches. Insert the tip of the left-hand needle into the front of the first stitch on the right-hand needle.



Lift this stitch over the second stitch and off the needle.

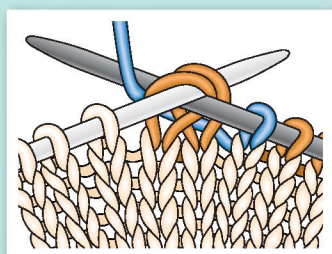


One stitch is left on the right-hand needle.



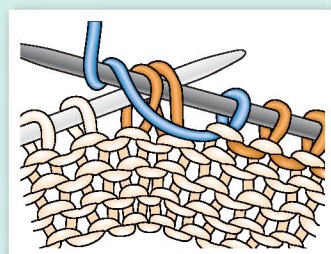
Knit the next stitch and lift the second stitch over this and off the needle. Continue in this way until one stitch remains on the right-hand needle. Break yarn, thread the tail through the last stitch and pull tight.

K2tog



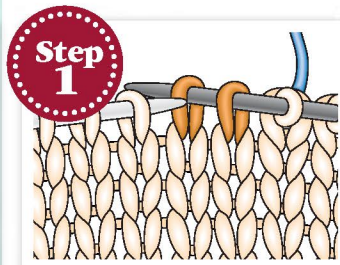
Knit to where the decrease is to be, insert the right-hand needle knitwise through the next two stitches and knit them as one stitch.

P2tog

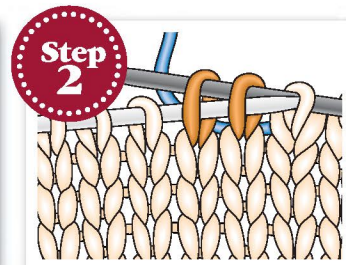


Purl to where the decrease is to be, insert the right-hand needle purlwise through the next two stitches and purl them as one stitch.

SSK

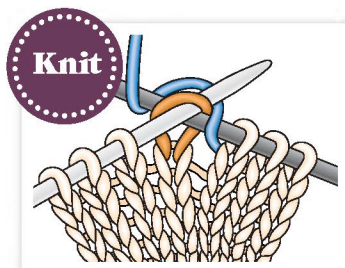


Slip two stitches knitwise one at a time from left-hand needle to right-hand needle.

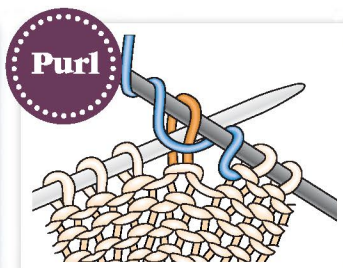


Insert the left-hand needle from left to right through the fronts of these two stitches and knit together as one stitch.

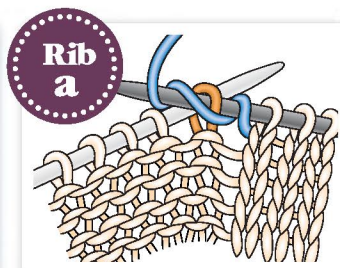
Yarn over



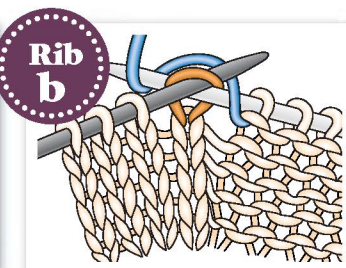
Bring the yarn forward (yfd or yf) between the two needles. Knit the next stitch, taking the yarn over the right needle.



Take the yarn back over the right-hand needle and forward between the needles to bring yarn round needle (yrn). Purl the next stitch.

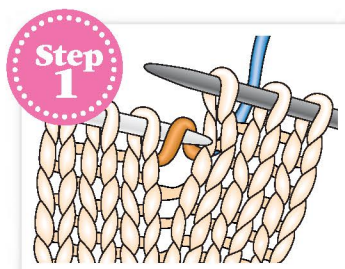


Bring yarn forward between the needles, back over the right-hand needle and forward again between the needles – yarn forward and round needle (yfrn). Purl next stitch.

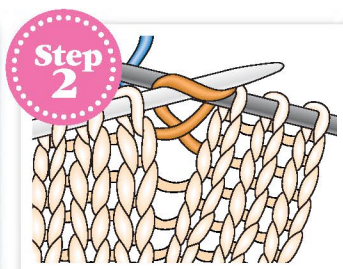


Take the yarn back over the right-hand needle – yarn over needle (yon). Knit the next stitch.

Make one



Knit to where the increase is to be made. Insert the tip of the left-hand needle under the running thread from back to front.



Knit this loop through the front to twist it.



If you are working M1 on a purl row, you purl the loop through the front.



Instructions taken from *The Knitter's Bible*, priced £14.99, available from www.rucraft.co.uk

KNITTING A TENSION SQUARE

1. Cast on the number of stitches given in the pattern to measure 10cm plus half as many again.
2. Work 15cm in stocking stitch and cast off loosely.
3. Use the same method you will use to press the finished item to block your tension square (see below).
4. Lay your fabric on a flat surface without stretching it. Use a ruler to measure 2.5cm in from one edge and mark with a pin.
5. Measure 10cm horizontally from the first pin and mark with another pin.
6. Avoiding the cast on and cast off edges, which may distort the fabric, mark the same measurements again, vertically.
7. Work out your tension by counting the number of stitches and rows between the pins. If there are more than the



pattern states, the square is too small: make another square with a needle a size larger. If there are fewer stitches than stated in the pattern, the square is too big: make another square using a needle a size smaller.

Mattress stitch

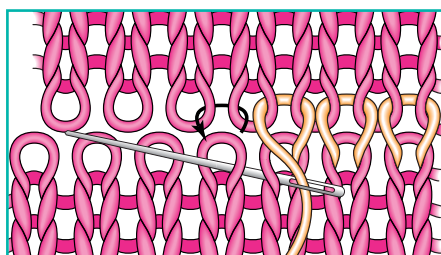
To join two pieces of stocking stitch lay the pieces flat, right sides up and together. Secure the pieces together by bringing the needle through from back to front at the bottom of the right-hand piece, taking the needle through the left-hand piece from back to front and back under the right-hand piece and out at the front. This makes a figure-of-eight with the yarn and gives a neat edge.

Take the needle across and under the left-hand piece and bring it through to the front from the same hole as the securing stitch. Now take the needle back to the right-hand piece and bring it up under the



horizontal strands of the two stitches above the first entry point. Take the needle back to the left-hand piece, insert the needle back into the stitch and take it up under the next two horizontal strands. Pull up the stitches to tighten them and draw the two edges together. Continue until seam is complete.

GRAFTING (KITCHENER STITCH)



Grafting creates a seamless and invisible join at the toe

First divide the stitches equally between two DPNs. Cut the yarn leaving enough to graft the stitches with. Thread the yarn onto a darning needle. Insert the needle purlwise into the first stitch on the front needle and

pull the yarn through. Insert the needle knitwise into the first stitch on the back needle and pull the yarn through.

Insert the needle knitwise into the first stitch on the front needle and slip the stitch off the needle. Insert the needle purlwise into the next stitch on the front needle and pull the yarn through. Insert the needle purlwise into the first stitch on the back needle and slip this stitch off the needle. Insert the needle knitwise into the next stitch on the back needle and pull the yarn through.

Repeat from * to * until all the stitches have been worked.

Blocking

The process of pinning and pressing knitted pieces is called blocking and it will make your finished projects look as good as possible. First sew in yarn ends, then steam or wet press as appropriate.

Steam pressing

This method is used for natural yarns or those with a high wool content. Care should be taken with long-haired fibres such as mohair and angora, or items with textured stitches, to ensure the steaming process does not matt the fibres or flatten the pattern. Check the information on the ball band and test-press a tension square first if you have any doubts.

Use rustproof large-headed pins to pin out each piece to its exact measurements, wrong side up, on your ironing board or blocking board. Lay a clean cotton cloth over your knitting to protect it.

Set the iron to an appropriate heat setting for your yarn. Hold the iron close to the cotton cloth and allow the steam to permeate. Do not press the iron onto the knitted fabric. Remove the cloth and allow knitting to dry before unpinning.

Wet pressing

This method is suitable for synthetics and fancy yarns. Pin out your knitting as for steam pressing. Wet a clean cloth and squeeze out the excess water until it is just damp. Place the cloth over your knitting and leave to dry. Remove the cloth when it is completely dry and ensure the knitted pieces are also dry before unpinning them.

For more tips,
inspiration and craft
products, please visit
www.rucraft.co.uk

RUCRAFT.co.uk

Knitting needle sizes

Metric	UK (old)	US	Metric	UK (old)	US
2mm	14	0	5.5mm	5	9
2.25mm	13	1	5.75mm	–	–
2.75mm	12	2	6mm	4	10
3mm	11	–	6.5mm	3	10
3.25mm	10	3	7mm	2	–
3.5mm	–	4	7.5mm	1	–
3.75mm	9	5	8mm	0	11
4mm	8	–	9mm	00	13
4.25mm	–	6	10mm	000	15
4.5mm	7	7	12mm	–	–
5mm	6	8	15mm	–	19
5.25mm	–	–	19mm	–	35

Standard yarn weights

Yarn type	Weight	Tension*	Needle size
2 ply/lace	super-fine	27–32 sts	2.25-3.25mm
4 ply/sock	fine	23–26 sts	3.25-3.75mm
5 ply/sport	light	23-25 sts	3.5-4mm
DK	light	21–24 sts	3.75-4.5mm
aran	medium	16–20 sts	4.5-5.5mm
chunky	bulky	12–15 sts	5.5-8mm
super-chunky	super-bulky	6–11 sts	8mm and above

Note: *tension is measured over 10cm in stocking stitch

Glossary

Abbreviation	Meaning	Abbreviation	Meaning
1x1 rib	k1, p1 ribbing	patt	Pattern
2x2 rib	k2, p2 ribbing	pm	Place marker
alt	Alternate	prev	Previous
beg	Beginning	psso	Pass slipped stitch over
CC	Contrast colour	pu	Pick up
cdd	Centred double decrease – slip 2 stitches knitwise together, knit 1, pass slipped stitches over	rem	Remaining
cm	Centimetres	rep	Repeat
CN	Cable needle	Rev St st	Reverse stocking stitch. As stocking stitch, but knit side is the ‘wrong’ side.
C2B	Cable 2 backwards – sl st onto CN, hold in back, k1 from LH needle, k1 from CN	RH	Right hand
C2F	Cable 2 forwards – sl st onto CN, hold in front, k1 from LH needle, k1 from CN	rm	Remove marker
cont	Continue	rnd	Round
dec	Decrease	Row	Row
DPN	Double-pointed needle	RS	Right side
foll	Following	sk	Skip
g	Grammes	Sk2p	Slip 1, knit 2 together, pass slipped stitch over
G st	Garter stitch. Knitting flat: Knit every row. Knitting in the round: Knit and purl alternate rounds.	SKP	Slip 1, knit 1, pass slipped stitch over
i-cord	K all sts on DPN. Without turning, slide sts to other end of needle. Rep until cord reaches desired length	sl	Slip stitch – slip p-wise unless specified
in	Inches	sm	Slip marker
inc	Increase	ssk	Slip one knitwise, slip one purlwise, knit two slipped stitches together
incl	Including	ssp	Slip one, slip one, purl two slipped stitches together
k	Knit	st	Stitch
k-wise	Knitwise	St st	Stocking stitch. Knitting flat: Alternate knit and purl rows. Knitting in the round: Knit all rounds.
kfb	Knit one through the front then through the back (same stitch)	tbl	Through back loop
k2tog	Knit two together	tog	Together
LH	Left hand	w&t	Wrap and turn. Slip next stitch onto RH needle, take yarn to opposite side of work between needles, slip same stitch back onto LH needle. Turn work ready to begin working in opposite direction
m1	Make one	WS	Wrong side
mb	Make bobble	wyib	With yarn in back
MC	Main colour	wyif	With yarn in front
p	Purl	yo	Yarn over
p-wise	Purlwise	[]	Repeat instructions
p2tog	Purl two together	()	Alternative sizes



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